



## SPECIALISMS

ADHD (Diagnosis)  
ASD (Diagnosis)  
ADD (Diagnosis)  
Asperger's (Diagnosis)  
Alienation  
Antisocial Behaviour  
Anxiety  
Attachment  
Bipolar  
Capacity  
Cognitive Behavioural Therapy  
Custody  
Depression  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Fabricated Illness  
Learning Difficulties  
Learning Disabilities  
Mentalization Based Therapy  
Mood Disorder  
Munchausen  
Neglect  
Non-Accidental Injury  
OCD  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosis  
Psychosomatic  
PTSD  
Risk  
Schizophrenia  
Self Harm  
Sex Change  
Sexual Abuse Victims  
Suicidal Ideation  
Trauma

## CASE TYPES

ADHD  
ASD  
Cognitive  
Criminal  
Disability Discrimination  
Employment Tribunal  
Family  
Fitness to Plead  
Forensic  
Housing  
Immigration & Asylum  
Litigation Capacity  
Neuropsychological  
Occupational Health  
Personal Injury  
Risk Assessments  
Road Traffic Accident  
Second Opinion  
Testamentary Capacity

## MEDICO-LEGAL EXPERIENCE

Dr Pipon-Young has experience of conducting assessments and written reports of adults for a wide range of medico-legal contexts including the family courts and personal injury cases. She provides opinions for people with a wide range of difficulties including mental health issues, personality problems, trauma/ PTSD and autism spectrum disorders. She has specialist interests in attachment, trauma and complex trauma as well as non-accidental injury in children.

These difficulties include complex psychiatric presentations (such as psychosis) to more subtle issues relating to **problematic personality traits** and **higher functioning autism spectrum disorders**. She has an interest in cases where non-accidental injury towards children is suspected and has conducted numerous **risk assessments of parents**.

## MEDICO-LEGAL SPECIALIST TRAINING

Dr Pipon-Young has undertaken specialist training in the assessment of attachment, personality, ADHD, PTSD, intellectual functioning and cognitive assessments. She is also familiar with assessing individuals where impression management may be a feature.

Dr Pipon-Young has provided **oral evidence in court** many times, including the High Court, in her capacity as an expert witness and has undertaken specific training in court skills.

## CLINICAL EXPERIENCE

Dr Pipon-Young has worked within mental health services since 2002. She currently works in independent practice, primarily as an expert witness and clinical assessor in ADHD and autism. She has provided over 500 reports for the civil, criminal and family courts since 2014, as well as Immigration Tribunals, the Court of Protection and in housing cases.

Outside of expert witness work, Dr Pipon-Young has been involved with the Horizon Scandal Support Fund providing therapy to victims of the Post Office scandal.

Previous positions include Principal Clinical Psychologist for a specialist family intervention service in East Sussex, where Dr Pipon-Young assessed and offered interventions to parents involved with Local Authority Children's Services. She also managed the cognitive assessment service for East Sussex County Council and was responsible for over 100 cognitive assessment reports during her time in this position.



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## **CLINICAL EXPERIENCE CONTD.**

Prior to this, Dr Pipon-Young was the lead clinical psychologist for an NHS women's forensic inpatient service covering West and East Sussex localities. She has 8 years of experience working with adult forensic populations in medium and low secure hospital settings, as well as in community rehabilitation.

Dr Pipon-Young has undertaken specialist training in the assessment of personality, parental attachment strategies, domestic abuse, psychopathy, ADHD, autism and intellectual functioning. She is known as having particular expertise in the expressions of neurodiversity in women (e.g., ADHD and autism).

Dr Pipon-Young is also trained in the Meaning of the Child Interview, which looks at a parent's understanding of their relationship with their child. Dr Pipon-Young has specialisms in complex trauma, attachment, and non-accidental injury of children. She regularly completes risk assessments of adults including cases of sexual harm, child abuse, infanticide, violence, and fabricated and induced illness (FII).

In addition to her clinical and expert witness roles, Dr Pipon-Young was previously a visiting lecturer at the University of Sussex in the areas of clinical and forensic psychology between 2013—2018 and an associate member of Canterbury Christ Church University in her capacity as a research supervisor for the clinical psychology doctorate course. She has also presented at national and local conferences on issues relating to forensic psychology, parenting and women's mental health. Dr Pipon-Young now mentors and supervises other forensic and clinical psychologists who are acting as expert witnesses. Since 2023, Dr Pipon-Young has also delivered a series of webinars and presentations to legal professionals in areas of relevance to expert witness work.

