

## SPECIALISMS

- Addiction
- ADHD
- Alienation
- Antisocial Behaviour
- Anxiety
- ASD
- Attachment
- Bereavement
- Bipolar
- Capacity
- Cultural Diversity
- Custody
- Depression
- Domestic Violence
- Drug/Alcohol/Substance Misuse
- Fabricated Illness
- Historic Sex Abuse
- Learning Difficulty
- Learning Disability
- Military
- Mood Disorder
- Munchausen
- Neglect
- Paedophilia
- Personality Disorders
- Psychosexual
- Psychosis
- Psychosomatic
- PTSD
- Risk
- Schizophrenia
- Self Harm
- Sex Change
- Sexual Abuse Victims
- Sexual Harassment
- Suicidal Ideation
- Trauma

## CASE TYPES

- Clinical Negligence
- Cognitive Assessments
- Criminal
- Family Proceedings
- Fitness to Plead
- Forensic
- Global Family Assessments
- Historic Sex Abuse
- Personal Injury
- Risk Assessments
- Second Opinion

## REPORTS

I have prepared many reports for the family/criminal courts in the United Kingdom and over 200 reports for court proceedings within the United States of America. I have considerable experience of preparing psychological reports of a high standard. These have been used in a variety of contexts, including for training purposes.

These reports have covered the following areas:

- Public Law assessments of children aged 8 and over and adults
- Assessment of parenting
- Assessment of attachment
- Assessment of family dynamics
- Abuse & Neglect
- PTSD in children and adults
- Anxiety and depression in children and adults

I submit Mental Health Review Tribunal reports as necessary, which most commonly include in-depth risk, personality, cognitive, and mental health assessment information, formulations and management strategies and recommendations. Such reports may be shared with various services, including other rehabilitation services, hospital settings, community teams, and independent providers. I have prepared several reports for solicitors and social services regarding adults and their mental health, personality, cognition, and risk in relation to parenting.

I routinely prepare reports of Care Programme Approach review meetings, which provide an overview of psychological assessment, formulation and interventions. These reports are shared with Multi-Disciplinary Team members, commissioners, and external clinicians on a regular basis.

## AREAS OF EXPERTISE

- Assessment of adults
- Assessment of ability to parent
- Assessment of parenting risk
- Child and Adolescent Mental Health
- Children in Care aged 8 and over
- Adolescent Forensic Mental Health
- Alcohol and substance misuse
- Domestic violence
- Attachment
- Adult mental health & Adult Forensic Mental Health
- Assessment of risk of offending, including:
  - Anger/aggression
  - Domestic violence
  - Sexual offending
- Depression & anxiety
- Post-Traumatic Stress Disorder
- Self-harm & suicidal ideation
- Trauma
- Abuse & neglect –physical, emotional or sexual
- Ability to protect
- Ability to prioritise the needs of the children
- Family dynamics
- Ability to work with professionals
- Capacity to change
- Capacity assessment
- Cognitive assessment



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### RELEVANT EXPERIENCE

I am a HCPC registered Clinical & Forensic Practitioner Psychologist, and Chartered Clinical Psychologist of the British Psychological Society. I am originally from the USA, and completed my doctoral training at the California School of Professional Psychology in San Francisco.

I also gained a Master's Degree in Marriage and Family Therapy at San Francisco State University.

I currently work in independent private practice, particularly with patients who present with symptoms related to depression and mood disorders, sexual abuse and trauma histories, substance misuse/dependence, internet addiction, and compulsive sexual behaviour.

I am experienced in conducting psychological assessments and evaluations, marital/relationship psychotherapy, consulting military members and their families during deployments and/or reintegration, and teaching/supervising doctoral and masters level students.

I am skilled in the use of a wide range of psychological assessment tools relating to the assessment of personality, risk of violence or sexual offending, cognitive assessment and the assessment of parenting.

### QUALIFICATIONS, TRAINING & RESEARCH

Sept 99 - Jan 04: California School of Professional Psychology, San Francisco  
**APA Accredited Doctoral Program**  
Doctor of Psychology, Clinical Psychology (Psy.D.)

