MB ChB, MSc, MRCPsych

Consultant Psychiatrist



## **SPECIALISMS**

**Brain Injury** 

Capacity

Dementia

Memory

disorders

Old Age

# **CASE TYPES**

Cognitive Impairment

**Employment Tribunal** 

Fitness to Plead

Housing

**Immigration & Asylum** 

Litigation Capacity

Neuropsychiatric

Occupational Health

Personal Injury

Road Traffic Accident

**Second Opinion** 

**Testamentary Capacity** 

#### **EXPERIENCE**

I am a highly experienced Psychiatrist with over 25 years clinical and clinical research experience in the UK and USA. I currently work as the Senior Researcher at Oxford and Edinburgh Universities and as a Consultant Psychiatrist in the NHS.

I have completed over medicolegal reports over the last 11 years. I have a particular interest in neuropsychological outcomes, traumatic brain injury and cognitive disorders following personal injury. My work is currently split at 90% claimant and 105 joint instruction. In addition, I have prepared capacity assessments for clients needing wills and in housing and immigration/asylum proceedings.

I have a special interest in assessing memory disorders, dementia and working with those who are of old age. I have been involved in clinical trials with a focus on the prevention of cognitive impairment and dementia.

### PROFESSIONAL SOCIETIES & EDITORIAL BOARD MEMBERSHIP

- Member of the Royal College of Psychiatrists
- Member of the Society for Neuroscience
- Member of the Cognitive Neuroscience Society
- Member of the International Psychogeriatric Association
- Current Advances in Neurology and Neurological Disorders
- Research Advances in Brain Disorders and Therapy
- Associate Editor Frontiers in Human Neuroscience

## **QUALIFICATIONS**

- Medical degree MB ChB, University of Birmingham, UK 1993
- Certificate in General Counselling Skills, Institute of Counselling, Glasgow, UK 1996
- Member of the Royal College of Psychiatrists (MRCPsych) 1998
- UK Mental Health Act (1983) Section 12(2) approved 1998, 2014, 2019; AC status approved 2014, 2019
- Masters degree MSc in Cognitive Neuropsychology (with distinction),
   University College London, UK 2003
- Joint Certificate of Completion of Specialist Training in general adult and old age psychiatry (Royal College of Psychiatrists) 1994-2003
- Winston Churchill Travelling Fellowship and Prince Charitable Trusts Award 2001 - £6000 grant for fellowship to Dr J Grafman, NINDS, NIH and Dr AR Damasio, University of Iowa, USA.



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#### PRESENT APPOINTMENT

#### From May 2016

- Senior Clinical Researcher, Department of Psychiatry, University of Oxford (from April 2017)
- Honorary Senior Clinical Research Fellow, Centre for Clinical Brain Sciences, University of Edinburgh
- Dementia Platforms UK Associate Director; Trials Delivery Framework workstream lead
- NIHR Dementia and Mental Health Lead, Thames Valley and South Midlands Clinical Research Network
- Member of Neurorehabilitation Working Group, Royal College of Psychiatrists
- Director, Oxford Brain Health Clinical Trials Unit (OBHCTU)
- R&D Director, Oxford Health NHS Foundation Trust (from November 2021)
- Visiting Consultant Psychiatrist, Psymplicity Healthcare (old age psychiatry and brain injury work)

I have extensive clinical trials experience, do memory clinic work at the University of Oxford and Oxford Health NHS Foundation Trust and am part of a Brain Health Centre initiative. I am R&D director of Oxford Health NHS Foundation Trust and the NIHR Dementia and Mental Health Lead, Thames Valley and South Midlands Clinical Research Network. I am also an associate director for Dementias Platform UK.

#### **PREVIOUS APPOINTMENTS**

#### **General Medical Training**

August 1993 - October 1993 House Physician, Bromley Hospital, Kent General medicine with a special interest in endocrinology

November 1993 - January 1994 House Physician, Farnborough Hospital, Kent General medicine with a special interest in cardiology

February 1994 - July 1994 House Surgeon, Medway Hospital, Gillingham, Kent General surgery with a special interest in vascular surgery

### **Psychiatric Basic Training**

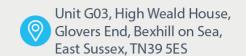
September 1994

Joined St. George's Hospital (South West Thames) SHO Rotation in Psychiatry

September 1994 - February 1995 Senior House Officer, Warlingham Park Hospital, Surrey General adult psychiatry

March 1995 - August 1995 Senior House Officer, Sutton Hospital, Surrey Old age psychiatry. I also received training in outpatient cognitive-behavioural therapy





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September 1995 - February 1996 Senior House Officer, Lifecare NHS Trust, Caterham, Surrey Psychiatry of Learning Disabilities

March 1996

Joined St. George's Hospital (South West Thames) Registrar Rotation in Psychiatry

March 1996 - August 1996

Registrar, Bethlem and Maudsley NHS Trust, Warlingham Park Hospital, Surrey. General adult psychiatry, with a special interest in forensic psychiatry.

August 1996 - January 1997 Senior House Officer, St. Joseph's Hospice, London Palliative medicine

February 1997 - July 1997 Registrar, General Hospital, St. Helier, Jersey General adult psychiatry

September 1997- February 1998
Senior House Officer, St. Helier NHS Trust, Sutton Hospital, Surrey
Child psychiatry. I also received training in outpatient and inpatient family and individual therapy

March 1998 - August 1998

Senior House Officer, St George's Hospital, London

Neuropsychiatry/Perinatal Psychiatry. Also included neuropsychiatry sessions at the Wolfson Neurological Rehabilitation Centre, Atkinson Morley's Hospital. I also received training in individual dynamic psychotherapy

#### **PSYCHIATRIC HIGHER TRAINING**

September 1998

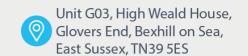
Joined the Bethlem and Maudsley Hospitals General/Old Age Psychiatry Specialist Registrar Rotation – for joint general/old age psychiatry accreditation training, with a special interest in neuropsychiatry

September 1998 - August 1999 Specialist Registrar, Maudsley Hospital, London General adult psychiatry. I also had sessions in neuropsychiatry and family therapy.

