

## SPECIALISMS

Anxiety  
Antisocial Behaviour  
Bipolar  
Depression  
Drug/Alcohol/Substance Misuse  
Eating Disorder  
Historic Sex Abuse  
Mood Disorder  
OCD  
Old Age  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosexual  
Psychosis  
PTSD  
Risk  
Sexual Harassment  
Schizophrenia  
Self Harm  
Sex Offenders  
Sexual Abuse Victims  
Suicidal Ideation

## CASE TYPES

ADHD  
ASD  
Clinical Negligence  
Cognitive  
Coroner's Reports  
Criminal  
Family  
Fitness to Plead  
Forensic  
Historic Sexual Abuse  
Housing  
Immigration & Asylum  
Risk Assessments  
Road Traffic Accident  
Second Opinion  
Testamentary Capacity

**GMC Full Registration No. 5201748**

**Approved by the Secretary of State, under Section 12(2) of MHA 1983**

## MEDICOLEGAL WORK EXPERIENCE

Having acquired a qualification in forensic mental health and having worked in wide variety of forensic settings I have been able to prepare psychiatric reports for both defence and prosecution lawyers.

I have extensive experience of assessing fitness to plead and stand trial, capacity to form intent, sentencing and disposal options.

I am experienced in providing oral evidence at trials. I have provided reports for the defendants and also Crown Prosecution Service.

I have special interest in assessing the impact of chronic mental illnesses & personality disorders in wide aspects of life, including family matters, finance management, housing and capacity to take specific decisions.

I have assessed sex offenders, trauma victims, asylum seekers and individuals being subject to eviction and those appearing before an employment tribunal.

My areas of interest are:

Mentally disordered offenders  
Personality disorders  
Chronic and complex mental illnesses.

I have carried out assessments in the following:

Capacity Assessments  
Risk Assessments  
Family Proceedings  
Immigration & Asylum  
Second Opinion  
Housing Law  
Criminal Proceedings  
Inquests.

## QUALIFICATIONS

**FRCPsych** October 2019

**MRCPsych**- April 2004 – London

**MBBS - 1991** - Osmania University, India


**DPC (Dip. in Psychological Counselling)** -1992- India

**PG Certificate in counselling skills** - 1996 - India


**CCT**-2008

**Certificate in Teaching** - KSS Deanery - 2005

**PG Dip. in Forensic Mental Health** - 2007- St Georges University London

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Bexhill, East Sussex, TN39 5ES

## CURRENT ROLES

Currently I am working as a **NHS consultant on an acute female psychiatric, 17 bedded inpatient unit called Norman Ward in Princess Royal University Hospital**. I started on the 2nd of January 2019. I was requested to step into this role on a secondment to help with the underperforming of this unit and a very poor staff turnover including several consultant psychiatrists. This unit caters primarily to patients with personality disorders alongside patients with acute and chronic mental illnesses. I am responsible for attending mental health tribunals, teaching and training of staff and I also contribute to clinical governance.

I am the **Medical Director** of Cygnet hospitals in Blackheath & Lewisham. I work as a Consultant Psychiatrist at these two hospitals, Cygnet low secure forensic unit and locked rehab unit.

In August 2020 I was appointed to the position of Greenwich Clinical Director, Oxleas NHS Foundation Trust.

I am an **Honorary Senior Clinical Lecturer with Kings College London**. I am a **GMC approved trainer**. I am also the Teaching Lead in my Trust and Firm Head for psychiatry teaching to medical students from Kings College London. I have worked with Kings College London for over 10 years. I organise and ensure high quality medical education for over 100 students spread across 8 firms within the Trust. I have numerous awards for excellence in teaching excellence and best Firm Head across 23 Firms with Kings College London. I am currently leading on a teaching programme within Oxleas in collaboration with SLAM which is going to be the first of its kind in the world.

## PREVIOUS CLINICAL AND MANAGEMENT EXPERIENCE

In Oxleas NHS Foundation Trust, I have worked as a **Consultant Psychiatrist since March 2008**. Having been trained in the Guys and St Thomas rotation within SLAM NHS Trust and Oxleas NHS Trust I was appointed as a consultant with Oxleas NHS Trust, London.

I held the Trust Medical Lead position for this ICMP pathway until couple of years ago when the service became borough based. I managed patients transferred from Medium Secure and Low Secure Units to my community team. I worked closely with the secure units and liaise with the local police and probation officers where necessary. I have been actively involved as a Trust medical member of the patient safety and patient experience groups, and I support senior management in clinical governance. I actively contribute to the Trust medical education board meetings as well.

Until December 2018, I worked with the Bromley Intensive case management in psychosis (ICMP) team which is a CMHT based in Penge which assesses and manages very complex mentally disordered patients with forensic and substance misuse histories in the community. I have extensive experience of working as a consultant with Assertive Outreach Teams within inner London areas.