Sept 94 - May 97: San Francisco State University, San Francisco, California  
**Master of Science, Counselling**

Sept 85 - Aug 89: Hofstra University, Hempstead, New York  
**Bachelor of Business Administration**  
Major: Accounting; Minor: Business Computer Information Systems

### TRAINING

2013: International Personality Disorder Examination  
HCR-20 Version 3

2013: Short Term Assessment of Risk and Treatability

2013: Abuse, Trauma and Dissociation: Understanding and Working Towards Recovery  
Advanced Supervisor Workshop (Dr Lucy Johnstone)  
Preparing to Teach in the Lifelong Learning Sector  
Educational Seminar in Risk Assessment (Prof Chris Webster) Obsessive Compulsive Disorder Workshop (Paul Salkovskis)  
EMDR Part 2 (Alexandra Richman)  
Introductory Supervisor Workshop  
Psychopathy Checklist Revised (David Cooke)  
Assessment and Management of Violence Risk using the HCR-20 EMDR Part 1 (Alexandra Richman)  
Raising Awareness: Child Protection and Child Abuse Mindfulness-Based Cognitive Therapy for Depression



### RESEARCH

Sept 00 - Jan 04

#### **The Etiology and Treatment of Psychopathy**

Clinical dissertation research examining the historical background and theoretical understanding of the etiology and treatment of violent psychopaths.

Nov 97 - Apr 99

#### **Rehabilitation, Research & Training Centre on Mental Health for the Hard of Hearing or Late Deafened**

Assisted in data collection for ongoing research projects in the area of mental health issues for deaf and/or hard-of-hearing, and/or late-deafened individuals.

### PROFESSIONAL MEMBERSHIPS

- Registered Clinical and Forensic Psychologist with the Health & Care Professions Council – Registration Number: PYL23748
- Chartered Clinical Psychologist – British Psychological Society
- Associate Fellow – British Psychological Society
- Special Group for Independent Practitioners – British Psychological Society, Treasurer, 2013 - Present

### CLINICAL EXPERIENCE

Feb 05 – present      **Practitioner Psychologist — Independent Practice**

- Long-and short-term psychotherapy services to individual adults and couples.
- Psycho-diagnostic assessments, conducting assessments within family law proceedings, sexual offender evaluations, risk assessment, peace/police officer disqualification appeal evaluations, pre-bariatric surgery psychological evaluations.
- Expert witness testimony.
- Clinical supervision with doctoral level interns and externs.
- Assist military personnel and their families with issues faced throughout the cycle of deployment, and reintegration with their community and families upon return.

Aug 09 – Aug 11      **Cygnet Hospital, Stevenage, Hertfordshire and Beckton, Consultant Psychologist**

- Head of the Department of Psychology, provide direct line management to, and clinical supervision for, 5 psychologists and 2 assistant psychologists.
- Provide individual and group psychotherapy to adults hospitalised under the Mental Health Act 1983
- Responsible for the Planning, Implementation and Evaluation of patient care
- Perform full psychodiagnostic assessments, and suitability for admission evaluations conducted at off-site correctional and/or mental health facilities.

Nov 07 – July 08      **Gateways Hospital, Los Angeles, California, Clinical Director**

- Clinical supervision and program development for Los Angeles County Conditional Release Program.
- Extensive written forensic evaluations of patients deemed Not Guilty By Reason Of Insanity, Incompetent to Stand Trial, and/or Mentally Disordered Sexual Offenders
- Conducted research, managed clinical staff, and provided specialised training to mental health professionals, attorneys, law enforcement, and community groups regarding forensic mental health issues.



May 07 – Nov 07

**Department of Corrections & Rehabilitation, California, Senior Psychologist – Supervisor**

- Direct observation and supervision of clinical staff, in both the administrative and clinical domains, which included assessment of their clinical competencies and/or deficiencies.
- Crisis intervention and ongoing treatment of patients in a correctional setting
- Provided training in cognitive behavioural/group/short-term treatment interventions.

