Chireal Shallow

BSc, GBC, MSc, MBPsS Consultant Psychologist

Expert in Mind

SPECIALISMS

Asperger's (Diagnosis) Addiction Anxiety Antisocial Behaviour Attachment Bereavement Capacity Cognitive Behavioural Therapy Depression **Domestic Violence** Drug/Alcohol/Substance Misuse Eating Disorder Mood Disorder Munchausen Neglect OCD Pain Management Parental Alienation Perinatal Personality Disorders Psychosis PTSD Sexual Harassment Schizophrenia Self Harm Sex Offenders Sexual Abuse Victims Suicidal Ideation

CASE TYPES

Cognitive Criminal Family Fitness to Plead Forensic Global Family Assessment Historic Sexual Abuse Personal Injury Risk Assessments Road Traffic Accident Second Opinion Testamentary Capacity

PROFESSIONAL QUALIFICATIONS & EXPERTISE

AREAS OF EXPERTISE

- Assessment of Adults and Children
- Treatment of Anxiety disorders/Depression and EUPD
- DBT/CBT
- Psychotherapy
- Medico legal reports
- Capacity assessments
- Personality assessments
- Forensic risk assessments
- Cognitive assessments
- Mental health
- Parenting assessments
- Domestic violence
- Substance misuse and addiction
- Trauma
- Abuse
- Neglect
- Sleep and Behavioural difficulties
- Diagnostic assessments

Consultant Psychologist Chireal Shallow comes with over 25 years' worth of clinical and expert witness experience. She is well regarded and highly sought after, hard working, dedicated and committed to producing quality assessments and reports in a timely manner. She is called upon to work in courts across the UK.

RELEVANT EXPERIENCE

I undertake independent assessments in a variety of areas and write reports for the courts relating to children and parents or other family members. Over my years of practice, I have worked with civil, family, and criminal court systems. I have worked in both family and criminal cases. I frequently assess children, adults and also global families preparing capacity, cognitive and full reports within private, criminal, and local authority care proceedings.

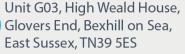
REPORTS

I have contributed to well over **1000** independent court assessment reports over the years.

These reports have covered the following areas:

- Private and Public Law assessments of children and adults
- Fitness to Plead/Capacity
- Full psychological assessments
- IQ assessments

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QUALIFICATIONS

- Forensic MSc 2001 2002 University of Surrey, UK
- Psychology BSc 1995–1998 University of East London, UK

FURTHER PROFESSIONAL DEVELOPMENT

- CBT Postgraduate Diploma 2009- 2010 Royal Holloway UCL, UK
- DBT training 2010

PROFESSIONAL MEMBERSHIPS

- HCPC Membership Number PYL24377
- BPS 40168
- BABCP (Full accreditation)

RESEARCH, PUBLICATIONS & PRESENTATIONS

- 2002 Forensic update for BPS forensic division
- Analysing the personal and professional dialect when working with sex offenders.

OTHER RELEVANT INFORMATION

- I have full enhanced DBS clearance
- I hold personal professional indemnity insurance
- I am based in Kent/London and am able to travel for work

CHRONOLOGICAL WORK HISTORY

2016-Present Expert Witness Nationwide

Consultant Psychologist: Expert Witness

- Medico legal reports
- Capacity assessments
- Personality assessments
- Forensic risk assessments
- Cognitive assessments
- Mental health
- Parenting assessments
- Domestic violence
- Substance misuse and addiction
- Trauma
- Abuse
- Neglect
- Sleep and Behavioural difficulties
- Diagnostic assessments

50/50 split between working with children and adults.

- CBT
- Family Therapy







WORK HISTORY CONTINUED

2015–2019 Partnerships in Care/Priory Healthcare

Consultant Psychologist: Head of Psychology/Psychology Lead

• Managing two psychology Inpatient/Rehab service departments at The Dene and Pelham Wood

2004– Present NNSC Sleep Clinic (Private Company South London) Managing Director of Company

2012– 2015 Surrey Borders and Partnership NHS Surrey, UK

Principal Psychologist: Clinical Service Lead/ DBT Psychotherapist (Band 8b)

- CBT, DBT
- Client group: Borderline Personality Disorder

2011–2012 SLAM NHS Foundation Trust, London, UK Senior Practitioner Psychologist/CBT Psychotherapist (Band 8a)

• CBT, FAP, DBT, Compassion Focussed therapy

2009–2011 South West London and St George's NHS Trust, London, UK High Specialist Practitioner Psychologist/CBT Psychotherapist (Band 7)

- CBT
- Client groups: Depression and Anxiety

2008– 2009 NELFT NHS London, UK

Highly Specialist Practitioner Psychologist (Band 7)

- CBT, DBT
- Client group: Borderline Personality Disorder

2003–2008 HM Prison Service, Kent, Sussex

Forensic Psychologist

- CBT
- Client Group: Severe Personality Disorder, Violent Offenders, Sexual Offenders

1998–2003 National Probation Service, London, UK

Forensic Psychologist

- CBT
- Client group: Low to medium risk offenders





