

SPECIALISMS

ADHD (Diagnosis)
ADD (Diagnosis)
ADHD
ASD
ADD
Adoption Issues
Alienation
Antisocial Behaviour
Anxiety
Attachment
Bipolar
Capacity
Comorbid
Depression
Eating Disorder
Fabricated Illness
Historic Sex Abuse
Learning Difficulties
Mood Disorder
Munchausen
Neglect
OCD
Personality Disorders
Psychosis
Psychosomatic
PTSD
Schizophrenia
Self Harm
Sexual Abuse Victims
Suicidal Ideation
Tourette's
Trauma

CASE TYPES

ADHD
ASD
Clinical Negligence
Family
Fitness to Plead
Global Family Assessment
Historic Sexual Abuse
Immigration & Asylum
Litigation Capacity
Personal Injury
Road Traffic Accident
Second Opinion

EXPERTISE, EXPERIENCE. TEACHING and RESEARCH

Areas of Expertise and Special Interest include:

The mental health aspects of:

- Children's Response to Trauma
- Childhood Adversity including Child Abuse and Neglect
- Munchausen Syndrome by Proxy/Factitious Illness by Proxy
- Mental Health Aspects of Disadvantaged Families
- Autistic Spectrum Disorders
- Resilient Therapy
- Co-morbid Adolescent Disorders

Experience

I have over thirty years experience of general child and adolescent psychiatry. I have worked in the following specialist areas:

- Child Protection
- Paediatric Liaison
- Children's Learning and Physical Disability
- Looked After Children
- Unaccompanied Asylum-Seeking Children
- Families in Areas of High Socio-Economic Deprivation
- High Dependency Adolescent In-Patient Treatment

My clinical practice includes the continuous provision of outpatient clinics, emergency crisis intervention and second opinions to other consultants, where I hold a caseload of on average one hundred and fifty cases covering the broad spectrum of child & adolescent mental health disorders.

I am trained in a range of therapeutic techniques, including Family Therapy, Cognitive-Behaviour Therapy, Individual Psychodynamic Psychotherapy and Pharmacological Treatments.

Since 1993, I acted as clinical lead & director of services. This involves leading on clinical governance, developing new services as well as the operational management of well-functioning mental health and children's services.

I have provided advice and reports to the UK Health Ombudsman in dealing with health service complaints of national significance and to the Home Office on issues of national policy in child protection.

My expert witness experience has involved providing reports and appearing at court in over 600 cases over an eighteen year period.

I am currently lead psychiatrist at The Priory Hospital's High Dependency Adolescent Unit.

HIGHER EDUCATION

University/College

King's College, University of Cambridge
University of York
University College, University of London
Guy's and St. Thomas' Hospitals
Tavistock Institute of Human Relations
Royal College of Psychiatrists

Qualifications

1970-73 **M.A.** Social & Political Science
1973-74 **B.Phil.** Social Philosophy
1975-81 **M.B.;B.S.** Medicine
1981-89 Psychiatric training
1984-85 Introductory Psychotherapy
1986 **Membership**

EMPLOYMENT

1980-1981 **House Officer**, University College Hospital, London.
1981-1986 **Senior House Officer and Registrar** in Psychiatry, Guy's Hospital, London
1986-1989 **Senior Registrar**, Child and Adolescent Psychiatry, Guy's and **St. Thomas' Hospital**
1986-1988 **Honorary Lecturer in Psychiatry**, City University London
1990-2008 **Consultant in Child and Adolescent Psychiatry**, initially Brighton Health Authority, from 1992 South Downs Health **NHS Trust, from 2006 Sussex Partnership Trust**
1990-1995 **Consultant in Child and Adolescent Psychiatry** to the Royal Alexandra Hospital for Sick Children, Brighton
1990-2000 **Consultant in Child and Adolescent Psychiatry** to the Clermont Child Protection Unit
1993-2008 **Clinical Director**, Child and Adolescent Mental Health Service, South Downs Health NHS/Sussex Partnership Trust
1995-2000 **Chair**, British Association for the Study and Prevention of Child Abuse and Neglect (BASPCAN), South Eastern Branch
1999-2004 **Director of Research and Development**, South Downs Health NHS Trust
1999-2002 **Clinical Director Mental Health Services**, South Downs Health NHS Trust
External Professional Advisor, UK Health Ombudsman
2001- 2005 **Director Children's Services**, South Downs Health NHS Trust
2005 **Visiting Fellow**, University of Brighton
2007 **Consultant in Child and Adolescent Psychiatry**, Priory Hospitals, Ticehurst House/Brighton and Hove

Current Positions:

Consultant in Child and Adolescent Psychiatry, Priory Hospitals
Member of Expert in Mind Panel of Expert Witnesses
Visiting Fellow, University of Brighton
External Professional Advisor, UK Health Ombudsman

TEACHING AND RESEARCH

I have co-authored a book on "Resilient Therapy" (2007) as well as journal & book chapters on the application of the concept of resilience to direct therapeutic work. I have conducted original research in the area of diagnostic interviewing in cases of suspected child abuse. My lecturing & teaching experience ranges across health, social services, education and the general public, comprising broadcasting by radio and television, national and international conference presentations and involvement in teaching at undergraduate and postgraduate courses. I have organised, chaired and presented at regular BASPCAN & ACAMHS conferences in the south east of England and nationally. I have presented at international conferences, ISPCAN and the World Family Therapy Congress.

