



## SPECIALISMS

Anxiety  
Antisocial Behaviour  
Bipolar  
Depression  
Drug/Alcohol/Substance Misuse  
Eating Disorder  
Historic Sex Abuse  
Mood Disorder  
OCD  
Old Age  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosexual  
Psychosis  
PTSD  
Risk  
Sexual Harassment  
Schizophrenia  
Self Harm  
Sex Offenders  
Sexual Abuse Victims  
Suicidal Ideation  
Domestic Violence

## CASE TYPES

ADHD  
ASD  
Clinical Negligence  
Cognitive  
Coroner's Reports  
Criminal  
Family  
Fitness to Plead  
Forensic  
Historic Sexual Abuse  
Housing  
Immigration & Asylum  
Risk Assessments  
Road Traffic Accident  
Second Opinion  
Testamentary Capacity

**GMC Full Registration No. 5201748**

**Approved by the Secretary of State, under Section 12(2) of MHA 1983**

### EXPERT WITNESS EXPERIENCE

I have extensive experience of providing independent expert evidence in family, civil, criminal, housing, immigration, and mental health act tribunals. I have been doing medicolegal work since 2008. I have been writing approximately 60 court reports per year.

### FAMILY COURT PROCEEDINGS

I have experience in providing expert evidence in the form of written reports, as well as oral evidence. I have special interest in assessing the impact of chronic mental illnesses and personality disorders on parenting abilities, and assessing risk. I have training in assessing Adult ADHD and its impact on parenting abilities.

### CRIMINAL PROCEEDINGS

I have a qualification in PG forensic mental health and have worked in various secure settings. I have extensive experience of assessing fitness to plead and stand trial, capacity to form intent, sentencing and disposal options. I am experienced in providing oral evidence at trials. I have provided reports both for CPS and for defendants.

### CIVIL PROCEEDINGS

I have provided reports for personal injury claims. I have expertise in assessing psychological consequences of physical injury, emotional stress, and PTSD. I also have experience of assessing disability under the Equality Act 2010.

### IMMIGRATION TRIBUNALS

I have provided several reports for immigration cases and I have assessed the impact of trauma on mental health.

### HOUSING AND EVICTION PROCEEDINGS

I have provided several reports for housing cases and eviction proceedings. I am able to assess capacity to conduct proceedings and Wookey capacity.

My areas of interest are:

Mentally disordered offenders  
Personality disorders  
Chronic and complex mental illnesses.





## QUALIFICATIONS

**FRCPsych** - October 2019

**MBBS** - 1991 - Osmania University, India

**PG Certificate in counselling skills** - 1996 - India

**Certificate in Teaching** - KSS Deanery - 2005

**MRCPsych** - April 2004 – London

**DPC (Dip. in Psychological Counselling)** - 1992 - India

**CCT** - 2008

**PG Dip. in Forensic Mental Health** - 2007- St Georges University London

## CURRENT ROLES

In August 2020 I was appointed to the position of Greenwich Clinical Director and subsequently in October 2021 to the position of Clinical Director for the Oxleas NHS Foundation Trust acute and crisis service line, covering all the acute general adult and older adults wards, Home treatment teams and Liaison teams within Greenwich, Bromley and Bexley Boroughs. Within the NHS, my clinical role as a consultant psychiatrist includes supporting the Health Based Place of Safety which provides input to the patients brought in by the police under S135 and S136 for assessment.

I am also the Medical Director of Cygnet hospitals in Blackheath & Lewisham. I work as a Consultant Psychiatrist at these two hospitals, Cygnet low secure forensic unit and Cygnet locked rehab unit.

I am an Honorary Senior Clinical Lecturer with Kings College London. I am a GMC approved trainer. I was also the Teaching Lead in my Trust and Firm Head for psychiatry teaching to medical students from Kings College London from 2008 until August 2020. I have worked with Kings College London for over 15 years. I organised and ensured high quality medical education for over 100 students spread across 8 firms within the Trust. I have numerous awards for excellence in teaching excellence and best Firm Head across 23 Firms with Kings College London.

## PREVIOUS CLINICAL AND MANAGEMENT EXPERIENCE

In Oxleas NHS Foundation Trust, I have worked as a Consultant Psychiatrist since March 2008. Having been trained in the Guys and St Thomas rotation within SLAM NHS Trust and Oxleas NHS Trust, I was appointed as a consultant within Oxleas NHS Trust, London. I worked as a community psychiatrist for over 10 years before moving to the inpatient settings within NHS. I managed patients transferred from Medium Secure and Low Secure Units to my community team. Until December 2018, I worked with the Bromley Intensive Case Management in Psychosis (ICMP) team, which is a CMHT based in Penge which assesses and manages very complex mentally disordered patients with forensic and substance misuse histories in the community. I have extensive experience of working as a consultant with Assertive Outreach Teams within inner London areas.

I managed an acute female 17-bedded ward for over 2 years before becoming the clinical director for the services. I work closely with the secure units and liaise with the local police and probation officers where necessary. I have been actively involved as a Trust medical member of the patient safety and patient experience groups, and I support senior management in clinical governance. I have been a medical member in numerous RCA panels. I am a trained appraiser and appraise senior consultant colleagues. I actively contribute to the Trust medical education board meetings as well.





