



SPECIALISMS

Anxiety
Bipolar
Cultural Diversity
Custody
Deliberate Child Injury
Depression
Domestic Violence
Fabricated and Induced Illness
Factitious Disorder
Mood Disorder
Munchausen
Neglect
Non-Accidental Injury
OCD
Perinatal
Personality Disorders
Postnatal Depression
Psychosis
PTSD
Risk
Schizophrenia
Self Harm
Sexual Abuse Victims
Suicidal Ideation
Trafficking
Trauma
Victims of Torture

CASE TYPES

Clinical Negligence
Coroner's Reports
Employment Tribunal
Family
Occupational Health
Second Opinion

INTRODUCTION AND EXPERTISE

I am a Consultant Adult and **Perinatal Psychiatrist** with broad experience in clinical and Medico-Legal practice. I **work extensively in Family and Civil Courts**, and **specialise in the preparation of reports in Children Act and Clinical Negligence proceedings**.

I have particular experience assessing patients who received **negligent obstetric or gynaecological care**, or **negligent mental healthcare in the perinatal period**. I also have particular experience assessing mothers **who have deliberately harmed their children**, including cases of **Fabricated and Induced Illness**. Since 2012 I **have prepared more than 400 reports**, and have given evidence on numerous occasions in **County and High Courts** and at **Coroners' Inquests**.

I am based in London and can travel as required to assess clients in their homes or solicitors' offices throughout the UK or abroad. Fees vary depending on the instruction.

In my NHS post, I have worked in the **specialist Perinatal service in the East London borough of Newham** for more than 15 years, treating pregnant and postnatal women suffering from mental health problems. I specialise in the management of patients with **psychotic illness, severe mood disorders and personality disorders**, co-ordinating complex packages of care and working closely with child protection agencies to assess and manage risk.

I am highly experienced in helping patients from **culturally diverse backgrounds**, and patients with a **history of trauma and abuse**. I have a Master's Degree in Culture and Health, with a particular focus on **transcultural psychiatry**.

For six years until 2021, I was **Associate Clinical Director** for Crisis Care psychiatric services in the London Borough of Newham, with senior management responsibility for the Psychiatric Liaison Service, the Home Treatment Team, and the Perinatal Mental Health Team. I therefore have detailed knowledge of best-practice care delivery across acute NHS services.

I am part of the Royal College of Psychiatrists Expert Reference Group on Factitious and Induced Illness.

I have worked extensively for the GMC developing fitness-to-practice assessment tool. I have worked as an independent expert on Serious Untoward Incident Enquiries for several large NHS Trusts. I am an NCAS-trained case investigator, and have been frequently called upon within the NHS to investigate concerns about a doctor's conduct or clinical practice.





SPECIFIC AREAS OF EXPERTISE

Adult psychiatry: the assessment and management of working-age patients with mental illness including psychosis, depression, personality disorder and trauma/PTSD.

Perinatal psychiatry: the assessment and management of pregnant and postnatal women

PROFESSIONAL APPOINTMENTS

Consultant Perinatal Psychiatrist, Newham 2009-present

Associate Clinical Director, Newham 2015-2021

Committee Member, Perinatal Executive RCPsych, London 2011-2014

Consultant Perinatal Psychiatrist, Hackney 2011-2013

Consultant Liaison Psychiatrist, Newham 2009-2011

PROFESSIONAL QUALIFICATIONS

MSc in Culture and Health University College London 2009

Approved Clinician Training London/North Thames 2009

CCT in General Adult Psychiatry London Deanery 2009

Section 12 Approval London/North Thames 2006

Member of the Royal College of Psychiatrists RCPsych London 2006

MB BS University College London 2002

BSc (intercalated) in Psychology University College London 1998

I completed my psychiatric Training in London. I gained wide experience in the assessment and treatment of mental disorders. As well as working extensively in General Adult Psychiatry my training included 6 months each of Child and Adolescent Psychiatry, Eating Disorders, Old Age Psychiatry, and Psychiatric Intensive Care.

As a Higher Specialist Trainee I gained particular experience in Perinatal and Liaison Psychiatry, including the assessment and management of Medically Unexplained Symptoms.

PUBLICATIONS

Psychotropic medications and breastfeeding: CPD Online Module
C Musters, A Soares. Royal College of Psychiatrists (2012)

Key questions on postnatal depression
C Musters. PULSE (2011)

Delusional infestation with unusual pathogens: a report of three cases
P Dewan, J Miller, C Musters, R Taylor, T Bewley. Clinical Dermatology (2011)

The rise and fall of a psychiatric antenatal clinic: development of a perinatal psychiatric service linked directly to the provision of antenatal care. N Shah, C Musters, A Selwood, D Ellis. Obstetric Medicine (2010)

Managing women with postnatal depression
C Musters, C Fusco. Journal of Primary Care Women's Health (2010)

Managing patients without their consent: a guide to recent legislation
C Musters. British Journal of Hospital Medicine (2010)

Management of postnatal depression
C Musters, E McDonald, I Jones. British Medical Journal (2008)