## **DR PIPON-YOUNG'S SKILLS CAN BE SUMMARISED AS FOLLOWS:**

- Full psychological assessment of individuals with a specialism in personality, trauma, cognitive issues, non-accidental injury, risk, impression management and relationship functioning.
- Risk assessments around parenting, self-harm/ suicidality, domestic violence, sexual offending (including against children), substance misuse, arson and many forms of recidivism risk.
- Assessment & treatment of people with mental health histories, psychopathy, personality disorders, eating distress, attention deficit and hyperactivity disorder, autistic spectrum disorders, drug & alcohol problems and histories of trauma.
- Assessment of mental capacity and functioning (particularly in relation to fitness to litigate/ plead/ stand trial).
- Leadership and supervision of others.
- Training and consultation to wide range of audiences including legal professionals, social work staff, students and other psychology colleagues.
- Conducting research and service development projects in the areas of forensic mental health, including development of novel treatment protocols and service policies.





## ACADEMIC QUALIFICATIONS

2008      Doctor of Clinical Psychology: Canterbury Christ Church University, Salomons (2008)  
2001      BA (Hons) Social Psychology: University of Sussex (1<sup>st</sup> Class Honours)

## PROFESSIONAL QUALIFICATIONS & MEMBERSHIPS

Chartered Psychologist and full member of the British Psychological Society (152080)  
Registered Practitioner Psychologist, Health and Care Professions Council, (PYL21710)

## EMPLOYMENT HISTORY

July 2025—Present      *Clinical Associate*, The ADHD Clinic, High Weald House, Bexhill-on-Sea

2012—Present      *Independent Practice & Expert Witness* work including as an associate for “Expert in Mind” expert witness company since 2015.

June 2016—Nov 2018      *Principal Clinical Psychologist*, SWIFT Specialist Family Intervention Service, Sussex Partnership NHS Foundation Trust & East Sussex County Council

Feb 2014—May 2016      *Psychological Therapies Lead for the Women’s Forensic Healthcare Services*, Sussex Partnership NHS Foundation Trust

2005—2008      *Trainee Clinical Psychologist*, Salomons, Canterbury Christ Church University.

2004—2005      *Assistant Psychologist*, Wandsworth Primary Care NHS Trust

2003—2004      *Assistant Psychologist*, South West London & St George’s NHS Trust

2003      *Research Assistant*, Royal Hospital for Neuro-disability, London

## FURTHER TRAINING & SHORT COURSES

Jan 2026      Clarifying Complexity: ADHD and Autism Differential Diagnosis (Floriana Reinikis)

Ongoing      ADOS-2 reliability workshops approx. twice yearly (ASD Directions, Dr Marianna Murin)

Feb 2025      Trauma informed safeguarding for Psychologists in private practice (Association of Clinical Psychologists)

March 2024      The Inside of Autism Course (Kieron Roase)

Sept 2023      Risk of Sexual Violence Protocol Version 2 (Tully Forensic Psychology)

July 2022      Autism Diagnostic Observation Schedule - Second Edition (ADOS-2) - reliable coder (ASD Directions, Dr Marianna Murin)

Dec 2021      Care Index Training: observation of infants using attachment models (Rebecca Carr-Hopkins)





## **TRAINING & SHORT COURSES CONTD.**

Oct/Nov 2021 Adult ADHD diagnosis and psychosocial support training - UK Adult ADHD Training (UKAAN), Kings College London

08/09/2021 Expert Witness Conference, British Psychological Society

April 2021 Spousal Assault Risk Assessment Version 3 (SARA v3) Training (Tully Forensic Psychology)

Jan 2018–Jan 2020 Adult Attachment Interview Training (Rebecca Carr-Hopkins)

Dec 2017 Attachment and Psychopathology: 3 day training in the Dynamic Maturation Model of Attachment (Tavistock and Portman Centre)

March 2016 Reflective Functioning Training on the Adult Attachment Interview (Anna Freud Centre)

Nov 2015 Domestic Violence Training (Sussex Partnership NHS Foundation Trust)

Oct 2015 Using the HCR-20 tool to assess risk of violence (Sussex Partnership NHS Foundation Trust)

Sept/Nov 2015 Coding of the Parent Development Interview using the Meaning of the Child to the Parent System (reliable coder) (University of Roehampton)

Feb 2015 Mentalisation Based Treatment (Anna Freud Centre & University College London)