## ACADEMIC AND TEACHING ROLE

As a college tutor previously and educational supervisor now I have been involved in the induction and monitoring of the progress of junior doctors. Having had appraisal training, I am regularly contributing as an appraiser of senior medical colleagues. In my own appraisal and the Royal college of psychiatrists 360 degrees patients and colleagues feedback in 2013, I was commended for being above the 90th percentile in the UK, in majority of domains, comparing 5000 psychiatrists. My most recent 360 degrees feedback in July 2018 also denotes similar outstanding results. In December 2020, I was awarded 'Teaching Excellence Award' by Dean of Kings College London.

I have been teaching in the Section 12 approval course run by the Trust for several years now. I have led courses for the PLAB and MRCPsych examinations, and have been an examiner for the same. I authored the chapter on Schizophrenia in a textbook of psychiatry published by the Oxford University Press in March 2009.

## PREVIOUS APPOINTMENTS

### **Specialist Registrar, London Deanery- Bracton Medium Secure Unit. Forensic rehabilitation unit.**

Started 1st October 2007.

Trainer- Dr Kiki O'Neil Byrne, Oxleas NHS Foundation Trust

### **Specialist Registrar- Community Forensic Psychiatry**

October 2006- September 2007.

Trainer- Dr Rachel Daly and Dr Bose, Lewisham Hospital, South London and Maudsley NHS Foundation Trust.

The job included **managing patients in community forensic hostels, prison visits, court diversion work and risk assessments for acute inpatient wards.**

My work also included -

- **Court Liaison/Diversion** work one day a week for **2 years at Greenwich Magistrates Court** from October 2005 to October 2007
- Special Interest Session at **Health Care wing in HMP Belmarsh**, a high security prison in London since January 2007- November 2007
- Special Interest session at ICU and High Dependence ward, **Broodmoor high secure hospital**, started November 2007
- I have brief experience of working as a staff grade psychiatrist in Oak view Hospital, a **private medium secure unit for adolescents**

### **Specialist Registrar- General Adult Psychiatry**

October 2005-October 2006

Shepway Mental Health Team, Royal Victoria Hospital, Folkestone. Trainer- Dr Karen White.

**Experience of working in Community and Hospital managing complex mental disorders.**

**Substantive Associate specialist psychiatrist-** August 2004 - September 2005

**Complex Needs team** – Assertive Community Treatment Team, Rehabilitation Support Team and **Low secure closed rehabilitation Unit-** Oxleas NHS Trust-With Dr Geraldine Strathdee- Clinical Director and Consultant Psychiatrist





## South London and Maudsley NHS Trust

**Substantive Staff Grade Psychiatrist in adult [Community] Psychiatry ABT** with Dr Nick Dunn, Consultant Psychiatrist and clinical tutor – Northover CMHT, Downham, Kent ,August 2003-August 2004

Feb 03 - Aug 03	<b>Liaison Psychiatry</b> with Dr. Mike Isaac Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham
Aug 02 - Feb 03	<b>Community Psychiatry</b> with Dr Jed Boardman Consultant Psychiatrist- Guys Hospital
Feb 02 - Aug 02	<b>Learning Disability</b> with Prof. Nick Bouras Consultant Psychiatrist and Senior Lecturer, Guys Hospital
Aug 01- Feb 02	<b>Old Age Psychiatry</b> with Dr Stephen Burton Consultant Psychiatrist and Senior Lecturer
Feb01 -Aug 01	<b>Rehabilitation</b> Psychiatry with Dr Susan Cope Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham
Aug 00 - Feb 01	<b>General Adult Psychiatry</b> with Dr Gaughran Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham
Feb 00 - Aug 00	<b>General Adult Psychiatry</b> with Dr Ranga Rao Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham
Feb 00 - Aug 03	<b>Senior House Officer – South London and Maudsley NHS Trust</b>

## Clinical Experience in India

Aug 95 - Jan 00	GP- Nuclear Fuel Complex, Department of Atomic Energy, India Here I looked after the physical health and mental health needs of the employees and their families.
Aug 93 - Aug 95	Senior House Officer- Psychiatry Prof. Majid Khan FRCPsych, City Nursing Home, India
Jan 92 - Jan 93	Senior House Officer- Psychiatry C C Shroff Hospital, India
Nov 91- Nov 92	House Officer, Gandhi Hospital, India

## ADDITIONAL EXPERIENCE

I worked at the **Priory hospital** a private psychiatric unit on their weekly on call rota for 2 years, 2004-2006 gaining experience in management of **eating disorders and drug and alcohol problems**.

I worked as a consultant psychiatrist with Alice Lodge, a **private locked rehab unit (Female) in Croydon**, London between 2006-2009, before I joined Cygnet healthcare in June 2009.

Courtroom Skills & Report Writing for Experts - **17<sup>th</sup>/18<sup>th</sup> November 2011**

Duties and Requirements of Medical Expert Witnesses in Personal Injury Cases - **25<sup>th</sup> April 2024**

Duties and Requirements of Medical Expert Witnesses in Clinical Negligence Cases - **26<sup>th</sup> April 2024**