September 1999 - August 2000

Clinical Research Worker and Honorary Specialist Registrar, Institute of Psychiatry and Maudsley Hospital, London. Involved work on a project examining structural MRI correlates with clinical and cognitive outcome in bipolar affective disorder, and on the international InterSePT project to assess the effects of antipsychotics on suicidality in psychosis. I also had four clinical sessions in liaison psychiatry at King's CollegeHospital and St. Christopher's Hospice.





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### September 2000 - September 2002

Clinical Research Worker and Honorary Specialist Registrar, Institute of Psychiatry and Maudsley Hospital, London Involved working on a functional imaging study of decision making and memory in bipolar affective disorder and healthy controls, and a project examining capacity, decision making and their neuropsychological associations in general hospital patients. I also had four clinical sessions in old age psychiatry and a monthly neuropsychiatry outpatient clinic.

July 2002

Two week locum consultant post in general adult psychiatry at Maudsley Hospital.

October 2002 - March 2003

Specialist Registrar in Psychiatry and Clinical Research Fellow, Farnborough Hospital, Kent and Institute of Psychiatry, London

Involved continuing work on two projects; 1) a functional imaging study of decision making and memory in bipolar affective disorder and healthy controls; 2) examining capacity to consent, decision making and their neuropsychological associations in general hospital patients. I had six clinical sessions per week in old age psychiatry.

April 2003 - August 2003

Specialist Registrar in Neuropsychiatry and Clinical Research Fellow, Maudsley Hospital and Institute of Psychiatry, London

I had six clinical sessions per week in neuropsychiatry. Involved continuing work on two research projects; 1) Main investigator on functional MRI study of decision-making and memory in bipolar I disorder and healthy controls, involving task design and analysis with SPM; 2) Main investigator on study of the prevalence of capacity and its neuropsychological correlates in general hospital patients examining capacity to consent, decision making and their neuropsychological associations in general hospital patients.

2001-2003

Part time MSc in Cognitive Neuropsychology, University College London. Thesis on correlations between decision making and multitasking tests in specific brain lesions.

### **RESEARCH POSITIONS**

November 2003 - April 2007

Research Neuropsychiatrist

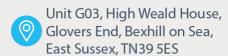
Vietnam Head Injury Study Phase III, National Naval Medical Center and National Institutes of Health, Bethesda, Maryland, USA. Involved running the research team in the current phase of this multidisciplinary, long-term research project that is following up the neurological and neuropsychological outcome of head-injured Vietnam veterans. The investigation focused on planning, reasoning, social cognition and their breakdown in patients with penetrating head injuries to the prefrontal cortex and related cortical and subcortical structures. Other domains investigated included memory, skill learning and functional neuroplasticity. Involved neuropsychological and psychiatric testing, data analysis and writing up of results, as well as supervising four research assistants and data-entry personnel.

April - October 2007

Senior Clinical Researcher

Department of Psychiatry, Mount Sinai School of Medicine, New York, NY, USA. Involved coordinating a number of ongoing clinical trials studies in subjects with Alzheimer's disease, as a well as planning and writing up data from new studies in old age psychiatry.





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October 2007 - February 2011

Senior Research Data Analyst/Fellow

Department of Radiology, Nuclear Medicine, Johns Hopkins University, Baltimore, MD, USA

Involved managing a team of research assistants and clinical fellows, in order to run approximately 20 ongoing clinical studies (both pharmacological and basic science research) involving PET imaging of neuropsychiatric disorders. I was responsible for PET scan data and behavioural data analysis, grant applications and writing up results for publication.

#### March 2011 - June 2014

Clinical Research Fellow in Psychiatry, Imperial College London/West London Mental Health Trust, UK Involved clinical research in old age psychiatry, including clinical trials and a study of neuropsychological and PET imaging outcome in mild cognitive impairment treated with stem cell therapy. I was also involved in DTI and PET TBI imaging research with Prof David Sharp at Imperial College. I did two consultant-level clinical sessions per week in old age psychiatry.

July 2014 - May 2016

Consultant Psychiatrist and Director, Clinical Trials Facility, and Clinical Research Lead for Cognitive Impairment and Dementia, West London Mental Health Trust

Honorary Senior Lecturer, Imperial College London, UK

WLMHT lead, Frailty Steering group, NIHR North West London CLAHRC

Imperial College Healthcare Partners North West London Neuro-Rehabilitation Working Group member Consultant Psychiatrist, Partnerships in Care, Grafton Regis, Northamptonshire and Burton Park, Leicestershire

Involved clinical sessions and research in old age psychiatry and brain injury, and running a novel head injury clinical service. I was director of the WLMHT Clinical Trials Facility and carried out research in Traumatic Brain Injury using PET and DTI imaging with Prof David Sharp at Imperial College. I was the Clinical Research Domain lead for Cognitive Impairment and Dementia at WLMHT.

### **PRIVATE CLINICAL WORK**

From July 2018

Consultant Psychiatrist, Psymplicity Healthcare

November 2018 – August 2019

Visiting Consultant Psychiatrist, Manton Heights Acquired Brain Injury Unit, RCH Care Homes

October 2016 - November 2018

Visiting Consultant Psychiatrist, Meppershall Acquired Brain Injury Service, Pressbeau

November 2014 - May 2016

Visiting Consultant Psychiatrist, Acquired Brain Injury Service, Grafton Manor and Burton Park, Partnerships in Care



