



SPECIALISMS

ADHD (Diagnosis)
ADD (Diagnosis)
ADHD
ASD
ADD
Asperger's
Addiction
Antisocial Behaviour
Anxiety
Attachment
Bereavement
Bipolar
Capacity
Cognitive Behavioural Therapy
Custody
Dementia
Depression
Domestic Violence
Learning Disabilities
Mood Disorder
Neglect
Non-Accidental Injury
OCD
Paedophilia
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
PTSD
Risk
Schizophrenia
Self Harm
Sex Offenders
Sexual Abuse Victims
Sexual Harassment
Suicidal Ideation
Trauma
Victims of Torture

CASE TYPES

ADHD
ASD
Cognitive
Criminal
Family Proceedings
Fitness to Plead
Forensic
Historic Sexual Abuse
Immigration & Asylum
Litigation Capacity
Neuropsychological
Risk Assessments
Testamentary Capacity

MEDICO-LEGAL AND EXPERT WITNESS EXPERIENCE

I have been working privately as an independent Expert Witness for more than six years. I have completed more than two hundred medico-legal reports for the purposes of **Oral Hearings of Parole Boards in prisons, reports for criminal proceedings in Crown Court, immigration cases, and parenting assessments for Family Court.** I have worked with translators in a number of these cases.

I am experienced in using **psychometric measures & actuarial risk assessment** tools as well as clinical interview when assessing individuals for **personality disorders, psychopathic personality, cognitive difficulties, intellectual impairment, attachment style, ADHD, complex trauma, psychiatric diagnoses and histories of abuse or neglect.**

My written reports are of an extremely high standard and I produce informative, comprehensive reports in a timely manner.

Examples of instructions/assessments (not exhaustive):

- Assessment of risk of future sexual offending (e.g., SARN, RSVP, Risk Matrix 2000).
- Assessment of risk of future non-sexual offending including arson (e.g., HCR-20 version 3).
- Risk assessment where a sexual offender denies their offence.
- Offending behaviour programme suitability.
- Cognitive functioning or suggestibility/compliance (e.g., WAIS-IV; GSS).
- Domestic violence risk assessment (e.g., SARAv3).
- Parole, Court or prison adjudication reports.
- Psychopathy or personality assessment (e.g., PCL-SV, SCID-II, IPDE).
- Substance misuse related reports (e.g., necessity for further psychological treatment).
- Assessment of psychological functioning and mental health issues, including trauma, attachment style, psychosis, depression, anxiety (e.g., MCMI-IV).

ACADEMIC QUALIFICATIONS

Doctorate in Forensic Psychology	University of Surrey (2012)
Masters in Forensic Psychology	University of Kent (2002)
BSc Psychology (Hons) 2:1	University of Essex (2000)

PROFESSIONAL QUALIFICATIONS AND MEMBERSHIP

Associate Fellow, British Psychological Society

Chartered Psychologist

Full Member of the Division of Forensic Psychology

Registered Practitioner Psychologist, Health Care Professions Council (PYL 30454)





EMPLOYMENT HISTORY

Present

Independent Expert Witness

April 2017—Present

Sussex Partnership NHS Foundation Trust, Secure and Forensic Services

Senior Forensic Psychologist, Band 8a

- I have recently started working with West Sussex Youth Offending Service as the lead practitioner for Emotional Wellbeing and Mental Health. The service works with Young People between the ages of 10 and 17 years who are at risk of offending or have been convicted of offences.
- My role involves the assessment of young people, brief psychological intervention when appropriate, facilitating reflective practice and providing weekly consultation groups for formulating high risk cases.
- The development of a group work programme for young offenders using an integrated psychological approach drawing on trauma and attachment theory, DBT, and CBT.

April 2013—April 2017

Sussex Partnership NHS Foundation Trust, Secure and Forensic Services

Applied Psychologist, Band 8a

I was the named psychologist for the men's low secure unit at the Hellingly Centre. My role involved attending recovery reviews and CPA meetings on a weekly basis, assessment of new admissions, risk assessments (including HCRV3, PCL-SV, RSVP), development of risk management plans and individual treatment (including complex case formulations). Individual treatment focussed on offence analysis, risk assessment, dialectical behaviour therapy, substance misuse and cognitive assessment. I have experience of running a ward-based mindfulness group and a hospital-wide aggression management group, attended by male and female patients. I facilitated reflective practice groups for ward staff and supervised an assistant psychologist and a psychology intern.

