



## SPECIALISMS

ADHD  
ASD  
Addiction  
Antisocial Behaviour  
Anxiety  
Attachment  
Bipolar  
Brain Injury  
Capacity  
Cognitive Behavioural Therapy  
Cultural Diversity  
Dementia  
Depression  
Domestic Violence  
Eating Disorder  
Fabricated Illness  
Historic Sex Abuse  
Mood Disorder  
Personality Disorders  
Postnatal Depression  
Psychosexual  
Psychosis  
Psychosomatic  
PTSD  
Radicalisation  
Risk  
Sexual Harassment  
Schizophrenia  
Self Harm  
Sex Offenders  
Sexual Abuse Victims  
Trafficking  
Trauma  
Suicidal Ideation

## CASE TYPES

ADHD  
ASD  
Cognitive  
Family  
Historic Sexual Abuse  
Immigration & Asylum  
Neuropsychological  
Risk Assessments

### HCPC Registered and DBS checked

### PROFESSIONAL QUALIFICATIONS

- Clinical Psychologist
- Assessment of Adults and Children aged 8+

### AREAS OF EXPERTISE

Assessment of Adults and Children

- Cognitive Functions
- Personality Traits
- Psychopathology
- Trauma
- Parenting skills
- Relationship Dynamics
- Attachment styles

I undertake independent assessments in a variety of areas and write reports for the courts relating to children aged 8+ and parents or other family members.

### RELEVANT EXPERIENCE

Throughout my professional career my main area of expertise has been clinical psychology, using an evidenced-based scientific approach in my practice. My experience as a clinician consists of expertise in assessing cognitive functions, various psychopathological presentations, personality traits and relationships dynamics. As a student I developed an interest in developmental psychology and in the process of development, which further informed my professional formation and my career, as I always guide my diagnosis, formulation and intervention based on the pivotal knowledge that developmental psychology offers. In my assessments, I do not consider only the psychometrics or the answers of the individual, but I am looking as well on other important factors: developmental history, family history, socioeconomic status, cultural background, to generate an informed, robust conclusion of the way that various elements work together for each individual' psychological dimension.





## QUALIFICATIONS, TRAINING AND RESEARCH

### Qualifications

- BSc in Psychology, Romania, 2017
- Master's in Clinical Psychology and CBT Therapy, Romania, 2019
- MSc in Neuroscience, Kings College London, 2020

### Training

- CBT Therapist
- Gottman Couples Method Trained Therapist

### Research

- Developmental Psychology
- Developmental Neurobiology and Stem Cells
- Clinical psychology

## MEMBERSHIPS & PUBLICATIONS

### Professional Memberships

- Member of the British Psychological Society (AFBPS) Registration number: 485885
- Registered Clinical Psychologist with the Health Care Professions Council

### Publications & Presentations

- 18-20th July 2019, **participation and poster presentation** in the **9th World Congress of Behavioural and Cognitive Therapies**, Berlin, Germany
- 21 November 2017: **published article**: Ionescu, T., Marian, A., Moldovan, P., Perde, B., Vescan, R., Hopsitar, C., Rogobete, D., & Suci, L. (2017). Integration of Processes in the Study of Insight and Innovation. *AVANT*, 8, 147-156. [doi:10.26913/80s02017.0111.0014](https://doi.org/10.26913/80s02017.0111.0014)
- 1<sup>st</sup> of July 2017: The 9<sup>th</sup> International Congress of Cognitive Psychotherapy, poster session number 3: *The effect of emotional regulation strategies on shame, in adolescents, in the context of depressive symptoms: Preliminary Data*. (Călin-Alexandru Hopsitar, Aurora Szentagotai-Tătar, Diana Căndea) **Poster presentation**





## CHRONOLOGICAL WORK HISTORY

<b>Developmental Psychology Lab. Babes-Bolyai Univeristy</b> 2014-2019	<b>Research Assistant</b>
<b>Private Practice in Clinical Psychology and CBT Therapy</b> 2017-2021	<b>Clinical Psychologist</b> <ul style="list-style-type: none"><li>•Cognitive Functions</li><li>•Personality Traits</li><li>•Psychopathology</li><li>•Trauma</li><li>•Parenting skills</li><li>•Attachment styles</li></ul>
<b>Centre for resources and Educational Assistance Arad, Romania</b> 2018-2019	<b>School Counsellor</b>
<b>Priory Hospital North London (CAMHS &amp; Adults Acute Mental Health Services)</b> 2020-2021	<b>Clinical Psychologist</b> <ul style="list-style-type: none"><li>•Cognitive Functions</li><li>•Personality Traits</li><li>•Psychopathology</li><li>•Trauma</li><li>•Parenting skills</li><li>•Attachment styles</li></ul>
<b>Nightingale Hospital London (Adult Acute Inpatient Mental Health Services)</b> Nov.2021 - Present	<b>Clinical Psychologist</b> <ul style="list-style-type: none"><li>•Assessments</li><li>•Formulation</li><li>•Intervention</li><li>•Service Development</li></ul>