Oct 2014 Working as an Expert Witness: Presenting Court Room Evidence (British Psychological Society)

Sept 2013 Postgraduate Diploma in Cognitive Behavioural Therapy for Complex Difficulties (University of Sussex) 4 modules (CBT for anxiety, depression, psychosis, and personality disorders)

Sept 2010 Fundamentals of Psychological Supervision (Sussex Partnership NHS Foundation Trust)

Sept 2010 Using the Millon Clinical Multiaxial Inventory in Clinical Settings: series of 6 reading seminars (Sussex Partnership NHS Foundation Trust)

March 2009 Understanding Psychopathy and its assessment: Training using the Hare PCL-R (Bowland Psychological Services)

## **PUBLICATIONS**

Pipon-Young, L., & Cole, S. (2012). A preliminary evaluation of the Systems Training for Emotional Predictability and Problem Solving (STEPPS) group in a women's forensic medium secure unit. *Clinical Psychology Forum*, 239, 35 – 39.

Pipon-Young, L., Cupitt, C. & Callanan, M. (2010). Clinical psychologists' experiences of Assertive Outreach Teams: A Delphi survey. *Clinical Psychology Forum*, August, 212.

Iqbal, S. & Pipon-Young, L. (2009). The Delphi method: A step-by-step guide. *The Psychologist*, July, 598 – 601.



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## LECTURES, SEMINARS & CONFERENCE PRESENTATIONS

In recent years, Dr Pipon-Young has delivered talks and training in the following areas:

- *“Would I Lie To You: Validity and Deception in Psychological Assessments”*; accredited webinar delivered nationally via Expert in Mind (November 2025)
- *“The secrets behind psychological assessments in legal settings”*; accredited webinar delivered nationally via Expert in Mind (January 2025)
- *“Monsters, victims or misunderstood: sex offending in women”*; accredited webinar delivered nationally via Expert in Mind (November 2024) and to the Northants Family Justice Board conference (May 2024)
- *“Breaking Point: Why do women hurt their children?”*; accredited webinar delivered nationally via Expert in Mind (November 2023)
- Mental Capacity Assessments and the role of psychology—Sussex Family Justice Board Conference presentation to around 120 legal professionals (October 2018)
- Personality Disorder and Parenting—East Sussex County Council Advanced Workshop for Social Work Practitioners (September 2018)
- Assessing and understanding personality disorders—Presentation for East Sussex County Council SWIFT Team (February 2018)
- Using Mentalisation Techniques in Staff teams—Presentation for Forensic staff teams (delivered on x3 occasions)
- Women & personality disorders including psychopathy (King’s College London)
- Sexual offending in women (Sussex Partnership NHS Trust; King’s College London)
- Post-Traumatic Stress Disorder (University of Sussex; yearly since 2015)
- Stalking Behaviours and Assessment (University of Sussex)
- Psychological theories of criminal behaviour (University of Sussex)
- Peer relationships of women diagnosed with borderline personality disorder in Forensic Inpatient Services (Paper presentation with Dr Richard King at Division of Forensic Psychology Annual Conference, June 2016)
- Adapting the STEPPS group for participants with emotional regulation difficulties within forensic inpatient services: A pilot evaluation of STEPPS-HI (Poster presentation with Ms Liz Collins, Division of Forensic Psychology Annual Conference, June 2016)
- Many “in-house” trainings for forensic psychology and other staff including “understanding use of psychometric assessments of personality using the Millon Clinical Multiaxial Inventory”
- Working with men who self-harm in prisons—Advanced workshop for Lewes Prison frontline staff

## **ADDITIONAL INFORMATION:**

- Full-enhanced DBS (formerly CRB) clearance updated yearly
- Personal professional indemnity insurance
- Full driver’s license
- Experience of working with interpreters
- UK Passport holder



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## **INVOLVEMENT IN NOTABLE CASES**

[A County Council v A Mother & Ors \[2018\] EWHC 3283 \(Fam\) \(30 November 2018\)](#) (successful implementation of Resolutions following non-accidental injury of a child)

[G & H \(Children: Placement for Adoption\) \[2023\] EWFC 31 \(11 January 2023\)](#)

[R & S \(Minors\) \(Salt Poisoning\) \(No.2: Welfare: Care Order or Supervision Order\), Re \[2025\] EWFC 90 \(06 January 2025\)](#)

[London Borough of Lambeth v M & Ors \[2025\] EWFC 55 \(B\) \(04 March 2025\)](#)

