

## SPECIALISMS

ADHD (Diagnosis)  
ASD (Diagnosis)  
ADD (Diagnosis)  
Asperger's (Diagnosis)  
ADHD, ASD, ADD, Asperger's  
Alienation  
Antisocial Behaviour  
Anxiety  
Attachment  
Bipolar  
Capacity  
Cognitive Behavioural Therapy  
Custody  
Depression  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Fabricated Illness  
Learning Difficulties  
Learning Disabilities  
Mentalization Based Therapy  
Mood Disorder  
Munchausen  
Neglect  
Non-Accidental Injury  
OCD  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosis  
Psychosomatic  
PTSD  
Risk  
Schizophrenia  
Self Harm  
Sex Change  
Sexual Abuse Victims  
Suicidal Ideation  
Trauma

## CASE TYPES

ADHD  
ASD  
Cognitive  
Criminal  
Disability Discrimination  
Employment Tribunal  
Family  
Fitness to Plead  
Forensic  
Housing  
Immigration & Asylum  
Litigation Capacity  
Neuropsychological  
Occupational Health  
Personal Injury  
Risk Assessments  
Road Traffic Accident  
Second Opinion  
Testamentary Capacity

## MEDICO-LEGAL EXPERIENCE

Dr Pison-Young has experience of conducting assessments and written reports for the **family and criminal courts** involving adults with a wide range of difficulties.

These difficulties include complex psychiatric presentations (such as psychosis) to more subtle issues relating to **problematic personality traits** and **higher functioning autism spectrum disorders**. She has an interest in cases where non-accidental injury towards children is suspected and has conducted numerous **risk assessments of parents**.

## MEDICO-LEGAL SPECIALIST TRAINING

Dr Pison-Young has undertaken specialist training in the assessment of **psychopathy, parental attachment, personality and intellectual functioning** and **cognitive assessments**. She is also familiar with assessing individuals where **impression management** may be a feature.

Dr Pison-Young has provided **oral evidence in court** many times in her capacity as an expert witness and has undertaken specific training in court skills.

## CLINICAL EXPERIENCE

Dr Pison-Young has worked within mental health services since 2002. She currently works in independent practice, primarily as an expert witness. Previous positions include Principal Clinical Psychologist for a specialist family intervention service (SWIFT), where her role involved assessing and treating parents whose children are involved with the Local Authority. Prior to this, Dr Pison-Young was the lead clinical psychologist for an NHS women's forensic inpatient service.

In addition to her clinical and expert witness roles, Dr Pison-Young was a visiting lecturer at the University of Sussex in the areas of clinical and forensic psychology between 2013 - 2018 and an associate member of Canterbury Christ Church University in her capacity as a research supervisor for the clinical psychology doctorate course. She has also presented at national and local conferences on issues relating to forensic psychology, parenting and women's mental health.

### DR PIPON-YOUNG'S SKILLS CAN BE SUMMARISED AS FOLLOWS:

- Full psychological assessment of individuals with a specialism in personality, trauma, cognitive issues, non-accidental injury, risk, impression management and relationship functioning.
- Risk assessments around parenting, self-harm/ suicidality, domestic violence, sexual offending (including against children), substance misuse, arson and many forms of recidivism risk.
- Assessment & treatment of people with mental health histories, psychopathy, personality disorders, eating distress, attention deficit and hyperactivity disorder, autistic spectrum disorders, drug & alcohol problems and histories of trauma.
- Assessment of mental capacity and functioning (particularly in relation to fitness to litigate/ plead/stand trial).
- Leadership and supervision of others.
- Training and consultation to wide range of audiences including legal professionals, social work staff, students and other psychology colleagues.
- Conducting research and service development projects in the areas of forensic mental health, including development of novel treatment protocols and service policies.

### ACADEMIC QUALIFICATIONS

2008 Doctor of Clinical Psychology: Canterbury Christ Church University, Salomons (2008)

2001 BA (Hons) Social Psychology: University of Sussex (1<sup>st</sup> Class Honours)

### PROFESSIONAL QUALIFICATIONS & MEMBERSHIPS

Chartered Psychologist and full member of the British Psychological Society (152080)

Registered Practitioner Psychologist, Health and Care Professions Council, (PYL21710)

### EMPLOYMENT HISTORY

2012 – Present	Independent Practice & Expert Witness work including as an associate for “Expert in Mind” expert witness company since 2015.
June 2016 – Oct 2018	<i>Principal Clinical Psychologist</i> , SWIFT Specialist Family Intervention Service, Sussex Partnership NHS Foundation Trust & East Sussex County Council
Feb 2014 – May 2016	<i>Psychological Therapies Lead for the Women’s Forensic Healthcare Services</i> , Sussex Partnership NHS Foundation Trust.
Sept 2008 – Feb 2014	<i>Highly Specialist Clinical Psychologist</i> , Sussex Partnership NHS Foundation Trust. Community, low and medium secure forensic services (men & women).
2005 - 2008	<i>Trainee Clinical Psychologist</i> , Salomons, Canterbury Christ Church University.
2004- 2005	<i>Assistant Psychologist</i> : Wandsworth Primary Care NHS Trust.
2003-2004	<i>Assistant Psychologist</i> : South West London & St George’s NHS Trust.
2003	<i>Research Assistant</i> : Royal Hospital for Neuro-disability, London.



