

General Medical Council number: 2923707

Section 12 approved under the Mental Health Act (1983) since 1989.

## SPECIALISMS

ADHD  
ADD  
Addiction  
Anxiety  
Bereavement  
Bipolar  
Capacity  
Chronic Pain  
Cultural Diversity  
Depression  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Historic Sex Abuse  
Military  
Mood Disorder  
Munchausen  
Neglect  
OCD  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosexual  
Psychosis  
Psychosomatic  
PTSD  
Radicalisation  
Risk  
Schizophrenia  
Self Harm  
Sexual Abuse Victims  
Sexual Harassment  
Trafficking  
Trauma  
Victims of Torture

## CASE TYPES

ADHD  
Clinical Negligence  
Coroner's Reports  
Disability Discrimination  
Employment Tribunal  
Historic Sexual Abuse  
Housing  
Immigration & Asylum  
Litigation Capacity  
Occupational Health  
Personal Injury  
Risk Assessments  
Road Traffic Accident  
Second Opinion  
Testamentary Capacity

### MEDICO-LEGAL:

I prepare 50 to 60 reports per annum as an Expert Witness on adult psychiatric aspects of **personal injury and medical negligence** cases. I have been involved in a number of **high profile cases**, including those which require an assessment of the **psychological impact of catastrophic events**.

I am instructed on behalf of both **Claimant and Defendant**.

I have reported extensively on subjects who have suffered abuse in the care of social services, religious institutions and schools.

I completed over 50 reports for the **Irish Redress Board** on individuals who were subjected to **physical, mental and sexual abuse in institutional care**.

### CURRENT POSTS

Consultant Psychiatrist & Former Medical Director at The Priory Ticehurst House

Medical Director, The Priory Hospital Hayes Grove

Lead Consultant for the Addiction Treatment Programme, Hayes Grove Priory

### CURRENT CLINICAL ACTIVITY AND SPECIAL INTERESTS

#### Psychological trauma:

I was formerly lead consultant to the trauma service at The Priory Ticehurst House. I have extensive experience in the management of psychological trauma.

I assess and treat, both as outpatients and inpatients, sufferers of acute and **chronic PTSD** following single traumatic incidents or **complex PTSD** following prolonged abuse. I have trained in EMDR (Level II).

#### General adult psychiatry:

I diagnose and treat as inpatients and outpatients individuals suffering from a range of disorders including **mood and anxiety disorders, obsessive compulsive disorder, somatoform disorder, post natal depression, bi-polar disorder** and **psychosis**.

#### Addictions:

I am experienced in the diagnosis and treatment of **substance misuse disorders** and I am Lead Consultant to the Addiction Treatment Programme at Hayes Grove Priory.

#### Occupational psychiatry

I regularly prepare reports as an Independent Medical Expert for insurance companies, employers and Pension Trustees and as an Expert Witness for the Employment Tribunal.

## QUALIFICATIONS

BA in Physiological Sciences	University of Oxford	1981
MB BS	University of London	1984
Member of the Royal College of Psychiatrists	from	1989
MA	University of Oxford	1989
MSc in Mental Health Studies (Organisational Psychiatry & Psychology)	Institute of Psychiatry, Kings College London	2005
Bond Solon Expert Witness Certificate	Cardiff University Law School	2012

## EDUCATION

Royal Belfast Academical Institution	1971-1978
Wadham College, Oxford	1979-1981
The London Hospital Medical College	1981-1984

## PROFESSIONAL TRAINING

St. Thomas's Psychiatric Training Rotation <i>Specialist training posts in Substance misuse, Old Age Psychiatry, Child psychiatry and Psychotherapy</i>	1986-1989
Research Psychiatrist, UMDS, King's College London <i>Telepsychiatry and Psychotherapy process research</i>	1989-1993
South East Thames Senior Registrar Rotational Training Scheme	1993

## CONSULTANT EXPERIENCE

Consultant in General Adult Psychiatry with Canterbury & Thanet Community Healthcare Trust (6 sessions) & Senior Lecturer in Psychiatry, United Medical & Dental School of Guy's and St Thomas's Hospitals, GKT (5 sessions).	1993-1996
Consultant Psychiatrist, with Lewisham & Guy's Mental Health Trust (7 sessions) and Senior Lecturer in Psychiatry, GKT, King's College London	1997-1999
This post then became a Consultant Psychiatrist post with South London & Maudsley (SLAM) NHS Trust and part-time Senior Lecturer in Psychiatry GKT until 2003.	1999-2004
Honorary Consultant Psychiatrist SLAM	2004- 2012
Consultant Psychiatrist at The Priory Ticehurst House	1996-

## ACADEMIC EXPERIENCE

Past examiner of the University of London

My main research interests are in Telepsychiatry and eMental Health and I have written articles and published in the peer reviewed literature on this subject. In 2003 I co-edited the first book on this subject Telepsychiatry and EMental health, published by the Royal Society of Medicine Press.

Between 1993 and 1999 I was Postgraduate Courses Coordinator in the Department of Psychiatry GKT and ran the Regional MRCPsych training course. I also established and taught modules in Cognitive Behaviour Therapy, Research Methods and Inpatient services on the Master's Degree in Mental Health Studies at GKT.

Between 1993 and 1996 I was Clinical Tutor for Canterbury & Thanet NHS Trust.

## REPRESENTATIVE EXPERIENCE

I was Deputy Chairman of the National Junior Doctor's Committee of the British Medical Association and a national negotiator. I had special responsibility for the campaign to reduce the working hours of junior doctors. I was a UK representative on the Permanent Working Group of European Junior Doctors.

Between 1996 and 2003 I was a South East Thames regional representative on the General Adult Psychiatry Section of the Royal College of Psychiatrists.

Between 1997 and 2000 I was Chairman of the Telemedicine & eHealth Forum of the Royal Society of Medicine.

## ADDITIONAL COURSES AND MEMBERSHIP

The Risk of Sexual Violence Protocol (RSVP) Institute of Psychiatry, London	2011
Fraud & Exaggeration in Personal Injury Claims Conference	2012
Understanding the Jackson Reforms	2013
Member of the International Society for Traumatic Stress Studies (ISTSS)	2008-
Member UK Psychological Trauma Society	2008-

## CONSULTING ROOMS

The Priory Ticehurst House, East Sussex.  
The Priory Hospital Hayes Grove, Bromley, London.  
The Priory Wellbeing Centre Fenchurch street, London.  
The Tunbridge Wells Nuffield Hospital.