



SPECIALISMS

Alcohol/Substance Misuse
Anxiety Disorders
Bipolar Affective Disorder
Borderline Personality Disorder (BPD / EUPD)
Capacity Assessments
Child Neglect
Cognitive Assessments
Depression
Domestic Violence
Historic Sex Abuse
Mood Disorders
Motivation To Change
OCD
Personality Disorders
Postnatal Depression
Psychotic Disorders
PTSD & Complex PTSD
Schizophrenia
Self Harm
Sexual Abuse Victims
Suicidal Ideation
Trauma

CASE TYPES

Capacity Certificates
Cognitive Assessments
Employment Tribunal
Family Proceedings
Historic Sexual Abuse
Housing
Second Opinion

LEGAL AND COURT WORK EXPERIENCE

- Assessment and diagnosis of adults mental health conditions, including severe and complex conditions, and differential diagnosis
- Preparation of court reports for Family and Civil courts, including assessments requiring interpreter
- Experience of assessing self-harm, suicidality and personality disorders, including Borderline [Emotionally Unstable] Personality Disorder (BPD/EUPD)
- Experience in the assessment of mental capacity
- Experience in assessment of cognitive functioning
- Experience in assessing parenting capacity

MEDICO LEGAL PROFILE

Dr Rosalie Hughes is a HCPC and BPS registered clinical psychologist and expert witness. She has over twenty years' experience of working in NHS mental health services. She has specialised in the assessment and treatment of adults with severe and complex mental health conditions including personality disorder, substance misuse, and psychotic conditions. She has experience assessing intellectual functioning ("IQ assessments") in adults, and assessing the impact of mental health conditions and learning difficulties on litigation capacity and parenting. She has worked with translators and culturally diverse populations. She has training and experience delivering specialist evidence-based psychological therapies: Cognitive Behaviour Therapy (CBT), Dialectical Behaviour Therapy (DBT) and behaviour therapies, across all aspects of mental health. She delivers high quality expert reports within required timescales.

AREAS OF EXPERTISE

- Complex mental health conditions and Personality Disorder
- Risk assessment in mental health, including self-harm & suicidality
- Diagnostic assessments & Differential diagnosis
- Substance Misuse
- PTSD/Complex Trauma
- Cognitive Assessments
- Mental Capacity Act Assessments
- Housing and Immigration/Asylum





PROFESSIONAL QUALIFICATIONS

- 2005 Doctor of Clinical Psychology (DClinPsych), University of Surrey
- 1999 BA(Hons) in Psychology, University of South Africa
- 1994 BA in Psychology, University of Cape Town

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2023 Family Law and Procedure - England and Wales (2 days)
- 2023 Civil Law and Procedure - England and Wales (2 days)
- 2023 Cross Examination Skills Training (1 day)
- 2022 Courtroom Skills Training (1 day)
- 2022 Excellence in Report Writing (1 day)
- 2022 Medico-Legal Assessments & Report Writing
- 2022 Antiracism Clinical Supervisor Training
- 2022 Adapting Cognitive Behaviour Therapy (CBT) for people with a diagnosis of Autism Spectrum Disorder (ASD)
- 2021 Dialectical Behaviour Therapy (DBT) Foundational Training
- 2021 Borderline Personality Disorder & the Perinatal Period
- 2021 Delivering Culturally Responsive Therapies
- 2021 Kings Fund Leadership training workshops
- 2021 Supervision Skills Training (British Psychological Society)
- 2021 Cognitive Behaviour Therapy (CBT) for PTSD & Working with Complex Presentations

RECENT PRESENTATIONS

- 2022 Diagnosing Borderline Personality Disorder (BPD)
- 2021 Evidence-based Psychological Therapy: What this means and Why it matters – Research & policy framework

CAREER SUMMARY

2022 – Present Consultant Clinical Psychologist in Independent Practice

- Medico-legal and diagnostic assessments of adults
- Assessments of Cognitive functioning (“IQ” tests)
- Delivering high quality expert reports for solicitors
- Assessments and evidence-based psychological therapies for a broad range of adult mental health conditions
- Cognitive Behaviour Therapy (CBT), Dialectical Behaviour Therapy (DBT), and specialist behaviour therapies





2020 – 2022 Consultant Clinical Psychologist SWLSTG Mental Health NHS Trust

- Specialist psychological and diagnostic assessments of clients with complex and severe mental health symptoms
- Assessment of risk associated with mental health conditions, formulating multidisciplinary risk management plans, and providing consultation to risk management forums
- Delivered evidence-based, National Institute of Health & Care Excellence (NICE) recommended Psychological Therapies
- Cognitive behavioural therapy (CBT), Dialectical Behaviour Therapy (DBT) and specialist behavioural therapies
- Clinical assessments, including cognitive assessments
- Providing Clinical & Professional Supervision to qualified clinical psychologists working in Adult Mental Health and Early Intervention for Psychosis services

2008 – 2020 Highly Specialist Clinical Psychologist Community Adult Mental Health Services, SWLSTG Mental Health NHS Trust

- Specialist psychological and diagnostic assessments of clients with complex and severe mental health symptoms
- Assessment of risk associated with mental health conditions, formulating multidisciplinary risk management plans, and providing consultation to mental health teams
- Delivered evidence-based, National Institute of Health & Care Excellence (NICE) recommended Psychological Therapies
- Cognitive behavioural therapy (CBT), Dialectical Behaviour Therapy (DBT) and specialist behavioural therapies
- Clinical assessments, including cognitive assessments
- Providing Clinical & Professional Supervision to Trainee Clinical Psychologists completing doctoral training programmes

2005 – 2008 Specialist Clinical Psychologist Community Adult Mental Health Services, SWLSTG Mental Health NHS Trust

- Specialist psychological assessments of clients with complex and severe mental health symptoms
- Assessment of risk associated with mental health conditions, formulating multidisciplinary risk management plans, and providing consultation to mental health teams
- Delivered evidence-based Psychological Therapies
- Cognitive behavioural therapy (CBT) and specialist behavioural therapies
- Clinical assessments, including cognitive assessments



2002 –2005 Trainee Clinical Psychologist

University of Surrey & Surrey and Borders NHS Trust

- Completed six clinical training placements as part of three year doctoral training degree
- Placements in: Adult Mental Health, Child & Family mental health, Learning Disabilities, Older Adults, Family Therapy & Early Intervention in Psychosis
- Training in working with mental health conditions across the lifespan, including different population groups and with different clinical settings

2001 –2002 Assistant Psychologist & Mental Health Promotion Worker

SWLSTG Mental Health NHS Trust

- Psychological therapies in Primary Care setting
- Research assistant work
- Collaborated on setting up wellbeing & psychoeducation groups