



SPECIALISMS

Antisocial Behaviour
Anxiety
Attachment
Bereavement
Cultural Diversity
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Intimate Partner Violence
Neglect
Parenting Difficulties
Personality Disorders
Relationship Difficulties
Self Harm
Trauma

CASE TYPES

Cognitive
Family

MEDICO-LEGAL EXPERIENCE

Post the doctorate qualification, I have 14 years extensive clinical experience across the lifespan working with a diverse population of clients/patients in a variety of settings (Primary and Secondary NHS, Prison Service, Primary and Secondary Schools, Voluntary and Private Organisations, Bereavement and Respite Units).

As a Counselling Psychologist, I have acquired evidence-based clinical knowledge and competencies in conducting psychological and risk assessments routinely as part of my practice including using psychometrics to ascertain cognitive and personality functioning, providing psychological formulations and interventions drawing from a range of psychological theories.

As an Expert Witness, I have received instructions and completed reports satisfying the request for psychological, cognitive and/or Family Safety assessments in cases within the Family Courts pertaining to Child Protection issues. Primarily, the assessments have focused on the impact of mental health difficulties, emerging or existing presentations of psychological disorders, trauma experiences, and other psychological factors that influence a care-givers ability/capacity to provide good enough care for the children. Additionally, identification of the caregiver's unmet childhood needs has been critical to the recommendations for psychological therapeutic interventions where appropriate to aid a balanced psychological functioning as an adult in the service of fostering a secure environment in which a child and young person can receive nurturing, safety, and security.

I have a keen clinical and research interest in attachment styles, its relationship to trauma and subsequent trauma responses. I am an avid advocate for racial and cultural awareness, its implications for psychological functioning and normalisation of unhelpful behaviours; as such I participate in continued professional developments that enhances my knowledge and clinical skills in these areas.

PROFESSIONAL MEMBERSHIPS

Chartered and Associate Fellow
British Psychological Society
(088762)

Registered EuroPsy Psychologist

Registered Practitioner Counselling Psychologist
Health & Care Professions Council
(PYL25255)

International Affiliate
American Psychological Society
(C2103077462)





QUALIFICATIONS

- 2010 DPsych Counselling Psychology
City University, London
- 2006 MSc Counselling Psychology
City University, London
- 2001 BSc (Hons) Psychology
London Guildhall University, London

RELEVANT POST-QUALIFICATION TRAINING

- 2024 Schema Therapy
The Schema Therapy Institute
- 2023 Level 3 Multi-Agency Child Protection
Antser Learning
- 2022 Psychometrics in Court
British Psychological Society
- 2022 The Assessment
British Psychological Society
- 2022 Family Law and Procedures
Cardiff University Bond Solon Expert Witness Certificate
- 2022 Criminal Expert Law and Procedures
Cardiff University Bond Solon Expert Witness Certificate
- 2021 Tree of Life
Phola, Ncazelo Ncube-Mlilo
- 2015 Applied Psychology Practice supervisor
British Psychological Society
- 2010 Accredited and Qualified Test User
British Psychological Society

RELEVANT WORK HISTORY

Counselling Psychologist
Homeless Organisation
February 2023—Ongoing

Counselling Psychologist & Supervisor
Independent School
September 2022—Ongoing



RELEVANT WORK HISTORY CONTD.

Expert Witness
Medico-Legal Agencies
June 2022—Ongoing

Counselling Psychologist
Independent Practice
October 2010—Ongoing

External Examiner, Counselling Psychology Doctor Thesis
Cit University London
2023

Locum Lead Psychologist
Pertemps Medical
January 2022—June 2022

Locum Deputy Head of Psychology
Pertemps Medical
August 2021—January 2022

Locum Counselling Psychologist
Pertemps Medical
April 2021—July 2021

Guest Lecturer
Regents University
May 2019—May 2020

PUBLICATIONS

Gervais, R.L. and Ade-Serrano, Y. (2024). This too shall pass, or will it? In W.S. Williams and W, Garrett-Walker (Eds.). *The Majestic Place: The Freedom Possible in Black Women's Leadership* (awaiting publication)

Nkansa-Dwamena, O. and Ade-Serrano, Y. (2023). Race, culture, and ethnicity – what is your story? In T. Hanley and L. A. Winter (Eds.). *The Sage Handbook of Counselling and Psychotherapy*. London: Sage Publications Ltd.

Ade-Serrano, Y. (2021). Reflections from a junkyard room in *Balancing on Quicksand: Reflections on Power, Politics and the Relational*. London: Palgrave Macmillan Cham.

Ade-Serrano, Y. (2020). A new chair's perspective on volunteering: Work, life, and counselling psychology. *The Work-Life Balance Bulletin: A DOP Publication*, 4 (2), 46 - 47

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2020). *Applied Psychology and Allied Professionals. Working with Ethnic Minorities*. Leicester: The British Psychological Society.



PUBLICATIONS CONTD.

Ade-Serrano, Y. (2017). Culture and Difference within and across Ethnic Minorities. The Division of Counselling Psychology Statement.

Ade-Serrano, Y. (2017). The essence of spirituality and its applicability to practice – an alternative perspective. Race, Culture and Diversity – a collection of articles from Counselling Psychologists, 78–91.

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2016). Black Lives Matter. The Psychologist, 29 (9), 659.

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2016). Voicing the uncomfortable: how can we talk about race? Counselling Psychology Review Special Edition 'Race' and Counselling Psychology, 31 (2), 5 – 9.

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2014). Proposal to include race, culture, and diversity in counselling psychology. (Online).