

SPECIALISMS

ADHD (Diagnosis)
ASD (Diagnosis)
ADD (Diagnosis)
Asperger's (Diagnosis)
ADHD
ASD
ADD
Asperger's
Addiction
Antisocial Behaviour
Bereavement
Bipolar
Brain Injury
Capacity
Chronic Pain
Cultural Diversity
Depression/Anxiety
Domestic Violence
Drug/Alcohol/Substance Misuse
Historic Sex Abuse
Learning Difficulties
Learning Disabilities
Mood Disorder
Munchausen
Neglect
Non-Accidental Injury
OCD
Pain Management
Perinatal
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
Psychosomatic
PTSD
Schizophrenia
Self Harm
Sex Change
Sexual Abuse Victims
Suicidal ideation
Tourette's
Trafficking
Trauma
Victims of Torture

CASE TYPES

ADHD/ASD
Criminal
Disability Discrimination
Employment Tribunal
Family
Fitness to Plead
Housing
Immigration & Asylum
Litigation Capacity
Occupational Health
Personal Injury
Road Traffic Accident
Historic Sexual Abuse

MEDICO-LEGAL WORK

I have been trained in providing Expert Witness Reports, Independent Psychiatric Reports & giving Evidence in Court by training organisations in the UK to CPR and CrPR standard.

I hold full membership in the Expert Witness Institute /MEWI (membership no. 7797). I am registered with expertwitness.co.uk.

The number of new instructions received per year is about 40.

I am usually commissioned by Solicitors, Courts, Probation services, Insurance companies and Employment Tribunals. In addition, I am regularly commissioned by NHS England to chair Serious Untoward Incident reviews.

I have acted for claimant and defendants as well as receiving single and joint expert witness commissions. I have given oral evidence in Crown, Magistrates, Immigration, Family and Coroner's courts.

My expertise extends to the following:

- Criminal Psychiatric Reports & Assessments
- Competence/Capacity determination
- Fitness to plead Psychiatric Assessments
- Dangerousness & sentencing options including MHA 1983/2007 disposals
- Family/child care proceedings and parental assessments including risk assessment
- Employment Tribunals /Disability Discrimination Act/Occupational Matters
- Permanent Health Insurance claims: Psychiatric Reports on PTSD, Mental Capacity and Mental Health evaluations
- Immigration matters

and

Assessment and diagnoses of psychological/psychiatric injury resulting from various traumatic events including:

- RTA
- assault, domestic violence
- industrial accident
- war and torture
- bullying and harassment
- occupational stress
- psychological aspects of physical injury/disfigurement
- medical/clinical negligence

SPECIALITIES

- Psychosis (First episode and Schizophrenia)
- Substance Misuse (Dual Diagnosis)
- Mood Disorders (Bipolar and Depression)
- Post Traumatic Stress Disorder
- Post-Natal Depression
- Anxiety conditions (Generalised Anxiety Disorder, OCD, & Panic Disorder)
- Adult Asperger's and ADHD/Psychosis

QUALIFICATIONS

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|----------------|-------------------------------------------------------------------------------|
| 1995 | MBBS, London |
| 1999 | MRCPsych, London |
| 2012 | MEWI, London |
| 2014 | Certificate in Good Clinical Practice (National Institute of Health Research) |
| 1st April 2004 | CSST AWARD –General Adult and Rehabilitation Psychiatry |

SECTION 12 APPROVAL: 2001

GMC REGISTRATION: 4155416

CURRENT POSITION

June 2005 to date **Consultant in Adult Psychiatry**
West Middlesex University Hospital, West London Mental Health NHS Trust

Other appointments

Honorary Senior Lecturer
School of Medicine, Imperial College, London

Royal College of Psychiatrist's Tutor

West Middlesex University Hospital

NHS APPOINTMENT

Clinical Component 10 Sessions: 0.5 wte to Early Intervention Team and 0.5 wte to Inpatient Recovery service

The appointment was a new post to provide medical leadership to the Early Intervention Service (HEART) in Hounslow and spearhead its development. HEART is a now an established stand alone service with a caseload of 120 service users aged 18-35 with a first episode of psychosis with fidelity to the DoH Policy Implementation Guide. The service has an established a recovery approach for young people in the early stages of illness, integrated care pathways, a prodromal service and an active anti-stigma campaign.

I provide Consultant input to gender specific inpatient wards with 40 beds for Acute Adult Psychiatry. The model of care is focussed on delivering treatment for continuing care patients by personalising recovery care plans. The service has a full MDT which I lead, and treats a broad range of conditions including personality disorder, depression, anxiety, post traumatic disorder (PTSD), dementia, bipolar disorder, schizophrenia and dual diagnosis.



