

# Dr Jagmohan Singh

M.B.B.S, MRCPsych, Dip Cl.Psy(Ire)

Consultant Psychiatrist



## SPECIALISMS

ADHD (Diagnosis)  
ASD (Diagnosis)  
ADD (Diagnosis)  
Asperger's (Diagnosis)  
ADHD  
ASD  
ADD  
Asperger's  
Addiction  
Antisocial Behaviour  
Anxiety  
Bipolar  
Brain Injury  
Capacity  
Cultural Diversity  
Depression  
Dementia  
Drug/Alcohol/Substance Misuse  
Mood Disorder  
OCD  
Old Age  
Paedophilia  
Personality Disorders  
Postnatal Depression  
Psychosexual  
Psychosis  
PTSD  
Schizophrenia  
Self Harm  
Sex Offenders  
Suicidal Ideation  
Trauma  
Victims of Torture

## CASE TYPES

ADHD  
ASD  
Criminal  
Clinical Negligence  
Coroner's Reports  
Employment Tribunal  
Family  
Fitness to Plead  
Immigration & Asylum  
Neuropsychiatric  
Personal Injury  
Risk Assessments  
Second Opinion  
Prison Psychiatry  
Mens rea Assessments  
Insanity  
Presentence Psychiatric Reports  
Reports for Disposal  
First Tier Tribunals  
Assessment of Dangerousness  
Reports for Parole Board  
Assessment of Automatisms

**MBBS/MRCPsych/PgDipMental Health Law/DCP(I)/PgCert Med Edu  
Bond Solon Expert Witness Certificate/ Approved Clinician/ Approved  
under Section 12(2) of the Mental Health Act 1983 (Amended 2007)**

## EXPERIENCE

I am a Consultant Forensic Psychiatrist and the Responsible Clinician for patients under my care at the Beech Unit (Low Secure Ward), Kingsley Green, Radlett, Hertfordshire. I also work in community forensic service and provide sessional inputs to the mental health inreach team at HMP The Mount. In my current role I also provide inputs to the Forensic Adolescent Service. I also have the responsibility to undertake annual appraisals on the middle grade and consultant grade doctors within my trust. I have been employed in this post by The Hertfordshire Partnership University NHS Foundation Trust since December 2013. Prior to this I was a Locum Consultant Forensic Psychiatrist based at the in-reach mental health team at HMP Peterborough from August 2013 to November 2013 with the Cambridgeshire and Peterborough University NHS Foundation Trust. I have completed my higher specialist training in Forensic Psychiatry in the East of England Multi-professional Deanery from December 2010 to December 2013.


I trained in psychiatry on the Pembrokeshire & Derwen Psychiatry training scheme in Wales (UK) between 2004 and 2007. Subsequently I undertook a Forensic Psychiatry Staff Grade post at HM Prison Brixton, London first under Oxleas NHS Foundation trust and then with South London and the Maudsley NHS Foundation Trust until December 2010.

I obtained my primary qualification, a **Bachelor of Medicine and Bachelor of Surgery** degree, from the University of Jammu, India in 2002. I obtained **Diploma in Clinical Psychiatry** from Royal College of Physicians of Ireland and Royal College of Surgeons in Ireland in April 2007. I became a **Member of the Royal College of Psychiatrists** in January 2008. I am pursuing **LLM in Mental Health Law** from Northumbria University via Distance Learning and have completed my studies until the Post Graduate Diploma level. I am also undertaking a **Diploma in Medical Education** from University of Hertfordshire. In addition I have completed 4 days of training towards Cardiff University Law School **Bond Solon Criminal Expert Certificate**.

I have been approved by the Secretary of State under **Section 12(2)** of the Mental Health Act 1983 as having special experience in the diagnosis or treatment of mental disorders since 2007. I am also approved as an **Approved Clinician** under Section 145(1) of The MHA 1983. I hold full registration with the **General Medical Council** and I am a member of the Royal College of Psychiatrists. I appear on the General Medical Council's **Specialist Register** having obtained my Certificate of Completion of **Training in Forensic Psychiatry** in December 2013.

