

SPECIALISMS

Historic Sex Abuse
PTSD
Trauma
Victims of Torture

CASE TYPE

Clinical Negligence
Historic Sexual Abuse
Personal Injury
Road Traffic Accident

CURRENT POST:

- Director of Research and Training & Consultant Psychiatrist Combat Stress. Appointed August 2020.

Immediate Prior Post

- Medical Director and Consultant Psychiatrist to Combat Stress the National Charity for Combat Veterans and Ex-Servicemen's Mental Health, (appointed June 2007).
- Responsible Officer to Combat Stress Designated Body – 2013 – August 2020.

Other Information

- Mental Health Act Section 12 (2) Approved.
- Appointed Consultant Psychiatrist Oct 1994.
- General Medical Council (UK) ☑ Full Registration (No 2818245) 1984 (Aug)
- Revalidation date January 2025.

AWARDS:

- **Soldiering On Through Life Trust. Lifetime Achievement Award Awarded to Dr Walter Busutti 23rd April 2016.** *“Lifetime Achievement Award To recognize a person or group who, through a lifetime of service, has provided a significant contribution in support of the Armed Forces”. 34 years of help to the Military Family.*
- **The Charity Awards: Healthcare and Research category – Winner Combat Stress. June 2016** - *This award was won for the clinical design and clinical outcomes and research publications relating to the six week intensive treatment programme. I designed and set up this treatment programme and achieved NHS National Specialised Commissioning funding of £20million+ funding since 2011-2018; led this clinical service since its inception. In addition, I set up the Combat Stress research department and link to Kings College Centre for Military Health in 2014.*
- **Care of Veterans Award from Military and Civilian Health Partnership Awards 2013.** (North Essex Mental Health Network in Collaboration with Combat Stress and Ministry of Defence Mental Health Services (21st May 2013). I set up this collaboration with North Essex Mental Health Trust and the Department of Community Psychiatry based at Melville Barracks Colchester.
- **Appointed LifeTime Member of the Association of Psychiatry of Malta. 2019**

PROFESSIONAL QUALIFICATIONS:

- Bachelor of Medicine & Surgery, University of Manchester 1983.
- Member of the Royal College of General Practitioners 1988.
- Accredited Vocational Training in General Practice 1989.
- Member of the Royal College of Psychiatrists 1991.
- Accredited Higher Training in Psychiatry Oct 1994.
- Masters Degree in Psychology, University of London 1995.
- Fellow of the Royal College of Psychiatrists 2009

AFFILIATIONS & HON APPOINTMENTS:

- Chair of Contact Group Quality Group (NHS, Third Sector and RCPsych veterans' services) 2020- current.
- Armed Forces Clinical Reference Group Member Feb 2021 - current.
- Armed Forces Clinical Reference Group Psychiatry Task and Finish Group 2015- Jan 2021.
- Member of the International PTSD Innovative Treatment Working Group 2021-current
- Responsible Officer to Combat Stress Designated Body. General Medical Council May 2013 – August 2020
- Chair of the UK Trauma Group May 2009 – December 2013 (UKTG).
- Member of the International Society for Traumatic Stress Studies (ISTSS) 1992 - current.
- Member of the European Society for Traumatic Stress Studies (ESTSS) 2008-2015.
- Founder Board Member of the UK Psychological Trauma Society (UKPTS) May 2008 – 2013.
- Member of the UK Trauma Group (1998-2013) – spokesperson for War Veterans; Member of the Complex PTSD and Treatment Guidelines working party.
- Member of ESTSS Task Force for UK Uniformed personal and Combat Veterans 8th May 2008 - 2013.
- Member of Medical Advisory Committee for the British Branch of the World Veterans Federation 2007- 2019.
- Member of the World Veterans Federation working party on PTSD 2009-2019.
- Hon Consultant Psychiatrist to The Richmond Foundation, Malta (2010-current).
- Member of Diocesan Panel for the selection of priests in to the Catholic Church Womersley Seminary 2010-current.
- Member of the Child Protection Advisory Panel to the Roman Catholic Diocese of Arundel and Brighton 2001 -2002 .

PREVIOUS CONSULTANT POSTS:

- Director of Medical Services and Consultant Psychiatrist at Combat Stress. June 2007—August 2020
- Responsible Officer to Combat Stress. 2013 to August 2020
- Medical Director and Consultant Psychiatrist
'The Dene', Medium Secure Hospital for Women, Hassocks, West Sussex. (Partnerships in Care Group).
Lead Clinician for Personality Disorders and Trauma Unit (Sept 1997 - June 2007).
- Consultant Psychiatrist: Co-Director, Trauma Service
The Priory Ticehurst House Hospital. November 1997 - September 2004.
- Head of the Royal Air Force Community Psychiatric Department for East Anglia (RAF Marham). April 1995 - August 1997.
- Consultant Psychiatrist Royal Air Force Community Psychiatric Department for Western Region (RAF Hospital Wroughton). December 1994 - March 1995.

VOCATIONAL TRAINING IN PSYCHIATRY ROYAL AIR FORCE TRAINING SCHEME:

- Higher Psychiatric Training (1991 - 1994), and General Professional Psychiatric Training (1989 - 1991) included two six-month jobs in Psychological Trauma (Royal Air Force Training Scheme with placements at Littlemore Hospital Oxford, and The Maudsley Hospital London).

TRAUMA CLINICAL WORK; SERVICE DEVELOPMENT AND RESEARCH

- Between 2007 and 2020 I set and led the national clinical strategy and clinical service design for Combat Stress.
- I have worked in collaboration at all levels of Government including the Ministry of Defence, Department of Health (England and Scotland primarily) and Justice Department through the House of Commons Veterans in the Criminal Justice System Group (2010-14).



- I was a member of the Scottish Trauma Advisory Group from 2010 to 2019 advising Government Policy Makers and commissioners about Traumatic Stress services nationally across Scotland.
- Set up and led Clinical Governance Structures across Combat Stress 2007-2020.
- I was Responsible Officer for Combat Stress as a Designated Body (2013-2020) registered with NHSE and the GMC; as Responsible Officer I ensured appropriate structures were in place for the appointment and appraisal and revalidation of doctors employed by Combat Stress in accordance with GMC and NHSE national Guidelines.
- Awarded National Specialised Commissioning (13 March 2011) from the NHS England (£20 million 2011-2018 to set up a six-week residential programme which I designed to treat 224 veterans per year suffering from severe and co-morbid presentations of PTSD across England.
- Awarded £1.2 million from NHS Scotland pa from 2010 (current) for provision of mental health services including a residential six-week treatment programme for treating severe PTSD to Scottish Veterans.
- In April 2013 my bids were awarded £2 million from LIBOR and £267,000 from the Scottish Lottery for the setting up of a Case Management Programme for Veterans suffering from Alcohol and Illicit Substance Misuse Disorders which comprised a multi-agency clinical pathway incorporating community alcohol and illicit drug case management service nationally.
- Developed further group programmes to address anger, domestic violence, chronic pain and PTSD, alcohol and drug misuse and PTSD. I have presented clinical, psychometric and audit findings to NHSE national specialist commissioners and Armed Forces Commissioners, commissioners from the Scottish Mental Health and to the clinical lead on veterans on Veterans.
- I have also helped to develop a wellbeing and rehabilitation clinical pathway.
- I have produced clinical strategy papers on the clinical management of alcohol and illicit drug use in veterans, Reservists, and also for the Al-Sweady military Enquiry which comprise self-help leaflets and directions for court officials as well as mapping a support and clinical pathway for vulnerable military and veteran witnesses.
- In my role as Director of Medical Services I liaised directly with Ministers and MPs as well as Scottish MEPs to shape national mental health services for Veterans including with the Prime Minister in August 2010.
- I gave evidence at the Defence Select Committee at Portcullis House on 24 April 2018 about the mental health needs of Veterans.
- I helped to set up a strategic partnership between the DoH and MOD with Combat Stress signed Jan 2010 and Feb 2013.
- Through my clinical strategy and my participation, I helped promote and raise £30 million launched by our Patron HRH the Prince of Wales on 12 March 2010. This Appeal called 'the Enemy Within' funded our national multidisciplinary clinical teams (14 clinical teams and further welfare professionals) working with Veterans who served in the Territorial Military services. This community service is based on my clinical strategy.
- I have worked with the DoH to set up the new Combat Stress national telephone help line in collaboration with 'Rethink' and more latterly Connect Assist. This help line has been widely accepted and now has taken around 20,000 calls annually.
- Helped to set up and support and evaluate six pilot NHS clinical services for Veterans funded by the MOD 2007-2010.
- Member of the British Branch of the World Veterans Medical Advisory Committee which also advises the Royal British Legion and the Confederation of British Servicemen and Ex-servicemen's charities (COBSEO) 2007-2020.

- Member of the House of Commons working party for Veterans within the Criminal Justice System 2010 -14.
- Met with, presented to and advised our Patron HRH Prince of Wales on mental health issues concerning Veterans and other groups, on a regular basis.
- Collaborated with the Royal British Legion, Help for Heroes, RAF Association, Soldiers Sailors Forces Association (SSAFA) and other national veterans' charities.
- Set up a Research Department at Combat Stress linked to the Kings Centre for Military Health Research headed by Professor Sir Simon Wessely President of the Royal College of Psychiatrists in 2014. Since its inception this department has published over 60 papers since 2014 in first class peer reviewed journals including the BMJ. I lead the research strategy and participate in internal, national and international research studies into veteran's mental illness including PTSD.
- I have worked in partnership with the NHS in England, Scotland and Wales and Northern Ireland, the Ministry of Defence the Royal British Legion and Help for Heroes.
- I regularly liaise on a national basis at the highest levels with the NHS, MOD, War Pensions; other charitable ex-servicemen's agencies, and nationally renowned research centres on a regular basis. I am helping to lead the development and upgrading of intervention protocols for veterans including PTSD nationally. I regularly see patients in clinic where I assess and treat patients. I am actively involved in research studies into veteran's mental illness including PTSD.
- While at the Dene I led the development of specialised services for women including an inpatient Personality Disorders & Trauma Unit for which I was lead clinician; a Psychosis Unit, an Intensive Care Unit & Rehabilitation Unit. The personality disorders unit treated women who were victims of multiple childhood traumas. Treatment approaches included a community therapeutic milieu incorporating principles of interactive psychoeducation, Dialectic Behaviour Therapy, psychodynamic therapy and trauma focussed cognitive behaviour therapy and eye movement desensitisation and reprocessing (EMDR). I was part of the Senior Management Team running the hospital that was expanded and which included the setting up of a low secure 21 bedded hospital. I reformed and lead clinical governance. I also reformed and line-managed the psychology and psychotherapies department.
- From November 1997 to September 2004 I set up and led a new unit at Ticehurst House Hospital for the treatment of victims of repeated psychological trauma and Complex PTSD using group psychotherapy, and cognitive techniques. Treatment outcomes were published in peer review literature.
- Masters Thesis (1995) in Psychology proposed the use of various psychological interventions for the prevention of Traumatic Stress Disorders in Emergency Workers and Military Organisations.
- Part of the RAF Traumatic Stress Disorders Team that treated the British hostages released from Lebanon in 1991 and the British prisoners of the Gulf War.
- Part of the RAF PTSD Unit which pioneered the use of new assessment techniques for the victims of traumatic stress, and the novel use of Group Therapy Techniques in the treatment of established Post Traumatic Stress Disorder 1990 - 1993. Outcome and assessment studies were published in peer review literature.
- Research in Post Traumatic Stress Disorders has resulted in around 75 peer reviewed academic publications: co-author and main author of several academic papers, articles, letters and eleven book chapters in leading psychological trauma American, British and Australian textbooks on PTSD and personality disorders.
- Journals published included the Journal of the Royal College of Psychiatrists, Psychological Medicine, Journal of Traumatic Stress, Bulletin of the Royal College of Psychiatrists, International Journal of Geriatric Psychiatry, Psychiatry; Nursing Times, Journal of the Sexual and Relationship Therapy. BMJ.
- I have also refereed and supervised MSc and PsychD Theses on PTSD and Research Articles for Journal Submissions.



MEDIA WORK

- *I have been very active in the media promoting knowledge into PTSD and Mental Health since the late 1990s. I have been cited in national newspapers, national and international TV and Radio news and documentary broadcasts on matters concerning PTSD in veterans including issues concerning suicide and its prevention; and other vulnerable groups including adult survivors of sexual abuse, advising the NHS and other agencies in relation to educational and documentary film.*
- *I am seen as a National and International expert in the field especially in relation to PTSD in veterans and military personnel and adult survivors of sexual abuse and their mental health.*
- *Media work has included filming on March 22nd 2021 with Anita Rani for a BBC TV programme on veterans' mental health; Invictus Games BBC with HRH Prince Harry 2016, Newsnight with Kirsty Wark in 2014, Documentary with Ross Kemp in 2013. Panorama 2011. Prime News Programmes included Sky, BBC, ITV, News 24, CNN, BBC World. Radio included File on Four, Radio Five Live, Jeremy Vine Show. Newspapers included Telegraph, Times, Guardian, Mirror, Express, Daily Mail, Sun. In 2020 during the Covid Crisis I was asked by Heads Together to participate in two of their podcasts. I have been consulted by film makers of many soaps and dramas and even Hollywood Blockbuster films such as the First World War Film Journey's End (released in Jan 2018) in relation to characters suffering from the effects of being exposed to psychological trauma.*

RECENT SELECTED INVITED CONFERENCE AND TEACHING PRESENTATIONS:

- **Busuttil, W (2017)** Management of mental health disorders in British help-seeking Veterans. **Imagine 2017 - International Innovation and Translation in Imaging Symposium. Translational Institute Brisbane Australia 5th September 2017.**
- **Busuttil, W (2017)** PTSD and the British Military; an Update: Day Seminar; Department of Veterans' Affairs. **Canberra Australia 7th September 2017.**
- **Busuttil, W (2017)** KeyNote Developing Mental health Services for Veterans in the United Kingdom: The Role of the Charity Combat Stress in the Past Ten Years. PTS 17 Stand Tall Conference Brisbane Exhibition Centre: **Brisbane Australia September 9th 2017**
- **Busuttil, W (2017) PTSD Whats New? An Update.** Post Graduate Education Centre St Georges Springfield University Hospital Tolworth October 5th 2017
- **Busuttil, W (2017)** Combat Stress - Developing Clinical Services over the past ten years. Swindon Trauma Group Annual Conference. Swindon Uffington Suite, Swindon Marriott Hotel 6th October 2017.
- **Busuttil, W (2017) PTSD Whats New? Richmond Foundation Conference: Wellbeing Post-Trauma 20th October 2017.** New Dolmen Resort Hotel. Qawra, St Pauls Bay. Malta
- **Busuttil, W (2017) PTSD Novel early interventions with traumatised people.** Richmond Foundation Conference: Wellbeing Post-Trauma Workshop 20th October 2017. New Dolmen Resort Hotel. Qawra, St Pauls Bay. Malta
- **Busuttil, W (2017) PTSD and Personality.** Keynote Lecture for the Association of Psychiatry of Malta. Marsascala Malta 13th December 2017.
- **Busuttil, W (2017) PTSD Understanding the link between Personality and PTSD.** Psychiatric Trainees. Malta Medical. School Mater Dei Hospital 14th December 2017.
- **Busuttil, W (2018) Understanding Psychiatric Effects of Combat, Torture and Incarceration with Reference to Physical illness and Chronic Pain.** British Pain Society Conference Royal College of Anaesthetists. 26th February 2018.
- **Busuttil W (2018) House of Commons Defence Select Committee Portcullis House: Evidence of Veterans' Mental Health.** London 24th April 2018.



- **Busuttil, W (2018)** Introduction to Combat Stress and the Wellbeing of veterans in the workplace Military Mind Conference. Combat Stress. Honorary Artillery Company, London **15th May 2018.**
- **Busuttil, W (2018)** Mental Wellbeing, Employer Education and Clinical Pathways. Military Mind Conference. Combat Stress. Merchants' Hall, Edinburgh **17th May 2018.**
- **Busuttil, W (2018)** Understanding Post Traumatic Stress in the Elderly. Age UK Tavistock Square London **29th May 2018.**
- **Busuttil, W (2018)** Understanding and Managing PTSD and Chronic Pain Cambridge annual medico-legal conference – a conversation between medicine and the law. PeterHouse Cambridge **28th September 2018.**
- **Busuttil, W (2018)** History of Combat Psychiatry and Lessons Learnt from Afghanistan and Iraq. Swindon Trauma Group 9th Annual Conference Theme: 100th Anniversary of the RAF & 100 years of Psychiatry **5th October 2018** Uffington Suite Swindon Marriott Hotel
- **Busuttil, W (2018)** Treatment Programmes for PTSD in the United Kingdom. Combat Stress and Kings College London. Centres of Excellence Round Table Treatment Park Hotel Sydney Australia **20-21 October 2018.**
- **Busuttil, W (2018)** Combat Stress Treatment Programmes and Translational Research. ANZAC Research Center Phoenix Australia University of Melbourne. Day Seminar and Research Meeting.
- **Busuttil, W (2018)** Combat Stress Clinical Services and Translational Research British Medical Association Tavistock Square London **6th November 2018.**
- **Busuttil, W. (2018)** Research at Combat Stress. Staff Conference Milton Keynes **23 November 2018.**
- **Busuttil, W (2019)** Veterans' Mental Illness in the UK Post-Iraq and Afghanistan Wars: The Role of Combat Stress. World Veterans Federation Paris. **22nd Annual General Assembly 17th February 2019.**
- O'Donnell, M.L., Lau, W., Fredrickson, J., Bryant, R.A., Bisson, J., Burke, S., **Busuttil, W.**, Coghlan, A., Creamer, M., Gray, D., Greenberg, N., McDermott, B, McFarlane, A.C., Monson, C., Phelps, A., Ruzek, J., Schnurr, P.P., Ugang, J., Watson, P., Whitton, S., Williams, R., Cowlshaw, S., and Forbes, D. (2019) Promoting adjustment following disaster. The Skills for Life Adjustment and Resilience Program. A presentation at the 7th World Congress of Asian Psychiatry **22nd -25th February 2019, Sydney, Australia.**
- **Busuttil. W (2019)** Mental Health: Lessons Learnt from Afghanistan and Iraq (2019) Tolworth Hospital Presentation to Psychiatrists **9th May 2019** Tolworth Hospital St Georges NHS Trust
- **Busuttil W (2019)** Mental Health: Lessons Learnt from Afghanistan and Iraq (2019) Springfield Hospital Presentation to Psychiatrists **9th May 2019** Tolworth Hospital St Georges NHS Trust
- **Busuttil. W. (2019)** Mental Health Provision for Veterans and Families in the Charitable Sector Royal College of Psychiatrist Seminar Veterans Mental Health **20th May 2019**
- **Busuttil. W. (2019)** 100 year history of combat psychiatry and combat stress clinical services Glasgow.
- **Busuttil. W.,** Dissociative Disorders. Post Graduate Training Seminar Mount Carmel Hospital Malta **1st June 2019**
- **Busuttil. W., (2019)** Veteran Mental Health and Wellbeing. BT Armed Forces Network Event. BT Centre, 81 Newgate Street, London, EC1A 7AJ **20th June 2019.**
- **Busuttil. W., (2019)** Panel Discussion Wellbeing and Mental Health. BT Armed Forces Network Event. BT Centre, 81 Newgate Street, London, EC1A 7AJ **20th June 2019.**
- **Busuttil. W., (2019)** Dissociative Disorders. Post Graduate Teaching Seminar Mount Carmel Hospital Malta **1st June 2019**
- **Busuttil, W. (2019)** Military Mental Health – From Serving Personnel to Veterans and their families. BT Armed Forces Network London BT Centre 81 New gate Street London.
- **Busuttil, W (2019)** Veterans' Mental Health One day workshop - Training for BFBS Staff **18TH September 2019**
- **Busuttil, W. (2019)** Uniformed Services in Malta, Mental Illness, Prevention and Treatment St Julian's Emergency and First Responders Wellbeing Conference Department of Internal Affairs Radisson Blue Hotel St Julian's Malta. **25th September 2019**



- **Busuttli W** (2019) Five Eyes Mental Health Research Innovation Collaborative Meeting Co- Chaired by the Canadian Institute for Military and Veteran Health Research and Phoenix Australia Copley Place Boston 12-13 November 2019
- **Busuttli W** (2020) Film Veterans at Work Deloitte Seminar London 21st January 2020.
- **Busuttli W** (2020) Post Traumatic Stress Disorder. Trauma Course The Grove London - One Day Master-class Workshop De Vere West One 9-10 Portland Place London W1B 1 PR 23rd February 2020.

Recent selected invited conference and teaching presentations:

During Covid 2020-21 Invited Webinars, Conference and External Academic Teaching

- **Busuttli, W.** (2020) *The United Kingdom experience with COVID-19 Implementing knowledge from other emergencies*. Invited Webinar entitled Mental Health in the Time of Pandemic. Hikma Jordan; American University of Lebanon. Webinar 10th June 2020.
- **Busuttli W.** (2020) *Combat Stress and Covid – Psychological Effects on Veterans, Management and Workforce*. Invited webinar. British Telecom Staff Conference 25th June 2020.
- **Busuttli W.** (2020) Theatre of War UK Bravehound (Invited Panellist) 16th July 2020; 6th November 2020.
- **Busuttli W** (2020) Post Traumatic Stress, Physical Limb Injury and Chronic Pain. Webinar Irwin Mitchell Solicitors UK 14th October 2020
- **Busuttli, W** (2020) 101 Year history of Combat Psychiatry and Combat Stress Clinical Services. Military Mind Series. Armed Forces Transition Services Military Presentation Scotland 14th October 2020
- **Busuttli, W** (2020) Understanding Moral Injury from Combat to the Covid 19 Front Line. Richmond Foundation International Conference, Hamrun. Malta 22-23 October 2020.
- **Busuttli, W** (2020) 'Understanding Moral Injury - Military Operations and the Covid-19 Front Line' Webinar and Panel Discussion Royal College of Surgeons 19th November 2020
- **Busuttli W** (2020) Invited Training Workshops Two Day Webinars Psychology Services to Combat Veterans Kiev Ukraine 3-4 November 2020. (Suicide prevention for young adolescents of Military Families; Trauma therapy in groups of families of Combat Veterans suffering from PTSD; Secondary traumatization in families and in children.
- **Busuttli W** (2021) Post Traumatic Stress Disorder. Trauma Course The Grove London - One Day Workshop Online 7th February 2021
- **Busuttli. W** (2021) Military Mental Health and Combat Stress General Practice Training Northampton 12th March 2021
- **Busuttli. W** (2021) Military Mental Health and Combat Stress General Practice Training Leicester 17th March 2021
- **Busuttli. W** (2021) Shellshock Panel Member NHS Veterans Operation Courage Sussex Partnership NHS Trust 15th April 2021
- **Busuttli. W** (2021) Combat Stress and Veterans' Mental Health in the Workplace Hounslow District Council 29 April 2021

Recent selected publications: Papers

- Murphy D, Ashwick R, Palmer E, **Busuttli W.** (2017) Describing the profile of a population of UK veterans seeking support for mental health difficulties. *Journal of Mental Health*; DOI: 10.1080/09638237.2017.1385739.
- Murphy, D., Ross, J., Ashwick, R., Armour, C., & **Busuttli, W** (2017) Exploring optimum cut-off scores to screen for probable posttraumatic stress disorder within a sample of UK treatment-seeking veterans, *European Journal of Psychotraumatology*, 8:1,1398001, DOI: 10.1080/20008198.2017.1398001



