



SPECIALISMS

Antisocial Behaviour
Anxiety
Attachment
Bereavement
Cultural Diversity
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Neglect
Personality Disorders
PTSD
Risk
Self Harm
Sexual Abuse Victims
Trauma
Suicidal Ideation
Relationship Difficulties

CASE TYPES

Family

MEDICO-LEGAL

I have reported in a number of cases within the family courts, where there are concerns regarding parental capacity to create a safe environment for the children. I have been asked to conduct psychological assessments to determine whether there are psychological disorders that may impact this capacity and whether experiences of trauma may contribute to a lack of this capacity. I have also commented on family dynamics and cultural factors that may provide a basis of understanding the difficulties experienced within the family system.

PROFESSIONAL MEMBERSHIPS

Chartered and Associate Fellow British Psychological Society (BPS) - 088762

Member Division of Counselling Psychology, BPS

Founder Black and Asian Counselling Psychologists Group, BPS

Member Division of Clinical Psychology, BPS

Registered member Healthcare Professionals Council - PYL25255

American Psychological Association – C2103077462

EDUCATION

2006 - 2010: DPsych in Counselling Psychology: City University, London.
Doctoral research: Exploring the self-definition and individuality of black professional women.

2005 - 2006: MSc in Counselling Psychology: City University, London.
Critical literature review: Exploring self-concept in people with learning disability.

1997 - 2001: BSc (Hons) Psychology: London Guildhall University, London.
Research: Attachment and aggression – is the attachment style formed during childhood a good predictor of aggressive tendencies in adults?
Final degree classification – 2:2

1996 - 1997: Foundation in Humanities and Social Sciences: City & Islington College, London

1992 - 1994: A' Levels: Enfield College, London
3 subjects: Chemistry, Physics and Biology

1990 - 1992: G.C.S.Es: The School of St David & Katharine, Hornsey, London. 17 subjects.





OTHER QUALIFICATIONS

BPS approved applied psychology practice supervisor

BPS accredited and qualified Test User

Occupational, Ability (formerly Level A) and Personality (formerly Level B)

Experience of: MCMI-IV, NEO PI-R, Myers-Briggs Type Indicator, Rorschach test and Orpheus Personality Questionnaire, HCR-20v3, SAPROF, START, WAIS IV, RSVP, MCMI IV

CURRENT EMPLOYMENT

10/2010—Present: Counselling Psychologist in independent practice
Psychological assessments of adults and therapeutic support

PREVIOUS EMPLOYMENT

01/2022—06/2022 Pertemps Medical Agency
Locum Counselling Psychologist and Lead Psychologist

- Assessing risk of violence
- Assessing risk of sexual violence
- Assessing risk of suicide and self-harm
- Assessing appropriateness of psychological therapy
- Conducting psychological assessments to identify appropriate psychological support
- Direct and indirect working with sexual offending
- Direct and indirect working with mild intellectual disability
- Direct and indirect working with treatment resistant paranoid schizophrenia
- Direct and indirect working with anxiety
- Supervising positive behavioural plans, CPA reports, HCR-20v3 reports, Psychology reports
- Facilitating identified training for the psychology team
- Producing clinical governance reports
- Producing weekly psychology updates for the service
- Indirect contribution to referral reports
- Providing managerial supervision for the psychology team

08/2021—01/2022 Pertemps Medical Agency
Locum Counselling Psychologist and Deputy Head of Psychology

- Assessing risk of violence
- Assessing risk of sexual violence
- Assessing risk of suicide and self-harm
- Direct and indirect working with sexual offending
- Direct and indirect working with mild intellectual disability
- Direct and indirect working with treatment resistant paranoid schizophrenia



- Direct and indirect working with anxiety
- Writing of positive behavioural plans
- Writing of potential risk care plans
- Writing of CPA reports
- Facilitating START Risk Assessment Training
- Producing clinical governance reports
- Contributing to referral reports
- Facilitating reflective practice space
- Providing supervision to applied psychologists and assistant psychologists
- Contributing to MDT discussions, meetings, and reports
- Facilitating psychological groups e.g., mindfulness

04/2021—07/2021	Pertemps Medical Agency Locum Counselling Psychologist
07/2000—04/2021	Underwriter TransRe Underwriting within the non-marine department in respect of property and aviation/space classes of business.
05/2020—05/2020	Guest Lecturer DPsych Counselling Psychology Programme, Regents University London, London. Exploring the challenges of racial discrimination – considering race, ethnicity, culture and the overlap of personal and professional
05/2019—05/2019	Guest Lecturer DPsych Counselling Psychology Programme, Regents University London, London. “Double D – Difference & Discrimination. Focus on identity, power, racial discrimination and intersectionality”
04/2019—04/2019	Visiting Lecturer DPsych Counselling Psychology Programme, London Metropolitan University, London. Race, Culture and Difference
04/2018—04/2018	Visiting Lecturer DPsych Counselling Psychology Programme, London Metropolitan University, London. “So you call yourself a Psychologist? Psychoanalyse this! My name is Black, that’s not all that I am!”
04/2017—04/2017	Visiting Lecturer DPsych Counselling Psychology Programme, London Metropolitan University, London. A question of Race, Culture and History – Working with Black Clients.