2012—2013

The Priory - Ticehurst House

Dialectical Behaviour Therapist

The main function of my role at Ticehurst House was to identify and deliver appropriate and relevant treatment in order to promote and develop the mental, emotional and social wellbeing of clients. Additionally I liaised with the families and carers of those in our care. I worked within Child and Adolescent Mental Health Services seeing both inpatients and outpatients for Dialectical Behaviour Therapy, individually and in groups. I attended ward rounds, risk management meetings and CPAs and completed written reports for these. I ran weekly mindfulness groups on the adolescent units. I attended community meetings with staff and patients on both the high dependency unit and the tier 4 unit.

2008—2012

Partnerships in Care - The Dene

Assistant Psychologist

Whilst employed at The Dene, a medium secure unit, I was responsible for conducting initial psychological assessments with newly admitted patients, writing therapy progress reports, attending multi-disciplinary team meetings and CPAs. I facilitated CBT groups for anxiety management and substance misuse. Following my qualification in DBT I worked individually with patients and taught the skills training group. I attended the weekly consultation team as well as reflective practice and clinical supervision. I conducted a weekly psychology drop-in clinic and a psychotherapeutic community meeting on the personality disordered patients' ward. My role also included conducting risk assessments for violence (HCR20).





EMPLOYMENT HISTORY CONTD.

2005—2012

University of Surrey / HMP Dovegate

PhD Student

My thesis aimed to evaluate the effectiveness of treatment within a therapeutic community for male personality disordered offenders. I assessed prisoners using the Structured Clinical Interview for DSM-IV personality disorders; administered and analysed the results of a battery of ten psychometric questionnaires. As a result of my research, I was commissioned by Palgrave Macmillan to publish a book in mid-2014.

2007—2008

Insight Conferences

Guest Professional Lecturer

I was employed on a freelance basis by Insight Conferences as a guest professional lecturer. These conferences were provided for A-Level students from schools throughout the country. Audiences contained between 150 and 1000 students. Lecture titles included: "Female Offenders"; "Psychopathy", and "A day in the life of a Forensic Psychologist".

2002—2004

Centre for the Economics of Mental Health, Institute of Psychiatry

Research Worker

My role was the day-to-day management of a project studying prescribing patterns for erectile dysfunction. This included collection, collation, analysis and dissemination of results. I recruited 155 patients from urology and psychosexual clinics in London, thereby utilising my interpersonal skills. I had access to patient case notes and gained important experience of working with a vulnerable population and sensitive material. Furthermore, I managed a Delphi panel consisting of experts from the fields of psychiatry, urology and general practice.

ADDITIONAL PROFESSIONAL TRAINING

2023—Motivational Interviewing and Mentalization—The Anna Freud Centre

2021—Technology assisted harmful sexual behaviours in children—The AIM Project

2020—AIM3—The AIM Project

2019—Spousal Assault Risk Assessments (SARAv3)

2018—Violent Extremism Risk Assessment (VERA)

2017—Gudjonsson Suggestibility Scales, Psychology Services Ltd.

2017—MCMI-IV Training, Dr Ruth Tully, Tully Forensic Psychology

2015—Family Interventions, University of Surrey

2013—Critical Incident Stress Management (Debriefing) training, NHS

2013—HCR-V3 training, NHS

2012—The Psychology of Sexual Violence, British Psychological Society

PUBLICATIONS

Northey S. Prescribing of Sildenafil (Viagra) in high income countries. *Mental Health Research Review* 2003, Number 9, p. 21.





PUBLICATIONS CONTD.

Werneke U, Knapp M, & **Northey S**. Sildenafil prescribing in patients with psychological distress. *The Journal of Mental Health Policy and Economics* 2003, Volume 6, Supplement 1, S49. [Abstract].

Werneke U, **Northey S**, Knapp M, Bhugra D, Crowe M & Smith S. (2005). Prescribing for erectile dysfunction: a Delphi based consensus study. *Sexual and Relationship Therapy*, 20(2), 181-194.

Werneke U, **Northey S** & Bhugra, D. (2006). Antidepressants and sexual dysfunction. *Acta Psychiatrica Scandinavica*, 114(6), 384-397.

Brown J, Miller S, **Northey S** & O'Neill D. (2014). What Works In Therapeutic Prisons: Evaluating Psychological Change in Dovegate Therapeutic Community. Palgrave Macmillan.