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I am in good standing with the General Medical Council and the Royal College of Psychiatrists and up to date with continuous professional development requirements and appraisal. I have been providing psychiatric reports to the Criminal Courts, Tribunals and Parole Boards on a regular basis since 2007.

## PROFESSIONAL REGISTRATIONS AND MEMBERSHIPS

- |                                      |  |
|--------------------------------------|--|
| · The Royal College of Psychiatrists | Membership Number: 813625                        |
| · General Medical Council, UK        | Registration Number: 6046509 (Full Registration) |
| · J&K Medical Council, India         | Registration Number: 7278                        |
| · British Medical Association        | Membership Number: 9156613                       |

## QUALIFICATIONS/EDUCATION

- |  |  |
|--|--|
| • The Cardiff university law school                    | April 2017   |
| • Bond Solon criminal expert certificate               | December 2013  |
| • CCT in Forensic Psychiatry                           | Autumn 2007, The Royal College of Psychiatrists, U.K |
| • MRCPsych   | April 2007, Royal College of Physicians/Surgeons     |
| • DCP (Ireland)  |  |
| • ( <i>Diploma in Clinical Psychiatry</i> ) in Ireland |  |
| • Certificate in Management of Drug Misuse-Part 1      | April 2008, RCGP Substance Misuse Unit               |
| • Approved Clinician Status                            | August 2013  |
| • Section 12(2) Approval                               | May 2007, reapproved in July 2012                    |
| • MBBS   | 1996-2002, University Hospital, Jammu, India         |
| • PLAB   | August 2003, General Medical Council, U.K            |
| • IELTS  | April 2002 with Band 7.5, The British Council, India |

## AREAS OF EXPERTISE IN EXPERT WITNESS REPORTS

### Family Law

- Mental Capacity Assessment
- Domestic violence
- Emotional and Sexual abuse
- Personality Disorders
- Psychosomatic Disorders/ Munchausen & Munchausen by proxy
- Sexual offences
- Adult ADHD / Asperger's / Autism
- Substance abuse and Addictions: Drugs, Alcohol, Gambling etc
- Eating Disorders
- Child Development Issues
- Attachment
- Adult ADHD / Asperger's / Autism
- Perinatal and Post Natal Disorders (psychiatric)

### Employment Law

- Work Related stress
- PTSD
- Fitness to Work / Return to Work
- Psychiatric Injury: Depression, Anxiety,
- Sexual Harassment
- Bullying/Racial Discrimination

## Criminal Law

- Pre-sentencing reports
- Fitness to Plead and Stand trial
- Risk assessments including Arson
- Pre-sentencing Reports
- Suggestibility
- Loss of control
- Hospital Orders
- Diminished Responsibility / Intent
- Sexual / Violent crime
- Parole Board Assessments
- Mental Health Review Panels
- Personality Disorders
- Personality Disorders/Psychoses
- Dangerousness/Risk Assessment
- Violence/Self Harm/Suicide
- Offender Assessment
- Witness Assessment/Testamentary Capacity
- Abnormal Behaviour
- Mental Disorders
- Psychiatric Rehabilitation
- Rape / Sexual abuse
- Crime Victims / Torture Victims
- Section 18, Section 37
- Arson Cases
- Murder Cases

## Personal Injury

- Post-Traumatic Stress Disorder
- Psychosomatic Disorders/ Munchausen / Malingering – fraudulent simulation or exaggeration of symptoms assessments
- Psychopathology / Psychiatric Disorders
- Anxiety Disorders / Depression / Stress Disorders
- Psychiatry Injury due to Medical Negligence / Clinical Negligence

## Public Law

- Mental Capacity Act
- Assessment of vulnerable adults
- Testamentary Capacity

## Prison Law

- Mental Health Assessments
- Parole Assessments
- Risk Assessments
- Categorisation Assessments
- Appeals



## Immigration / Asylum Cases: in Children and Adults

- Victims of Torture and Abuse
- Trafficked Victims: Sexual Abuse
- Mental Capacity
- Post-Traumatic Stress Disorders
- Deportation and its impact on families
- Risk Assessments
- Diagnosis of Mental Health and treatments

## Current Consultant Role

• *Beech Low Secure Unit/Community Forensic Service/HMP The Mount Hertfordshire Partnership University NHS Foundation Trust*

*December 2013— ongoing*

*Consultant Forensic Psychiatrist*

## Job Summary

I provide a whole pathway of care between the inpatient low secure service and the community.