I have been actively involved as a Trust medical member of the patient safety and patient experience groups until a few years ago, and I support senior management in clinical governance. I have been a medical member in numerous RCA panels. I am a trained appraiser and appraise senior consultant colleagues. I actively contribute to the Trust medical education board meetings as well.



## ACADEMIC AND TEACHING ROLE

As a college tutor previously and educational supervisor now I have been involved in the induction and monitoring of the progress of junior doctors. Having had appraisal training, I am regularly contributing as an appraiser of senior medical colleagues. In my own appraisal and the Royal college of psychiatrists 360 degrees patients and colleagues feedback in 2013, I was commended for being above the 90th percentile in the UK, in majority of domains, comparing 5000 psychiatrists. My most recent 360 degrees feedback in July 2018 also denotes similar outstanding results. In December 2020, I was awarded 'Teaching Excellence Award' by Dean of Kings College London.

I have been teaching in the Section 12 approval course run by the Trust for several years now. I have led courses for the PLAB and MRCPsych examinations, and have been an examiner for the same. I authored the chapter on Schizophrenia in a textbook of psychiatry published by the Oxford University Press in March 2009.

## PREVIOUS APPOINTMENTS

### **Specialist Registrar, London Deanery- Bracton Medium Secure Unit. Forensic rehabilitation unit.**

Started 1st October 2007.

Trainer- Dr Kiki O'Neil Byrne, Oxleas NHS Foundation Trust

### **Specialist Registrar- Community Forensic Psychiatry**

October 2006- September 2007.

Trainer- Dr Rachel Daly and Dr Bose, Lewisham Hospital, South London and Maudsley NHS Foundation Trust.

The job included **managing patients in community forensic hostels, prison visits, court diversion work and risk assessments for acute inpatient wards.**

My work also included -

- **Court Liaison/Diversion** work one day a week **for 2 years at Greenwich Magistrates Court** from October 2005 to October 2007
- Special Interest Session at **Health Care wing in HMP Belmarsh**, a high security prison in London since January 2007- November 2007
- Special Interest session at ICU and High Dependence ward, **Brookmoor high secure hospital**, started November 2007
- I have brief experience of working as a staff grade psychiatrist in Oak view Hospital, a **private medium secure unit for adolescents**

### **Specialist Registrar- General Adult Psychiatry**

October 2005-October 2006

Shepway Mental Health Team, Royal Victoria Hospital, Folkestone. Trainer- Dr Karen White.

**Experience of working in Community and Hospital managing complex mental disorders.**

**Substantive Associate specialist psychiatrist**- August 2004 - September 2005

**Complex Needs team** – Assertive Community Treatment Team, Rehabilitation Support Team and **Low secure closed rehabilitation Unit**- Oxleas NHS Trust-With Dr Geraldine Strathdee- Clinical Director and Consultant Psychiatrist



## South London and Maudsley NHS Trust

**Substantive Staff Grade Psychiatrist in adult [Community] Psychiatry ABT** with Dr Nick Dunn, Consultant Psychiatrist and clinical tutor – Northover CMHT, Downham, Kent ,August 2003-August 2004

Feb 03 - Aug 03                      **Liaison Psychiatry** with Dr. Mike Isaac  
Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham

Aug 02 - Feb 03                      **Community Psychiatry** with Dr Jed Boardman  
Consultant Psychiatrist- Guys Hospital

Feb 02 - Aug 02                      **Learning Disability** with Prof. Nick Bouras  
Consultant Psychiatrist and Senior Lecturer, Guys Hospital

Aug 01- Feb 02                      **Old Age Psychiatry** with Dr Stephen Burton  
Consultant Psychiatrist and Senior Lecturer

Feb01 -Aug 01                      **Rehabilitation** Psychiatry with Dr Susan Cope  
Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham

Aug 00 - Feb 01                      **General Adult Psychiatry** with Dr Gaughran  
Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham

Feb 00 - Aug 00                      **General Adult Psychiatry** with Dr Ranga Rao  
Consultant Psychiatrist and Senior Lecturer, University Hospital Lewisham

Feb 00 - Aug 03                      **Senior House Officer – South London and Maudsley NHS Trust**

## Clinical Experience in India

Aug 95 - Jan 2000                      GP- Nuclear Fuel Complex,  
Department of Atomic Energy, India  
Here I looked after the physical health and mental health needs of the employees and their families.

Aug 93 - Aug 95                      Senior House Officer- Psychiatry  
Prof. Majid Khan FRCPsych, City Nursing Home, India

Jan 92 - Jan 93                      Senior House Officer- Psychiatry  
C C Shroff Hospital, India

Nov 91- Nov 92                      House Officer, Gandhi Hospital, India

## ADDITIONAL EXPERIENCE

I worked at the **Priory hospital** a private psychiatric unit on their weekly on call rota for 2 years, 2004-2006 gaining experience in management of **eating disorders and drug and alcohol problems.**

I worked as a consultant psychiatrist with Alice Lodge, **a private locked rehab unit (Female) in Croydon,** London between 2006-2009, before I joined Cygnet healthcare in June 2009.