Previous to this appointment I provided clinical leadership to the Assertive Outreach Team with a caseload of 120 service users for two years. The Assertive Outreach team cares for difficult- to- engage patients who have a diagnosis of psychosis, do not adhere to treatment regimes & readily lose contact with services. Many of these patients have associated substance misuse & alcohol problems & experience socioeconomic deprivation. In Hounslow, a substantial proportion of these patients are from ethnic minorities and do not speak English as their first language.

I worked for three years as a Consultant Psychiatrist for the Feltham Community Mental Health Team treating a broad range of psychological conditions including personality disorder, depression, anxiety, post traumatic disorder (PTSD), dementia, bipolar disorder, Adult Aspergers and ADHD.

I provide evidence-based advice on the recognition, assessment, care and treatment of mental health problems ranging from common mental health problems like depression & anxiety to more serious mental illness, in women during pregnancy & the postnatal period, and in women who are planning a pregnancy.

I additionally assess and treat women who have developed significant psychiatric injuries following traumatic births.

MANAGEMENT AND SERVICE DEVELOPMENT ROLES

1. Chair of West London Mental Health NHS Trust Depression and Anxiety Working Group
2. Chair of Local Borough Community Network for Dual Diagnosis

AWARDS

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| 2013 | ICE Project/ Finalist for the BMJ award 2013 'Transforming patient care through Technology' category |
| 2010 | Trust Quality Award Excellence through Learning- Runner up ICE Project |
| 2008 | Trust Quality Award Innovation- Winner HEART |
| 2008 | Trust Quality Award Valuing Difference in Recovery- Runner up HEART |
| 2007 | Nomination for national award for Innovation, Health Service Journal |
| 2007 | Nomination for national award for Innovation, Care Services Improvement Partnership (CSIP) |

TEACHING EXPERIENCE

POSTGRADUATE

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| 2012 | Royal College Psychiatrists Evaluator for Eligibility for Specialist Registration |
| 2008-2016 | Elected to Board of Examiners for Royal College Psychiatrists MRCPsych CASC exam |
| 2008 | RCPsych Tutor for West Middlesex University Hospital & Educational Supervisor to Charing Cross Hospital core training scheme |
| 2007 | Peer reviewer of medical literature e.g. Genomics and Clinical Medicine (Oxford Monographs on Medical Genetics) by Kumar and Weatherall. |
| 2005 to date | Educational supervisor responsibility to CT1-3 and ST4-6 doctors. |
| 2001 | Chair of Medway Hospital Psychiatry Journal Club |

UNDERGRADUATE

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| 2010 | PACES Examiner in MBBS Psychiatry Finals for Imperial School of Medicine, London |
| 2006 to date | Teaching & supervision of Year 5 medical students from Imperial School of Medicine |
| 2001-2005 | Teaching and supervision of medical students from Guy's, King's and St. Thomas's medical school (GKT) OSCE Examiner in MBBS Psychiatry Finals for GKT medical students |

MEMBERSHIP OF PROFESSIONAL ORGANISATIONS

1. Associate member of the Association of Cognitive Analytical Therapists
2. British Medical Association
3. Medical Protection Society
4. Member of the Royal College of Psychiatrists
5. Registered for Continual Personal Development with the Royal College of Psychiatrists
6. Expert Witness Institute
7. Member of International Early Psychosis Association

PSYCHIATRIC APPOINTMENTS

HIGHER SPECIALIST TRAINING

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|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2001-2004 | South East Thames Region, South London & Maudsley Training scheme |
| March 2000- March 2002 | Wellcome Trust Research Psychiatrist, Section of Cognitive Psychopharmacology, Department of Psychological Medicine. Institute of Psychiatry, Maudsley Hospital, London Supervisors: Dr T Sharma and Professor J Gray. |

GENERAL PSYCHIATRY TRAINING

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| 1996-2000 | Guy's, Kings and St Thomas's Hospitals (GKT) Training Scheme for Senior House Officers |
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EDUCATION

Guy's, Kings and St Thomas's Hospitals (GKT) University of London

SELECTION OF PRESENTATIONS

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| 2013 | Paliperidone use in early psychosis North West EIS conference, Cheshire |
| 2013 | The characteristics of law breaking behaviour in First Episode Psychosis Poster at European Congress of Psychiatry 2013 |
| 2011 | Structural neuroimaging in first-episode psychosis, Technology Appraisal 136: Use of neuroimaging in early intervention service patients in Hounslow. Poster at European Congress of Psychiatry, Vienna, Austria |
| 2008 | "Medical Recovery" The Road to Recovery, Watermans Art Theatre, Brentford, London. |
| 2007 | "Early Intervention Services-The Big Plan" EIS South West Region conference, Twickenham Rugby Ground, London. |
| 2000 | Neurological soft signs in schizophrenia: cognitive, clinical and structural correlates. Poster at Biennial Schizophrenia workshop, Davos, Switzerland |

RESEARCH

- Benemin Study at Imperial College, London. Prescriber role in the trial of using minocycline for the treatment of negative symptoms of psychosis.
- Group IVA Phospholipase A2 (IVA PLA2): A Putative Diagnostic Biomarker of Schizophrenia in First Episode Psychotic Patients-Principal Investigator for research project (proposal submitted to IRAS for approval).