The inpatient responsibility is for those patients in Beech Low Secure Ward normally under the care of the East & North Hertfordshire SBU.

Aim of my community based activity is to support the East & North Hertfordshire SBU, to ensure excellence and best practice in the management of risk to others.

To work in partnership with the criminal justice mental health teams in HPFT to ensure that the treatment needs of mentally disordered offenders are met in the most appropriate manner.

I provide expertise to criminal justice agencies in Hertfordshire to ensure that public safety is not compromised by preventable causes, related to mental disorders. I provide one session/week at HMP The Mount (Category C Prison). I work in close partnership with commissioners, and other stakeholders, to support the principles of quality, recovery, and, least restriction in the placement and care of HPFT's patients that are placed in secure care. This includes guiding specialised commissioners in the secure treatment needs of patients with mental health issues in Hertfordshire through the provision of access assessments.

## Previous Consultant Roles

• *HMP Isis/Thameside*

*Locum Consultant Forensic Psychiatrist*

I have worked on a locum basis at HMP Isis/Thameside from time to time since July 2013. The role has been providing clinical leadership to the inreach teams, doing outpatient clinic sessions and working at the healthcare wing at HMP Thameside.

• *HMP Peterborough Cambridgeshire & Peterborough NHS Foundation Trust*

*August 2013— Nov 2013*

*Consultant Forensic Psychiatrist*

This post was an acting locum consultant forensic psychiatrist post for a period of three months in a prison inreach team at HMP Peterborough. HMP Peterborough is a category B private prison run by Sodexo Justice Service which takes both male and female prisoners and which comprises of both adult and young persons (YOI). It takes prisoners from all over the country and accomodates around 850 prisoners in total. It is essentially a remand prison with a high turnover of prisoners although it also accomodates prisoners serving sentences. Like any other Category B remand prison in the country, HMP Peterborough also has a high psychiatric morbidity with a high prevalence of psychosis, affective disorders, substance misuse and personality disorders.

The young population (18-21 years old) has a high prevalence of Attention Deficit Hyperactivity Disorder and emotional problems which can manifest as complex challenging behaviours and self harm.

I provided clinical leadership to the inreach mental health team which consists of five-six mental health nurses, two psychologists and a drug support worker. I had an overall responsibility for the patients referred and deemed suitable for secondary mental health inputs. My clinical role was split into two parts as follows:

a) I provided clinical psychiatric service to the prisoners located in the Health Care Wing, a majority of these patients suffer from severe mental disorders needing hospital treatment, and hence my role is one of assessment, referral and liaison with relevant external agencies (e.g. local NHS providers).

b) Other part of the service was assessment of prisoners referred who are resident on the ordinary location within the prison, and appropriate liaison with other members of the multi-disciplinary team.

## **PREVIOUS NON-CONSULTANT GRADE APPOINTMENTS**

### **HIGHER SPECIALIST TRAINING IN FORENSIC PSYCHIATRY: East of England Deanery**

*Rampton High Secure Hospital*

*Nov13— December 2013*

*Consultant: Dr Ramneesh Puri*

*Nottinghamshire Healthcare NHS Trust*

*ST6 in Forensic Psychiatry*

Six week placement in high secure hospital as part of my higher specialist forensic psychiatry training.

*George Mackenzie House-LSU/ Community Forensic Service: Cambridge*

*Cambridgeshire & Peterborough NHS Foundation Trust, Fulbourn Hospital*

*August 2012— August 2013*

*Consultant: Dr Alan Smith*

*ST5/ST6 in Forensic Psychiatry*

*Brockfield House, Forensic Secure Unit*

*South Essex Partnership University NHS Foundation Trust*

*December 2010— July 2012*

*Consultant: Dr. Irina Volkonskaia/ Dr Patrick O' Sullivan*

*ST4/ST5 in Forensic Psychiatry*

### **SPECIALTY DOCTOR IN FORENSIC PSYCHIATRY AT HMP BRIXTON**

*Mental Health Unit, HM Prison Brixton*

*May 2008— December 2010*

*Consultant: Dr. Andrew Forrester*

*South London & Maudsley NHS Foundation Trust*

*Specialty Doctor in Forensic Psychiatry*

During my tenure, Brixton prison was a Category B local prison with a certified normal accommodation (CAN) of 720 inmates, and an operational capacity of 827. It took prisoners from Camberwell Green, Tower Bridge and Bow Street Magistrates Courts, and from Inner London and Southwark Crown Courts. There were four residential wings (A, B, C and G), a segregation unit (on B-wing) and a Health Care Wing (D-wing). Although the population (around 800 men) was small relative to a community mental health team, it was extremely morbid and had a high turnover, with perhaps 4,000 prisoners passing through Brixton every year. substance misuse and personality disorders.

*Mental Health Unit, HM Prison Brixton*

*Oxleas NHS Foundation Trust*

*August 2007— May 2008*

*Consultant: Dr. Andrew Forrester*

*Staff Grade in Forensic Psychiatry*

## JUNIOR DOCTOR ROLES IN PSYCHIATRY

St Non, Brocerwyn, Pembrokeshire and Derwen NHS Trust, Haverfordwest.

(Rotational Training Scheme in Psychiatry)

Feb 2007— June 2007

SHO Psychiatry (Old Age)

Consultant: Dr. Kalpana Pansari

Elizabeth William Clinic, Pembrokeshire and Derwen NHS Trust Llanelli

(Rotational Training Scheme in Psychiatry)

4<sup>th</sup> Aug 2006—7 Feb 2007

SHO Child & Adolescent Psychiatry

Consultant: Dr. Catherine Govan.

St David's Hospital, Carmarthen, Pembrokeshire and Derwen NHS Trust

(Rotational Training Scheme in Psychiatry)

8<sup>th</sup> Feb 2006— 3<sup>rd</sup> Aug2006

SHO Learning Disability

Consultant: Dr. Nerys Weston

Caswell Clinic, Bridgend, Pembrokeshire and Derwen NHS Trust, Medium secure unit

(Rotational Training Scheme in Psychiatry)

(South Wales Forensic Service)

4<sup>th</sup> Aug 2005—7<sup>th</sup> Feb 2006

SHO Forensic Psychiatry

Consultant: Dr. Tegwyn Williams

St Non, Brocerwyn,

Pembrokeshire and Derwen NHS Trust, Haverford west (Rotational Training Scheme in Psychiatry)

4<sup>th</sup> Feb 2005— 3<sup>rd</sup> Aug 2005

SHO Psychiatry (Old Age)

Consultant: Dr. Kalpana Pansari

Prince Philip Hospital, Llanelli, Pembrokeshire and Derwent NHS Trust

(Rotational Training Scheme in Psychiatry)

4<sup>th</sup> Aug 2004— 3<sup>rd</sup> Feb2005

SHO Psychiatry (Gen. Adult)

Consultant: Dr. TC Watts

Neath Port Talbot Hospital, Port Talbot, Bromorgannwg NHS Trust

4<sup>th</sup> Feb 2004—3<sup>rd</sup> Aug2004

SHO Psychiatry (Gen. Adult)

Consultant: Dr. R Islam

Royal Edinburgh Hospital, Edinburgh

26<sup>th</sup> Nov 2003- 14<sup>th</sup> Jan04

Consultant: Dr. Mountain.

