



## SPECIALISMS

ADHD (Diagnosis)  
ADD (Diagnosis)  
ADHD  
ADD  
Antisocial Behaviour  
Anxiety  
Bereavement  
Bipolar  
Capacity  
Chronic Fatigue  
Chronic Pain  
Depression  
Domestic Violence  
Fabricated Illness  
Historic Sex Abuse  
Mood Disorder  
Munchausen  
Neglect  
OCD  
Personality Disorders  
Psychosis  
Psychosomatic  
PTSD  
Self Harm  
Sexual Abuse Victims  
Suicidal Ideation  
Trauma  
Victims of Torture

## CASE TYPES

ADHD  
Clinical Negligence  
Historic Sexual Abuse  
Litigation Capacity  
Personal Injury  
Road Traffic Accident  
Second Opinion  
Victims of Medical Accidents

## MEDICO-LEGAL PROFILE

- Involved in medicolegal practice since 1995.
- Expert witness in over 500 cases, predominantly **personal injury** and **clinical negligence** in children.
- Instructions from both **claimants and defendants**.
- My special interests are assessing **childhood trauma, safe prescribing in ADHD** and **neurodevelopmental conditions**, and leadership and preventing burnout in healthcare.
- For the past 18 years I have supervised complex ADHD cases across several clinics in East Kent CAMHS NLDS, leading on a safe prescribing audit between 2 NHS Trusts.
- Prior to 2014 I set up and supervised 2 DBT services for self-harming and suicidal adolescents.
- Having worked in inpatient and outpatient CAMHS, I draw on a broad range of clinical experience as a consultant child and adolescent psychiatrist including attention deficit hyperactivity disorder (ADHD), autistic spectrum conditions (ASC), anxiety disorders, obsessive compulsive disorders, post-traumatic stress disorders, adjustment disorders, depression, mood swings, bipolar disorders, disruptive behaviour disorders including conduct and oppositional defiant disorders, psychotic disorders including schizophrenia, personality disorders, suicidal and self-harming presentations, medically unexplained symptoms and chronic fatigue syndrome.
- Experience of giving evidence in court and attending conferences.
- Consulting rooms in London and Canterbury. Willing to travel and carry out home visits.
- Remote assessments offered via Zoom and Microsoft Teams.

## PROFESSIONAL MEMBERSHIPS

- Royal College of Psychiatrists
- Medical Protection Society
- Association of Child and Adolescent Mental Health
- Member of Panel of Expert Witnesses, Expert in Mind

## CURRENT EMPLOYMENT

Expert in Mind - <https://expertinmind.co.uk/>

The ADHD Clinic - <https://theadhdclinic.co.uk/>





## PROFESSIONAL AND MEDICAL QUALIFICATIONS

- **GMC Registration No. 3189111 (Child and Adolescent)**, listed on Specialist Register under Child and Adolescent Psychiatry.
- **1983 BSc (Hons) Bachelor of Science, Psychology**  
University of London.
- **1986 MBBS Bachelor of Surgery, Bachelor of Medicine**  
University College and Middlesex School of Medicine (UCMSM).
- **1990 MRCPsych Membership of the Royal College of Psychiatrists.**
- **1994 Certificate in the Theory of Couple and Family Therapy**  
Institute of Family Therapy
- **2003 MD Higher Doctorate for a Thesis on Chronic Fatigue Syndrome in Adolescence**  
University of London.
- **2007 Intensive Training in Dialectical Behaviour Therapy (DBT)**  
British Isles DBT Training
- **2018 Certified Mindful Self-Compassion Teacher**  
UC San Diego Centre for Mindfulness

## CAREER HISTORY

- Consultant in Child and Adolescent Psychiatry, NELFT Bank, June 2022 to June 2025.
- Consultant in Community Paediatrics (ADHD), East Kent Hospitals NHS University Foundation Trust, and Honorary Consultant NELFT, working in the Kent NELFT NLDS CAMHS Service, May 2014 to May 2022.
- Consultant in Child and Adolescent Psychiatry, Sussex Partnership NHS Foundation Trust (previously managed by East Kent Hospitals University NHS Foundation Trust), April 2007 to April 2014. Roles included ADHD service supervisor, co-lead of the self-harm service and lead child psychiatrist.
- Consultant in Child and Adolescent Psychiatry, Young Persons' Unit, Priory Ticehurst, 1995 to 2007.
- Honorary Lecturer, Guys UMDS, 1997 to 2002.
- Senior Registrar, Guys and St Thomas's Hospital Higher Specialist Training Scheme in Child and Adolescent Psychiatry: 1992 to 1995.

## CHARITABLE ROLES

- Co-ordinator of the Kent group of the Janki Foundation, offering quarterly retreats for those working in health and social care.
- International Compassion Community offering monthly online meditations for those working in health and social care.





## RESEARCH & PUBLICATIONS

- Hypnotic Susceptibility: A Lateral Predisposition and Altered Cerebral Asymmetry under Hypnosis. Gruzelier, Perry, Ronder and Thomas. International Journal of Psychophysiology. 1984 Vol. 2 p 131-139.
- Do you want to see a Counsellor or a Psychiatrist? Strouthos, Ronder and Hemmings. Psychiatric Bulletin Vol.19 No.7 July 1995.
- MD thesis accepted in 2003, University of London. Senate House Library. Psychiatric Investigation into a Cluster of CFS cases in Adolescence.
- DBT with Self-Harming and Suicidal Adolescents. Suicide in Adolescence, Strategies for Prevention, Occasional Paper, Association of Child and Adolescent Mental Health. Dr A Muehlschlegel and Dr J Ronder, 2012.
- Leading the Health Service into the Future: Transforming the NHS Through Transforming Ourselves. Original Practice Development and Research. Mansoor Akhtar, James Norbert Casha, Julia Ronder, Mohamed Sakel, Catherine Wight and Kim Manley. Volume 6, Issue 2, Article 5. November 2016.
- Leadership Team and Culture. Chapter contribution in International Development in Health and Social Care, second edition, edited by Kim Manley, Valerie Wilson and Christine Oye. Wiley Blackwell, 2020. *In Press.*