April 06 - April 07

**Kirby Forensic Psychiatric Centre, New York, Licensed Psychologist**

- Forensic assessment and report writing for risk assessment of Not Guilty by Reason of Insanity patients and Fitness to Proceed with Trial evaluations.
- Treatment and evaluation of Sexually Violent Predators (SVP), who were civilly committed after completing sentences in the correctional system.
- Comprehensive risk assessments for dangerousness and potential for re-offending; Psychological testing, forensic evaluations, and reports.
- Expert testimony in criminal court.

June 05 - June 06

**Riker's Island Prison Health Services, New York, Clinical Supervisor**

- Direct observation and supervision of clinical staff, in both the administrative and clinical domains, which included assessment of their clinical competencies and/or deficiencies.
- Provided psychological services to patients within the jail facilities who exhibited difficult or complex problems requiring a higher level of professional intervention.

Sept 03 - Sept 05

**St. Peter's University Hospital Child Protection Centre, New Brunswick, New Jersey  
Psychologist/Post-Doctoral Intern**

- Extensive Psychological evaluations on Family Services mandated referred individuals and families
- Adult, adolescent, and child perpetrators and/or victims of alleged abuse.
- Comprehensive interview, psychodiagnostic test battery, summary and treatment recommendations.
- Evaluations regarding the attachment relationships between children and their parents or caregivers.
- Expert testimony in family and/or criminal court proceedings.
- Presentations on child maltreatment to various community agencies.

July 97 - Apr 99

**The Lesbian & Gay Men's Community Center, San Diego, CA  
HIV Mental Health Services (Supervisor: Howard Newsom, Ph.D.)**

Position: MFT Registered Intern/Psychology Practicum I

- Provided long- and short-term psychotherapy to Lesbian, Gay, Bisexual, and Transgendered individuals and couples diagnosed with HIV disease and co-morbid mental health disorders.
- Relationship counselling and substance abuse treatment
- Co-facilitated psychotherapy groups for managing sexual behaviour and coping with HIV disease.



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Sept 96 - May 97

Position: MFT Trainee (Supervisor: Millie Stansfield, MFT)

### **Catholic Charities Hearing Impaired Program, San Francisco, CA**

- Psychotherapy, case management, and crisis services to Deaf and Hard-of-Hearing adults, children, and families using American Sign Language.
- Intake interviews, psychosocial assessments, and co-facilitated group therapy with teens of Deaf parents.
- Accompanying academic coursework analysing scientific literature regarding mental health service delivery with deaf patients.

Sept 96 - May 97

### **New Leaf Services/Operation Concern, San Francisco, CA** **AIDS Mental Health Program (Supervisor: Richard Mixon, Ph.D.)**

Position: MFT Trainee

- Long-term and brief psychotherapy to Gay, Bisexual, and Transgendered individuals and couples diagnosed with HIV disease and co-morbid mental health disorders.
- Intake interviews, psychosocial assessments, substance abuse treatment, and couples therapy.
- Administered symptom inventories used to measure efficacy of treatment interventions.
- Co-facilitated psychotherapy groups with sexually compulsive Gay and Bisexual men, as well as creative arts therapy groups for HIV positive men and men with Dissociative Identity Disorder.
- Collection and analysis of contemporary research regarding mental health issues of population.

Sept 95 - May 96

### **St. Mary's Hospital & Medical Center, San Francisco, CA** **HIV Services (Supervisor: Melissa Holub, Ph.D.)**

Position: MFT Trainee

- Provided individual and couple psychotherapy services to patients who were affected by, or infected with, the HIV/AIDS virus at all stages of infection.
- Multiple psychiatric diagnosis, substance abuse/dependence treatment, HIV-related mental health issues.
- Performed psychosocial assessments and evaluations of clinic patients, and referred clients to case managers and/or community organizations.
- Functioned as a member of an interdisciplinary team, and updated medical records and charts accordingly.

## **OTHER RELEVANT INFORMATION**

- Full enhanced DBS clearance certificate number: 001337502203
- I hold personal professional indemnity insurance.
- I am available for national and international travel.

## **REGISTRATIONS**

- HCPC Registration No. PYL23748
- CRB Registration No. 001337502203



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