## FURTHER TRAINING & SHORT COURSES

- Jan 2018 – Adult Attachment Interview Training (Rebecca Carr-Hopkins)  
Ongoing
- Dec 2017 *Attachment and Psychopathology: 3 day training in the Dynamic Maturational Model of Attachment.* Tavistock and Portman Centre
- March 2016 *Reflective Functioning Training on the Adult Attachment Interview.*  
Anna Freud Centre.
- Nov. 2015 *Domestic Violence Training.* Sussex Partnership NHS Foundation Trust.
- Oct 2015 *Using the HCR-20 tool to assess risk of violence.* Sussex Partnership NHS Foundation Trust.
- Sept/Nov 2015 *Coding of the Parent Development Interview using the Meaning of the Child to the Parent System (reliable coder).* University of Roehampton.
- Feb 2015: *Mentalisation Based Treatment.* Anna Freud Centre & University College London.
- Oct 2014: *Working as an Expert Witness: Presenting Court Room Evidence.* British Psychological Society.
- Sept 2013: *Postgraduate Diploma in Cognitive Behavioural Therapy for Complex Difficulties,* University of Sussex. 4 modules (CBT for anxiety, depression, psychosis and personality disorders).
- Sept 2010: *Fundamentals of Psychological Supervision* (Sussex Partnership NHS Foundation Trust).
- Sept 2010: *Using the Millon Clinical Multiaxial Inventory in Clinical Settings: series of 6 reading seminars.* (Sussex Partnership NHS Foundation Trust).
- March 2009: *Understanding Psychopathy and its assessment: Training using the Hare PCL-R* (Bowland Psychological Services).

## PUBLICATIONS

- Pison-Young, L., & Cole, S. (2012). A preliminary evaluation of the Systems Training for Emotional Predictability and Problem Solving (STEPPS) group in a women's forensic medium secure unit. *Clinical Psychology Forum*, 239, 35 – 39.
- Pison-Young, L., Cupitt, C. & Callanan, M. (2010). Clinical psychologists' experiences of Assertive Outreach Teams: A Delphi survey. *Clinical Psychology Forum*, August, 212.
- Iqbal, S. & Pison-Young, L. (2009). The Delphi method: A step-by-step guide. *The Psychologist*, July, 598 – 601.

## LECTURES, SEMINARS & CONFERENCE PRESENTATIONS

- Mental Capacity Assessment and the role of psychology – Sussex Family Justice Board Conference presentation to around 120 legal professionals (Oct. 2018)
- Personality Disorder and Parenting – East Sussex County Council Advanced Workshop for Social Work Practitioners (Sept. 2018)
- Assessing and understanding personality disorders – Presentation for East Sussex County Council SWIFT Team (Feb. 2018)
- Using Mentalisation Techniques in Staff teams – Presentation for Forensic staff teams (delivered on x3 occasions)
- Women & personality disorders including psychopathy (King’s College London)
- Sexual offending in women (Sussex Partnership NHS Trust; King’s College London) • Post-Traumatic Stress Disorder (University of Sussex; yearly since 2015)
- Stalking Behaviours and Assessment (University of Sussex )
- Psychological theories of criminal behaviour (University of Sussex).
- Peer relationships of women diagnosed with borderline personality Disorder in Forensic Inpatient Services (Paper presentation with Dr Richard King at Division of Forensic Psychology Annual Conference June 2016).
- Adapting the STEPPS group for participants with emotional regulation difficulties within forensic inpatient services: A pilot evaluation of STEPPS-HI (Poster presentation with Ms Liz Collins, Division of Forensic Psychology Annual Conference June 2016)
- Many “in-house” trainings for forensic psychology and other staff including “understanding use of psychometric assessments of personality using the Millon Clinical Multiaxial Inventory”
- Working with men who self-harm in prisons – Advanced workshop for Lewes Prison frontline staff

## **ADDITIONAL INFORMATION:**

- Full-enhanced DBS (formerly CRB) clearance
- Personal professional indemnity insurance
- Clean driver’s license
- Experience of working with interpreters
- UK Passport holder