Dr Utpaul Bose

BSc MSc MB BS MRCPsych DFO

Consultant Psychiatrist

Expert in Mind

Essential in uniting professionals

CASE TYPES

ADHD
Clinical Negligence
Cognitive
Coroner's Reports
Criminal
Disability Discrimination
Educational
Employment Tribunal
Family
Fitness to Plead
Forensic
Historic Sexual Abuse
Occupational Health
Personal Injury
Risk Assessments
Road Traffic Accident
Second Opinion

SPECIALISMS

ADHD (Diagnosis)
ADD (Diagnosis)
ADHD
ADD
Addiction
Alienation
Antisocial Behaviour
Anxiety
Attachment
Bereavement
Bipolar
Custody
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Fabricated Illness
Historic Sex Abuse
Learning Difficulties & Disabilities
Mood Disorder
Munchausen
OCD
Personality Disorders
Psychosis
PTSD
Risk
Sexual Harassment
Schizophrenia
Self Harm
Sex Offenders
Sexual Abuse Victims
Trafficking
Trauma
Victims of Torture
Suicidal Ideation

CURRENT MEDICO-LEGAL WORK

I worked as a Consultant Forensic Psychiatrist for the Community Forensic Team in Lewisham for 20 years and on average have prepared 2 reports per week.

I attend court on a regular basis to give oral evidence.

Expertise & Special Interests:

- Fitness to plead/Mental Disorder/ Psychiatric Assessments
- Disposal options/Criminal responsibility
- Risk and Dangerousness assessments
- Drug and alcohol issues
- Post Traumatic Stress Disorder
- Care Proceedings
- Housing cases
- Personal injury
- Depression/Anxiety
- Parole board reports
- Life sentence reports
- Medical negligence
- Psychological consequences of trauma, incl. road traffic accidents
- Addictive disorders
- I have particular expertise in Adult ADHD and crime
- Disorders of impulse-control (e.g. deliberate self-harm)

PREVIOUS NHS SUBSTANTIVE POST

2005 to 2022 **Consultant in Community Forensic Psychiatry**
South London & Maudsley NHS Trust

ACADEMIC QUALIFICATIONS

1989 BSc. Anthropology 2(i) (University College London)
1992 Final MB BS (Royal Free, London University)
1996 MSc. In Mental Health Studies. (UMDS, Guys)
1997 Membership of The Royal College of Psychiatrists.
2002 Diploma of Forensic Psychiatry (Institute of Psychiatry)

PREVIOUS PRIVATE SECTOR CONSULTANT POSTS

2005 to 2011 **Consultant Psychiatrist**
Meridian Ward (low-secure rehabilitation), Cygnet Wing Blackheath

Oct 2008 to April 2012 **Consultant Psychiatrist**
Cygnet Lewisham (step-down unit)

Unit G03, High Weald House,
Glovers End, Bexhill on Sea,
East Sussex, TN39 5ES

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EDUCATION

1978-1983	Mill Hill School The Ridgeway, London NW7
1983-1984	Davies's College 66 Southampton Row, London WC1B 4BY
1986-1988	Royal Free Hospital School of Medicine (Pre-Clinical)
1988-1989	University College London
1989-1992	Royal Free Hospital School of Medicine (Clinical)

POSTER PRESENTATIONS

Solicitors' factors influencing requests for psychiatric reports.
The Royal College of Psychiatrists.
Faculty of Forensic psychiatry.
2001 Annual Residential Meeting.

ORAL PRESENTATIONS

The use of telepsychiatry in brief counselling of non-psychotic patients from an inner London General Practice
The Royal Society of Medicine.
8th International Conference on Telemedicine and Telecare

PUBLISHED PAPERS

Adaptation to Grass-eating in Gelada baboons
R.I.M. Dunbar and Utpaul Bose
Primates, 32 (1) 1-7, January 1991

The use of telepsychiatry in brief counselling of non-
Psychotic patients from an inner London General Practice.
Utpaul Bose, Paul McLaren, Ann Riley and Akber Mohammedali *Journal of Telemedicine & Telecare* 7; (1) 8-10.
Conference Proceedings. Telemed 2001. TM01/04. 4-7.

COURSES AND CONFERENCES

May 1996	Psychotherapy approaches in learning disability
September 1999	Courtroom Skills (Bond Solon Solicitors)
November 1999	How to teach Critical Review Skills (R.C. Psych)
June 2002	Writing Medico-legal reports (Institute of Psychiatry)
May 2006	HCR-20 training course
November 2006	Developing teaching skills (Guys and St. Thomas)
February 2007	Forensic Psychiatry Annual meeting (R. C. Psych)
February 2008	Forensic Psychiatry Annual meeting (R. C. Psych)
March 2008	Section 12 refresher course (South West H.A.)
February 2009	Forensic Psychiatry Annual meeting (R.C.Psych)
June 2008	Implementation of the Mental Health Act 2007
September 2009	Approved Clinicians training (West London M.H.)
June 2010	2nd Annual Congress of the UK adult ADHD network