- 04/2016—04/2016 Visiting Lecturer
DPsych Counselling Psychology Programme,
Manchester University, Manchester
Race, Culture and Ethnicity.
- 04/2016—04/2016 Visiting Lecturer
DPsych Counselling Psychology Programme,
London Metropolitan University, London.
Working with race and culture in clinical practice.
- 06/2014—06/2014 Visiting Lecturer
DPsych Counselling Psychology Programme,
London Metropolitan University, London.
Working with race and culture: what are we not saying in clinical practice?
- 06/2014—06/2014 Visiting Lecturer
DPsych Counselling Psychology Programme,
City University, London.
Culture and diversity: Assessment and formulation
- 10/2013—11/2013 Visiting Lecturer
DPsych Counselling Psychology Programme,
University of East London, London.
Culture and diversity: Assessment and formulation

PUBLICATIONS

Gervais, R.L. and Ade-Serrano, Y. (2022). This too shall pass, or will it? In W.S. Williams and W, Garrett-Walker (Eds.). *The Majestic Place: The Freedom Possible in Black Women's Leadership* (awaiting publication)

Nkansa-Dwamena, O. and Ade-Serrano, Y. (2022). Race, culture and ethnicity – what is your story? In L. Winter and T. Hanley (Eds.). *Handbook of Counselling and Psychotherapy*. London: Sage Publications Ltd.

Ade-Serrano, Y. (2021). Reflections from a junkyard room in *Balancing on Quicksand: Reflections on Power, Politics and the Relational*. London: Palgrave Macmillan Cham.

Ade-Serrano, Y. (2020). A new Chair's perspective on volunteering: Work, life and counselling psychology. *The Work-Life Balance Bulletin: A DOP Publication*, 4 (2), 46 - 47

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2020). *Applied Psychology and Allied Professionals. Working with Ethnic Minorities*. Leicester: The British Psychological Society.

Ade-Serrano, Y. (2017). Culture and Difference within and across Ethnic Minorities. *The Division of Counselling Psychology Statement*.

Ade-Serrano, Y. (2017). The essence of spirituality and its applicability to practice – an alternative perspective. *Race, Culture and Diversity – a collection of articles from Counselling Psychologists*, 78 – 91.



Ade-Serrano, Y. & Nkansa-Dwamena, O. (2016). Black Lives Matter. *The Psychologist*, 29 (9), 659.

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2016). Voicing the uncomfortable: how can we talk about race? *Counselling Psychology Review Special Edition 'Race' and Counselling Psychology*, 31 (2), 5 – 9.

Ade-Serrano, Y. & Nkansa-Dwamena, O. (2014). Proposal to include race, culture and diversity in counselling psychology. (Online).

CONTINUED PROFESSIONAL DEVELOPMENT

July 2023:	Level 3 Multi-Agency Child Protection
June 2023:	Risk Assessment and Management for Perpetrator Programmes
August 2022:	Cardiff University Bond Solon Expert witness Certificate Family Law & Procedures, Criminal Expert Law & Procedures
July 2022:	<u>BPS Division of Counselling Psychology Annual Conference</u> Edge of Awareness?
August 2021:	Tree of Life Training (Trauma focused methodology)
July 2021:	BPS Division of Counselling Psychology Annual Conference
October 2019:	BPS Psychotherapy Section Conference
October 2019:	Black and Asian Counselling Psychology Group Conference Psychological impacts of racial discrimination for both clients and practitioners
September 2019:	Trauma Conference Exploration of trauma within the BAME community
July 2019:	British Psychological Society Applied Psychology and racial inequality / equity
July 2019:	The Psychosis of Whiteness
June 2019:	BPS Division of Counselling Psychology Annual Conference Celebrating our history – embracing tomorrow's mysteries
May 2019:	The Masks of Masculinity Exploring the link between Male vulnerability and Violence
May 2019:	BlackMajor Hearts of Men

Dr Yetunde Ade-Serrano

BSc, MSc, DPsych, CPsychol AFBPsS

Counselling Psychologist

Expert in Mind

Essential in uniting professionals



April 2019:	The Psychosis of Whiteness
October 2018:	BMEVoices Inaugural Conference Identity & Belonging – its not as White and Black
September 2018:	Colonialism and Slavery in popular culture today
July 2018:	Something about our bodies Female Genital Mutilation Workshop
July 2018:	BPS Division of Counselling Psychology Annual Conference Building Bridges: Visibility, Equality, Inclusion and Diversity
June 2018:	Women on the couch Seminar