



## SPECIALISMS

Alcohol/Substance Misuse  
Anxiety Disorders  
Bipolar Affective Disorder  
Borderline Personality Disorder (BPD / EUPD)  
Capacity Assessments  
Child Neglect  
Cognitive Assessments  
Depression  
Domestic Violence  
Historic Sex Abuse  
Mood Disorders  
Motivation To Change  
OCD  
Personality Disorders  
Postnatal Depression  
Psychotic Disorders  
PTSD & Complex PTSD  
Schizophrenia  
Self Harm  
Sexual Abuse Victims  
Suicidal Ideation  
Trauma

## CASE TYPES

Capacity Certificates  
Cognitive Assessments  
Employment Tribunal  
Family Proceedings  
Historic Sexual Abuse  
Housing  
Personal Injury  
Second Opinion

## LEGAL AND COURT WORK EXPERIENCE

- Assessment and diagnosis of adults mental health conditions, including severe and complex conditions, and differential diagnosis
- Preparation of court reports for Family and Civil courts, including assessments requiring interpreter
- Experience of assessing self-harm, suicidality and personality disorders, including Borderline [Emotionally Unstable] Personality Disorder (BPD/EUPD)
- Experience in the assessment of mental capacity
- Experience in assessment of cognitive functioning
- Experience in assessing parenting capacity

## MEDICO LEGAL PROFILE

Dr Rosalie Hughes is a HCPC and BPS registered clinical psychologist and expert witness. She has over twenty years' experience of working in NHS mental health services. She has specialised in the assessment and treatment of adults with severe and complex mental health conditions including personality disorder, substance misuse, and psychotic conditions. She has experience assessing intellectual functioning ("IQ assessments") in adults, and assessing the impact of mental health conditions and learning difficulties on litigation capacity and parenting. She has worked with translators and culturally diverse populations. She has training and experience delivering specialist evidence-based psychological therapies: Cognitive Behaviour Therapy (CBT), Dialectical Behaviour Therapy (DBT) and behaviour therapies, across all aspects of mental health. She delivers high quality expert reports within required timescales.

## AREAS OF EXPERTISE

- Complex mental health conditions and Personality Disorder
- Risk assessment in mental health, including self-harm & suicidality
- Diagnostic assessments & Differential diagnosis
- Substance Misuse
- PTSD/Complex Trauma
- Cognitive Assessments
- Mental Capacity Act Assessments
- Housing and Immigration/Asylum





## PROFESSIONAL QUALIFICATIONS

- 2005 Doctor of Clinical Psychology (DClinPsych), University of Surrey
- 1999 BA(Hons) in Psychology, University of South Africa
- 1994 BA in Psychology, University of Cape Town

## SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2024 CBT Plus for ADHD (3 days)
- 2023 Family Law and Procedure - England and Wales (2 days)
- 2023 Civil Law and Procedure - England and Wales (2 days)
- 2023 Cross Examination Skills Training (1 day)
- 2022 Courtroom Skills Training (1 day)
- 2022 Excellence in Report Writing (1 day)
- 2022 Medico-Legal Assessments & