

SPECIALISMS

Asperger's
Antisocial Behaviour
Anxiety
Bereavement
Bipolar
Capacity
Cultural Diversity
Depression
Domestic Violence
Fabricated Illness
Mood Disorder
Neglect
Non-Accidental Injury
OCD
Perinatal
Personality Disorders
Postnatal Depression
Psychosis
Psychosomatic
Risk
Schizophrenia
Self Harm
Trauma
Suicidal Ideation

CASE TYPES

Coroner's Reports
Disability Discrimination
Employment Tribunal
Family
Fitness to Plead
Immigration & Asylum
Litigation Capacity
Neuropsychiatric
Occupational Health
Personal Injury
Risk Assessments
Road Traffic Accident
Second Opinion
Testamentary Capacity

GMC number - 5208802

Royal College of Psychiatrists - 809956

MPS -557070

EXPERIENCE

I'm an experienced Consultant General Adult Psychiatrist with both Private and NHS practices in Birmingham. I work as an Academic with extensive research and teaching experience. approved by the Secretary of State for the purposes of section 12(2) of the Mental Health Act 2007.

As an experienced General Adult Psychiatrist, I have expertise in a range of mental health conditions, including stress, anxiety, psychosis depression, bi-polar affective disorder, OCD personality disorders.

I have been providing reports since 2010 and I'm experienced in preparing reports for family law, criminal law including fitness to plead, employment proceedings and civil law.

EDUCATION

- University of Nottingham, Nottingham — PhD, 2015
- Royal College of Psychiatrists, London - MRCPsych, 2005
- Central Institute of Psychiatry, Ranchi, India - DPM, 2000
- University of Mysore, Mysore, India - MBBS, 1998

OTHER LANGUAGES SPOKEN

- Hindi
- Urdu
- Kannada

EMPLOYMENT

Clinical Senior Lecturer & Honorary Consultant Psychiatrist, University of Birmingham / Birmingham Women's Children's NHS Trust — 2016 to present

As a Consultant Psychiatrist, I provide medical leadership to the Early Intervention in Psychosis Service in West Birmingham. As an Academic, I'm involved in teaching medical students, postgraduate students and supervising PhD students. My research interests include delineation of the mental and neuronal processes that underlie the symptoms of mental disorder including Psychosis using multimodal imaging techniques, school based prevention for mental disorders, and precision psychiatry. I'm the Year 4 lead (Medical School) for Psychiatry Deputy Course Lead for the BMedSc course.

Consultant Psychiatrist, Birmingham & Solihull Mental Health NHS Trust, Birmingham — 2010-2016

I led an Early Intervention in Psychosis Service team providing medical leadership to the team as well as supervising junior doctors, specialty doctors and medical students.

Consultant Psychiatrist, Nottinghamshire Healthcare NHS Trust, Nottingham — 2009-2010

I was the Consultant Psychiatrist for an Inpatient ward and CRHT.

Clinical Lecturer Honorary Speciality Registrar, University of Nottingham — 2006-2009

Higher specialist training in General Adult and Rehabilitation Psychiatry. As a lecturer I was involved in teaching 4th Year Medical Students and conducted research on multimodal neuroimaging investigation of coordinated brain activity in Psychosis.

AWARDS

- 2009-2019 - Clinical Excellence Awards, NHS
- 2008 - Poster Presentation Prize, University of Nottingham
- 2005 - Howard White Presentation prize, BSMHF
- 2004 - Clinical Audit Prize, Royal College of Psychiatrists
- 1998 - Best Outgoing Medical Graduate, Medical School



PUBLICATIONS (SELECTED)

- Leighton, S.P., Upthegrove, R., Krishnadas, R., Benros, M.E., Broome, M.R., Gkoutos, G.V., Liddle, P.F., Singh, S.P., Everard, L., Jones, P.B., Fowler, D., Sharma, V., Freemantle, N., Christensen, R.H.B., Albert, N., Nordentoft, M., Schwannauer, M., Cavanagh, J., Gumley, A.I., Birchwood, M., Mallikarjun, P.K., 2019. *Lancet Digit. Health* 1, e261–e270.
- Hopkinson, M.D., Reavell, J., Lane, D.A., Mallikarjun, P., 2019. *The Gerontologist* 59, e343–e362.
- Di Capite, S., Upthegrove, R., Mallikarjun, P., 2018. *Early Interv. Psychiatry* 12, 893–899
- Mallikarjun, P.K., Lalousis, P.A., Dunne, T.F., Heinze, K., Reniers, R.L., Broome, M.R., Farmah, B., Oyebode, F., Wood, S.J., Upthegrove, R., 2018. *Transl. Psychiatry* 8, 69.
- Gregory, A., Mallikarjun, P., Upthegrove, R., 2017. *Br. J. Psychiatry* 211, 198–204.

