# Dr Paul McLaren MB BS MA (OXON) MSc FRCPsych **Consultant Psychiatrist**



### **SPECIALISMS**

**ADHD** ADD Addiction Anxiety Bereavement

Bipolar Capacity Chronic Pain

**Cultural Diversity** 

Depression **Domestic Violence** 

Drug/Alcohol/Substance Misuse

Historic Sex Abuse

Military

**Mood Disorder** 

Munchausen

Neglect

OCD

Perinatal

**Personality Disorders** Postnatal Depression

Psychosexual

**Psychosis** 

**Psychosomatic** 

**PTSD** Radicalisation

Risk Schizophrenia

Self Harm

**Sexual Abuse Victims** 

Sexual Harassment

Trafficking

Trauma

Victims of Torture

# **CASE TYPES**

**ADHD** Clinical Negligence Coroner's Reports Disability Discrimination **Employment Tribunal** Historic Sexual Abuse Housing Immigration & Asylum Litigation Capacity Occupational Health Personal Injury **Risk Assessments** Road Traffic Accident Second Opinion **Testamentary Capacity** 

General Medical Council number: 2923707

Section 12 approved under the Mental Health Act (1983) since 1989.

#### **MEDICO-LEGAL:**

I prepare 50 to 60 reports per annum as an Expert Witness on psychiatric aspects of personal injury and medical negligence.

I have been involved in a number of high profile cases. I am instructed on behalf of both Claimant and Defendant.

I have reported extensively on subjects who have suffered abuse including in the care of social services, religious institutions and schools. I prepared over 50 reports for the Irish Redress Board on subjects who were subjected to physical, mental and sexual abuse in Institutional care

#### **CURRENT POSTS**

Visiting Consultant Psychiatrist the Priory Ticehurst House.

Visiting Consultant Psychiatrist at The Tunbridge Wells Nuffield Hospital

### **CURRENT CLINICAL ACTIVITY AND SPECIAL INTERESTS Psychological trauma:**

As consultant psychiatrist at The Priory Ticehurst House. I assess and treat, both as outpatients and inpatients, sufferers of acute and chronic PTSD following single traumatic incidents or complex PTSD following prolonged abuse. I have trained in EMDR (Level II)

# General adult psychiatry:

I diagnose and treat as inpatient and outpatient individuals suffering from a range of disorders including mood and anxiety disorders, obsessive compulsive disorder, somatoform disorder, post natal depression, bi-polar disorder and psychosis.

#### **Addictions:**

I am experienced in the diagnosis and treatment of substance misuse disorders.

## Occupational psychiatry

I regularly prepare reports as an Independent Medical Expert for insurance companies, employers and Pension Trustees and as an Expert Witness for the Employment Tribunal.



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#### **QUALIFICATIONS**

BA in Physiological Sciences	University of Oxford	1981
MB BS	University of London	1984
Member of the Royal College of Psychiatrists	from	1989
MA	University of Oxford	1989
MSc in Mental Health Studies	Institute of Psychiatry, Kings College London	2005
(Organisational Psychiatry & Psychology)		
Bond Solon Expert Witness Certificate	Cardiff University Law School	2012

#### **MEDICAL EDUCATION**

Wadham College, Oxford	1979-1981
The London Hospital Medical College	1981-1984

#### PROFESSIONAL TRAINING

PROFESSIONAL TRAINING	
St. Thomas's Psychiatric Training Rotation	1986-1989
Specialist training posts in Substance misuse, Old Age	
Psychiatry, Child psychiatry and Psychotherapy	
Research Psychiatrist, UMDS, King's College London Telepsychiatry and Psychotherapy process research	1989-1993
South East Thames Senior Registrar Rotational Training Scheme	1993

#### **CONSULTANT EXPERIENCE**

Consultant in General Adult Psychiatry with	1993-1996
Canterbury & Thanet Community Healthcare Trust (6 sessions)	
& Senior Lecturer in Psychiatry, United Medical & Dental School	
of Guy's and St Thomas's Hospitals, GKT (5 sessions).	

Consultant Psychiatrist, with Lewisham &	1997-1999
Guy's Mental Health Trust (7 sessions) and	
Senior Lecturer in Psychiatry, GKT, King's College London	

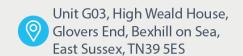
This post then became a Consultant Psychiatrist post with South	1999-2004
London & Maudsley (SLAM) NHS Trust and part-time Senior	
Lecturer in Psychiatry GKT until 2003.	

Honorary Consultant Psychiatrist SLAM	2004- 2012
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Medical Director at The Prior	y Ticehurst House	2004– 2016

Medical Director at the Priory hospital Hayes Grove 2014–2021







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#### **ACADEMIC EXPERIENCE**

Examiner of the University of London

My main research interests are in Telepsychiatry and eMental Health and I have written articles and published in the peer reviewed literature on this subject. In 2003 I co-edited the first book on this subject Telepsychiatry and EMental health, published by the Royal Society of Medicine Press.

Between 1993 and 1999 I was Postgraduate Courses Coordinator in the Department of Psychiatry GKT and ran the Regional MRCPsych training course. I also established and taught modules in Cognitive Behaviour Therapy, Research Methods and Inpatient services on the Master's Degree in Mental Health Studies at GKT.

Between 1993 and 1996 I was Clinical Tutor for Canterbury & Thanet NHS Trust.

#### REPRESENTATIVE EXPERIENCE

I was Deputy Chairman of the National Junior Doctor's Committee of the British Medical Association and a national negotiator. I had special responsibility for the campaign to reduce the working hours of junior doctors. I was a UK representative on the Permanent Working Group of European Junior Doctors.

Between 1996 and 2003 I was a South East Thames regional representative on the General Adult Psychiatry Section of the Royal College of Psychiatrists.

Between 1997 and 2000 I was Chairman of the Telemedicine & eHealth Forum of the Royal Society of Medicine

#### ADDITIONAL COURSES AND MEMBERSHIP

The Risk of Sexual Violence Protocol (RSVP) Institute of Psychiatry, London	2011
Fraud & Exaggeration in Personal Injury Claims Conference	2012
Understanding the Jackson Reforms	2013
Mock Employment Tribunal Training Day Thomson Snell & Passmore	2014
Systematic incident investigations using root cause analysis Verita	2015

#### **CONSULTING ROOMS**

The Priory Ticehurst House, East Sussex.
The Priory Wellbeing Centre Harley Street, London.
The Tunbridge Wells Nuffield Hospital.