- Murphy D, **Busuttill W.** (2017) Focusing on the mental health of treatment-seeking veterans. *Journal of the Royal Army Medical Corps*, doi:10.1136/jramc-2017-00084
- Murphy D.M., **Busuttill, W.**, & Tugoose, D. (2018) Understanding the Needs of Veterans with PTSD *Editorial Healthcare* 2018, 6(3), 100; doi:10.3390/healthcare6030100
- Tugoose, D., **Busuttill, W.**, Ashwick, R., Booth, K., Murphy, D. (2018). Describing the feasibility of using case management in a specialist forensic substance misuse intervention for UK veterans: a case study. *The Journal of Forensic Psychiatry Psychology*, 29 (5), 717-732
- Murphy, D., **Busuttill, W.**, Tugoose, D. (2018, August). Understanding the Needs of Veterans with PTSD. In *Healthcare* 6 (3), 100 Multidisciplinary Digital Publishing Institute
- Murphy D, Ross, J, **Busuttill, W.** Greenberg N & Armour, C (2019) A latent profile analysis of PTSD symptoms among UK treatment seeking veterans, *European Journal of Psychotraumatology*, 10:1, DOI: [10.1080/20008198.2018.1558706](https://doi.org/10.1080/20008198.2018.1558706)
- Forbes, D., Pedlar, D., Adler, A.B., Bennett, C., Bryant, R.A., **Busuttill, W.**, Cooper, J., Creamer, M.C., Fear, N.T., Greenberg, N., Heber, A., Hinton, M., Hopwood, M., Jetly, R., Lawrence-Wood, E., McFarlane, A.C., Metcalf, O., O'Donnell, M.L., Phelps, A., Richardson, J.D., Sadler, N., Schnurr, P.P., Sharp, M--L., Thompson, J.M., Ursano, R.J., Van Hooff, M., Wade, D. & Wessely, S. (2019). Treatment of military-related posttraumatic stress disorder: Challenges, innovations, and the way forward. *International Review of Psychiatry*. *Int Rev Psychiatry*. 2019 May 2:1-16. doi: 10.1080/09540261.2019.1595545. [Epub ahead of print] PMID:
- Murphy, D., **Busuttill, W.** (2019) Understanding the needs of veterans seeking support for mental health difficulties. *Journal of the Royal Army Medical Corps* 2019; Published Online First: 29 April 2019. doi: 10.1136/jramc-2019-001204
- Sharp, M.L., **Busuttill, W.**, Murphy, D. (2019) Examining Physical Health Conditions and Associations of Pain, Obesity and Function of UK Veterans Diagnosed with PTSD and Other Mental Health Diagnoses. *Journal of Military and Veterans and Family Health* *Journal of Military, Veteran and Family Health* doi:10.3138/jmvfh.2018-0051 5(2) 2019.
- Murphy, D., Hardman, A., Forbes, D., **Busuttill, W.**, Phelps, A. (2019) Comparing the profiles of UK and Australian veterans supported by national treatment programmes for PTSD in their respective countries. *Journal of the Royal Army Medical Corps* Epub. doi:10.1136/jramc-2019-001268.
- Denby, E., **Busuttill, W.**, Murphy, D. Shakel M., Williamson, D (2020)., *Neuropsychiatric Outcomes in UK Military Veterans with Mild Traumatic Brain Injury and Vestibular Dysfunction*. *Journal of Head Trauma Rehabilitation*, 2020. **35**(1): p. 8.
- Murphy, D., Shevlin, M., Pearson, E., Greenberg, N., Wessely, S., **Busuttill, W.**, Karatzias T. (2020). A validation study of the *International Trauma Questionnaire* to assess ICD-11 posttraumatic stress disorder (PTSD) and Complex PTSD (CPTSD) in treatment seeking veterans. (2020) *British Journal of Psychiatry*, Themed Issue : Disasters and Trauma 216, 132-137.doi:10.1192/bjp.2020.9
- O'Donnell M.L, Lau, W., Fredrickson, J., Bryant, R.A., Bisson, J., Burke, S., **Busuttill, W.**, Coghlan, A., Creamer, M. , Gray, D., Greenberg, N., McDermott, B., McFarlane, A.C., Monson, C., Phelps, A., Ruzek, J.I, Schnurr, P.P., Ugsang, J., Watson, P., Whitton, S., Williams, R., Cowlshaw, S., and Forbes, D. (2020). An open label pilot study of a brief psychosocial intervention for disaster and trauma survivors. *Frontiers of Psychiatry*. 26 June 2020 | <https://doi.org/10.3389/fpsy.2020.00483>
- Murphy, M., Williamson, C., Baumann, J., **Busuttill, W.**, Fear, N (2020) Exploring the impact of Covid-19 and restrictions to daily living as a result of social distancing within veterans with pre-existing mental health difficulties *BMJ Mil Health* 2020;**0**:1–5. doi:10.1136/bmjmilitary-2020-001622
- Murphy, D., Karatzias, T., **Busuttill, W.**, Greenberg, N., & Shevlin, M. (2021). ICD-11 Posttraumatic Stress Disorder (PTSD) and Complex PTSD (CPTSD) in Treatment Seeking Veterans: Risk factors and comorbidity. *Social Psychiatry and Psychiatric Epidemiology*. <https://doi.org/10.1007/s00127-021-02028-6>



In press 2021

- **Pathways to Mental Health Care in Active Military Populations: An Integrated Perspective of Five Nations** Five Eyes Mental Health Research Innovation Collaborative. Five Eyes Collaborative