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September 2010	Managing Trainees in difficulty (London Deanery)
September 2010	Supervision Skills for Clinical teachers (London Deanery)
November 2010	Diagnosis and treatment of adults with ADHD (R. C. Psych)
December 2010	Assessment and treatment of Forensic issues in adults with ADHD and ASD (Institute of Psychiatry)
June 2011	International Conference on Adult ADHD. Berlin.
October 2013	CHADD ADHD Conferee, San Francisco
February 2014	Forensic Psychiatry Annual Meeting
February 2015	Forensic Psychiatry Annual Meeting
February 2016	Forensic Psychiatry Annual Meeting
February 2017	Forensic Psychiatry Annual Meeting
February 2018	Forensic Psychiatry Annual Conference
April 2018	Section 12 refresher course (Central and North West London NHS Trust)
November 2018	CADDRA Conference, Calgary
March 2019	Forensic Psychiatry Annual Conference, Vienna
December 2019	Autism Spectrum Disorders, Royal College of Psychiatry
December 2019	Expert Witness: Family Law Module, Royal College of Psychiatry
April 2023	MHA Section 12 Refresher Training Course
May 2023	ADHD 3 Day Conference Amsterdam
June 2023	Medico Legal Masterclass Capacity Assessments
July 2023	Approved Clinicians Refresher Course
April 2024	UKCann (Adult ADHD Network) Conference
May 2024	Royal College Forensic Conference
June 2024	International Rpsych Congress

RESEARCH INTEREST

I have developed an interest in Adult ADHD and its underdiagnoses in forensic services. I am currently looking at the incidence of adult ADHD in probation referrals to the community forensic team.

TEACHING EXPERIENCE

I have taught on the topic of ADHD in Feltham Young Offender Institute, University College London and the Institute of Psychiatry. I have also been involved in teaching seminars on the subject in user groups in London and Cambridge.

REFEREES

Dr Ajay Bhatnagar
Medical Director
Cygnet Hospitals Lewisham and Blackheath

Dr Lisa Wootton
HMP Wormwood Scrubs

FEEDBACK

"This case has now been closed as of this morning. Great result and we could not have done it without you! Thank you" (Historic Sex Offence Charges) LB, Solicitor, January 2019

"The report was EXTREMELY useful, and client was found Not Guilty. My Thanks to Dr Bose, I will be recommending people to him and be using him in the future." (Criminal Case) DJ, Solicitor, January 2019

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"It was a pleasure working with Dr Utpaul Bose, his direct approach and great rapport he established with all my client's made it easy in instructing him. The quality of the reports provided also helped" (Criminal/ADHD Case) KK, Solicitor 2017

"The report is very good, thank you. Please pass on my thanks to Dr Bose, he was great, had a good manner with the client and myself, made the assessment feel informal and relaxed, I will recommend him to colleagues in the future." (Immigration/Severe Mental Illness Case) SK, Solicitor 2018

"The solicitor would like to thank Dr Bose for completing this assessment now the case has concluded and no sentence was given!" (Criminal/Immigration Matter) ED, Solicitor 2018

"Dr Bose was instructed by myself in 2015 midway through a trial at Southwark Crown Court, due to our client having taken an overdose a few days before. Dr Bose was extremely helpful and dealt with our request to assess her mental health and also provide an opinion as to whether she was fit to give evidence during the Trial. He accommodated us by seeing our client at court and also provided his reported expeditiously. Dr Bose provided a detailed report and concluded that she would not be fit to give evidence. It was as a result of his report that we were able to persuade the Judge that she should not give evidence and there would be no adverse inference from not doing so. Dr Bose was further instructed by ourselves when the same client faced further court proceedings and once again his assessment was invaluable in persuading the prosecution and the court that the proceedings against her be stayed". (Complex Serious Fraud Trial) SC, Solicitor 2017

"Your presence and evidence most certainly were of assistance in this matter. They found that there was no further need for XX to remain in hospital and that the risks could be managed in the community without the need for him to be first tested out. XX was therefore granted a deferred conditional discharge which is fantastic news and could not have been achieved without your evidence and the fact you are a community forensic consultant. Many thanks for your assistance in this matter." (Independent Doctor at Section 37/41 Tribunal) AM, Solicitor 2018

"Dr. Bose was a very helpful witness. He was able to explain his ideas in clear language which the jury would have understood, but he also clearly had a very solid grounding in the detail of the underlying science as well as a good grasp of the issues in the case and the relevant legal framework. That enabled us not just to use him as a positive resource but also to found cross-examination of the expert called by the other side. I would happily recommend him and advise that he is instructed in such matters in future." (Murder Trial 2018)DL, Barrister, December 2018

"Thank you again for all your help in preparing the report at such short notice. The judge also asked me to pass on his thanks to you. Without your report matters would have been delayed considerably. I am pleased to inform you that the section 37 hospital order was made and XX will be transferred to hospital on 18th December. " (Serious Sex Offence Trial) SFS, Barrister, December 2019

"Please let Dr Bose know that I'm looking forward to the meeting, it is extremely rare for me to look forwards to a psychiatric appointment, I've had some terrible mental health support over the last 45 years. Dr Bose has made a very positive impact on my mental health and I'm now preparing to get back to work. I am making sure, that this time I will be properly prepared for my return to the business world "(Private ADHD patient) December 2019

"I just wanted to thank you and how much you have supported a man who got the right outcome. Dr Bose report had a big impact to my outcome in which I have no interim order or conditions. You will never know what your support has done for this family. (Private ADHD patient employment tribunal) April 2020"

"We found Dr Bose to be approachable and sensitive to the time constraints that are often imposed by Courts for the filing of expert evidence. Dr Bose ensures, wherever possible, that these time restrictions are met and his reports are detailed, accurate and well-informed and, in our experience, are highly regarded by lawyers. "(Housing repossession) JH, Solicitor May 2020

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