PUBLICATIONS

- **R Mehrotra** and A Mukherjee (2013)
The characteristics of law breaking behaviour in First Episode Psychosis
Poster and Abstract at the European Congress of Psychiatry 2013
- S Otero and **Ravi Mehrotra** (2009)
Structural neuroimaging in first-episode psychosis, Technology Appraisal 136: Use of neuroimaging in early intervention service patients in Hounslow
Abstract submission at European Congress of Psychiatry 2011
- Anantha P. P. Anilkumar, Veena Kumari, **Ravi Mehrotra**, et al (2008)
An fMRI study of face encoding and recognition in first-episode schizophrenia
Acta Neuropsychiatrica June 2008 - Vol. 20 Issue 3, pages 129–138
- Veena Kumari, Anantha PP Anilkumar, Dominic H ffytche, **Ravi Mehrotra** et al (2008)
Neural Effects of Ziprasidone Monotherapy in First-Episode Schizophrenia: A Longitudinal Study using fMRI and a Procedural Learning Paradigm
Journal Clinical Schizophrenia & Related Psychoses. Volume 1, Number 4 / 317-327
- Halari R, **Mehrotra R** et al (2006)
Does self-perceived mood predict more variance in cognitive performance than clinician rated symptoms in schizophrenia?"
Schizophrenia Bulletin Oct 32(4) 751-758
- Postma P, Gray JA, Sharma T, Geyer M, **Mehrotra R** et al (2006).
A behavioural and functional neuroimaging investigation into the effects of nicotine on sensorimotor gating in healthy subjects and persons with schizophrenia
Psychopharmacology (Berl). Feb;184(3-4):589-599
- Halari R, **Mehrotra R** et al (2006).
Cognitive impairment but preservation of sexual dimorphism in cognitive abilities in chronic schizophrenia.
Psychiatry Res. Jan 18
- Antonova E, Kumari V, Morris R, Halari R, Anilkumar A, **Mehrotra R** et al. (2005).
The relationship of structural alterations to cognitive deficits in schizophrenia: a voxel-based morphometry study.
Biol Psychiatry. Sep 15;58(6):457-67.



- Halari R, Hines M, Kumari V, Mehrotra R et al.(2005)
Sex differences and individual differences in cognitive performance and their relationship to endogenous gonadal hormones and gonadotropins.
Behav Neurosci. Feb;119(1):104-17.
- Young AM, Kumari V, Mehrotra R et al (2005).
Disruption of learned irrelevance in acute schizophrenia in a novel continuous within-subject paradigm suitable for fMRI
Behav Brain Res. Jan 30;156(2):277-88.
- Halari R, Wheeler M, Mehrotra R et al (2004).
The relationship of sex hormones and cortisol with cognitive functioning in schizophrenia.
J Psychopharmacol. Sep;18(3):366-74.
- Das M, Kumari V, Soni W, Ettinger U, Binneman B, Hughes C, Mehrotra R et al(2004).
Neurological soft signs and their relationship to cognitive and clinical efficacy of atypical antipsychotics in schizophrenia.
Schizophr Bull. 2004; 30(2): 241-53.
- Kumari V, Zachariah E, Galea A, Jones HC, Das M, Mehrotra R et al (2003).
Effects of acute procyclidine administration on prepulse inhibition of the startle response in schizophrenia: a double-blind, placebo-controlled study.
J Psychopharmacol. Mar;17(1):89-95.
- Zachariah E, Kumari V, Galea A, Das M, Mehrotra R, et al.(2002).
Effects of oral procyclidine administration on cognitive functions in healthy subjects: implications for schizophrenia
J Clin Psychopharmacol. Apr;22(2):224-6.
- Kumari V, Zachariah E, Mehrotra R et al (2001).
Effects of procyclidine on prepulse inhibition of the acoustic startle response in healthy human volunteers.
Psychopharmacology Mar; 154 (3): 221-9.
- **Mehrotra R et al (2000).**
Neurological soft signs in schizophrenia: cognitive, clinical and structural correlates.
Schizophrenia Research, 41 (1), 262 (abstract).
- Soni W, Mehrotra R et al (2000).
Change in negative symptoms with risperidone predicts improved quality of life in schizophrenia.
Schizophrenia Research, 41 (1), 66 (abstract).