Locum SHO Psychiatry (PICU)

Princess of Wales Hospital, Bridgend

Locum SHO Psychiatry

3<sup>rd</sup> Nov2003-16<sup>th</sup> Nov2003

Consultant: Dr. NA Rahman.

(Gen. Adult and liaison Psychiatry)

Princess of Wales Hospital, Bridgend

20<sup>th</sup> August 03-30<sup>th</sup> October 03

Consultant: Dr. S S Palia.

Clinical Attachment in Gen Adult Psychiatry

## RESEARCH

The assessment of violent offenders at HMP YOI ISIS: The aim of the project was to assess the top ten offenders at HMPYOI Isis with the most recorded violent incidents. The offenders were identified and directly referred by the prison, using the open referral system.

I was involved in a service review of the mental health inreach team at HMP Brixton under the supervision of Dr Andrew Forrester. Prison inreach teams have gradually evolved since 2002 and have not been fully researched, or audited. This study was the first of its kind. This was a prospective, quantitative, 4-month study. The objectives of this study were: (1) to identify the sociodemographic characteristics of inmates referred to the inreach team; (2) to ascertain the reasons for referral to the inreach team; (3) to determine if there is a difference in access to services between the local and the foreign nationals and finally (4) to ascertain the outcome of the referrals.

## PUBLICATIONS

1. *"Mental health Inreach in an urban UK remand Prison"*- second author, published in International Journal of Prisoner Health Volume 10 Number 3 2014
2. *"Do Foreign National Prisoners have a Clinical Profile different to British Prisoners?"*-Piyal Sen, Consultant Forensic Psychiatrist, St. Andrew's Health Care, UK; Andrew Forrester, Maudsley NHS Foundation Trust, UK; Jagmohan Singh-Staff, Maudsley NHS Foundation Trust, UK; Manuela Jarrett, Institute of Psychiatry, UK. published in Abstracts (page 211)of the XXXIst International Congress on Law and Mental Health, New York-June/July 2009. I was involved in the data collection for this study.
3. *"Schizophrenia and Violent Crimes: What does the internet say?"*- co- author-published in abstracts of the Forensic Psychiatry Annual Conference, Newcastle, 1st to 3rd February 2012.
4. *"Clinical profile of foreign national and British prisoners at HMP Brixton"*-published in abstracts of the Forensic Psychiatry Annual Conference, Berlin, 2nd to 4th February 2011.
5. *"A regional audit of prescribing practice in ADHD in South West Wales"*-accepted for poster presentation at RCPsych Faculty of Child and Adolescent Psychiatry Annual Residential Conference, 19th-21st September 2007

## PROFESSIONAL DEVELOPMENT

- The Cardiff university law school bond Solon criminal expert certificate
- The Psychiatry of Asperger Syndrome in Adults, ETN Birmingham 18 March 2014
- Consultant Interview Skills Course, ISC Medicals London 3<sup>rd</sup> August 2013
- LeaP- Leadership Dev. Prog. for Registrars, East of England Deanery, Sep12 to March 13
- Research in Forensic Mental Health Services, 10<sup>th</sup> National Congress, Institute of Psychiatry, 14 March 2013
- Approved Clinicians Training Course, Barnet Enfield Haringey NHS Trust, 25<sup>th</sup> – 26<sup>th</sup> February 2013
- Expert witness training, The Honourable Society of Gray's Inn, 16<sup>th</sup> – 18<sup>th</sup> Nov 2012
- Forensic Psychiatry-Into the future, PDP forum (SEPT and St Andrew's) 30<sup>th</sup> Nov 2012
- East of England Higher Trainees Annual Conference, 2<sup>nd</sup> Nov 2012
- PCL-R Training Workshop, The Tavistock and Portman NHS Trust, 30<sup>th</sup> Apr and 1<sup>st</sup> May 2012
- Psychodynamic approaches in assessing and managing risk, Portman Clinic, Oct-Nov 2011
- Annual Forensic Conference, Royal College of Psychiatrists, Newcastle, 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Feb 12
- East of England Secure Mental Health Services, 5th Annual PDP Conference, 25<sup>th</sup> Nov 2011
- East of England Higher Trainees Annual Conference, 4<sup>th</sup> Nov 2011
- Seminar on Developmental Antecedents of MI and Delinquency, Broadmoor Hospital, 30<sup>th</sup> September 2011
- National Forensic Trainee Conference, Brighton, 8<sup>th</sup> 9<sup>th</sup> Sep 2011
- Seminar on Medico Legal Issues in Mental Health, Broadmoor Hospital, 6<sup>th</sup> May 11