Book Chapters

- **Busuttli, W.** (2011) Post-traumatic stress disorder and substance misuse. In *Practice in Mental Health Substance Use* 109-124; D C Cooper ed. Radcliffe Publishing Ltd: London.
- **Busuttli W** (2012) Combating the effects of post-traumatic stress and other trauma associated with the theatre of war. In: '*International Handbook of Workplace Trauma Support*', eds Rick Hughes, Andrew Kinder and Cary L. Cooper. pp416-435 Wiley- Blackwell: Oxford.
- **Busuttli, W** (2012) Military Veterans' Mental Health – the long term post trauma support needs. In: '*International Handbook of Workplace Trauma Support*', eds Rick Hughes, Andrew Kinder and Cary L. Cooper. pp458-474. Wiley- Blackwell: Oxford.
- **Busuttli, W (2013)** She set me at Ease. In: Kate Gonzi: From the Heart. Ed D. Allen. Mid sea Books Valletta Malta.
- **Busuttli, W.** (2014) Trauma Related Substance Misuse. In *Attorney's Guide to Defending Veterans In Criminal Court.* (Brocton Hunter ed) pp221-250. National Veterans Foundation: Minneapolis USA.
- **Busuttli, W** (2014) The Charity Worker's Tale. In *Battle Against Stigma* eds M Neville & J Hacker-Hughes - its Role ed Jamie Hacker-Hughes Bringing War Home. Volume 2, pp 66-79. Wellcome Trust: London.
- **Busuttli, W.,** Hacker Hughes J., Kitchner, N. (2017) Introduction. In: *Military Veteran Psychological Health and Social Care: Contemporary Issues.* pp3-13; Ed J Hacker-Hughes. Routledge. London/New York.
- **Busuttli, W** (2017) The Role of the Third Sector Charity Combat Stress: An Update In: *Military Veteran Psychological Health and Social Care: Contemporary Issues.* pp160-174; Ed J Hacker-Hughes. Routledge. London/New York.
- **Busuttli, W (2017)** Military culture effects on mental health and help seeking. In *Art Therapy with Military Veterans: Trauma and the Image* ed J Lobban pp73-88; Routledge. London/New York.
- **Book chapters in press**
- **Busuttli, W** (2021) Combat Stress and Mental Health in Veterans In: *Promoting Men's Mental Health* 4th Edition (eds R, Kirby, C., Carson; A., White & M., Kirby). Radcliffe Publishing: Oxford New York.
- **Busuttli, W** (2021) Post Traumatic Stress Disorder A Guide to Psychiatric Examination' second edition. (eds C Aquilina & G Tucker). Elsevier: London.

Website Publications and Podcasts.

- **Busuttli, W.** (2002) Post Traumatic Stress Disorder and the Elderly: A Black Hole requiring research. Royal College of Psychiatrists Website: www.rcpsych.org
- **Busuttli, W.** & Busuttli, A. M. C. (2003) Psychological effects on families subjected to enforced and prolonged separations generated under life threatening situations: A summary. DART Website. www.dart.org
- **Busuttli, W.** (2010) Combat Stress Clinical Services and Psychiatric Disorders www.Thompson Snell and Passmore.
- **Busuttli, W.** (2010) British Veterans A Brief Update: [www. UK Psychological Trauma Society](http://www.UK Psychological Trauma Society) June 2010.
- Klein, S., Alexander, D., & **Busuttli, W.** (2013) Scoping review: A Needs-Based Assessment and Epidemiological Community-Based Survey of Ex-Service Personnel and their Families in Scotland Robert Gordon University. Aberdeen December 2012 www.scotland.gov.uk/Resource/0041/00417172.pdf
- **Busuttli W,** (2013) Combat Stress and Veterans' Mental Health August 2013 Podcast Royal College of Psychiatrists. London
- **Busuttli W,** (2014) British Medical Journal e-learning Podcast on Post Traumatic Stress Disorder 21 January 2014.
- **Busuttli, W.** (2018) Declassified Episode 4 Documenting Military Stories Podcast 17th July 2018.
- **Busuttli, W.** (2020) Declassified Episode 19 Coping with Isolation in the Corona Virus Crisis Podcast 25th March 2020.



- **Busuttil, W.** (2020) Coping with Isolation During the Corona Virus Emergency. Heads Together annual Mental Health Day 'Mental Health Minutes', Radio and Podcast 30th April 2020.
- **Busuttil, W.** (2020) Coping with Isolation During the Corona Virus Emergency. Heads Together annual Mental Health Day 'Mental Health Minutes', Radio and Podcast Mental Health Awareness week. 18th May 2020.
- **Busuttil, W.** (2020) Combat Stress Maudsley Podcast volume 8 (1st June 2020) <https://maudsleylearning.com/insights/podcasts/maudsley-learning-podcast-episode-8-combat-stress/>

Private Practice:

Besides my Combat Stress job and Medicolegal work I have a small private practice where I treat and supervise clinical cases as well as undertake Medico legal work. I routinely assess and treat patients suffering the effects of psychological trauma generated by road traffic accidents, interpersonal violence, accidents at work, disaster and conflict.

- Medico-legal Work 1991 – present. Approximately 40-60 reports per year; 35% defence; 15% joint instructions; 50% claimant.
- Most reports and court work related to compensation cases for victims of traumatic stress.