- Research in Forensic Secure Units, 8<sup>th</sup> National Congress, Institute of Psychiatry, 10<sup>th</sup> March 2011
- Short-Term Assessment of Risk & Treatability Training, The Broadland Clinical Forensic Service, March 2011
- Annual Forensic Conference, Royal College of Psychiatrists, Berlin, 2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup> Feb 11
- Making Services Safer Conference, Rochford Hospital, 10<sup>th</sup> Feb 11
- East of England Secure Mental Health Services, 4th Annual PDP Conference, 11<sup>th</sup> Feb 11
- MDOs in the CJS, Meeting the challenge, Institute of Psychiatry, 7<sup>th</sup> October 2010
- Safeguarding children -Level 1 and 2, South London & Maudsley Trust, 19<sup>th</sup> March 09
- Basic Life Support, South London & Maudsley Trust, 15<sup>th</sup> March 09
- Section 12 Refresher/Approved Clinician Course, South London & Maudsley Trust, 14<sup>th</sup>, 15<sup>th</sup> Jan10
- HCR-20 training, Lambeth Hospital, 14th, 28th Oct 09
- Critical Appraisal Skills Workshop, BMA, London, 23<sup>rd</sup> Sep 09
- Politics, Power and Persuasion Programme, London Deanery for SAS doctors, 8<sup>th</sup>, 9<sup>th</sup> Sep 09
- Teaching Skills for SAS doctors, Royal College of Physicians, 2<sup>nd</sup> Sep 09
- Mental Capacity Act & DOLS Awareness, South London & Maudsley Trust, 26<sup>th</sup> Aug 09
- National Conference on Research in Medium Secure Units, Institute of Psychiatry, London, 29<sup>th</sup> Jan 09
- MHA 2007 Conversion Course, Maudsley Hospital, 20<sup>th</sup> Nov 08
- Annual Forensic Conference, Royal College of Psychiatrists, Liverpool, 7<sup>th</sup>, 8<sup>th</sup> Feb 08
- Predicting Violence: Evidence-Based Risk Assessment, St David's Hospital, Carmarthen, 30<sup>th</sup> March 2007
- Child Protection Level 2 Course, Pembs & Derwen NHS Trust, 8<sup>th</sup> Feb 07
- MRCPsych Part 2 Course, Cardiff University, Oct 06-June 07
- Section 12(2) course, Southwest Strategic Health Authority, 6<sup>th</sup>, 7th Sep 06
- Psychological Therapies in the mainstream, Welsh Psychiatric Society, 10<sup>th</sup> June 05
- Edinburgh MRCPsych Critical Review Paper Course, University of Edinburgh, 19<sup>th</sup>, 20th August 2006
- Positive Behaviour Management Training, LD Services, Carmarthen, 22<sup>nd</sup> June06
- De-Escalation and Breakaway Training, St. David's Hospital Carmarthen, 14<sup>th</sup> Sep04
- Managers Hearing and MHRT (half day course), St David's Hospital Carmarthen, March 06
- Moving & Handling Awareness Course, Pembs& Derwen NHS Trust, 18<sup>th</sup> July 06
- Effective stress management, St David's Hospital, Carmarthen, April05
- CME in "Mental Capacity Act 2005" organized by doctors.net

## LANGUAGES SPOKEN

- English
- Hindi
- Punjabi
- Urdu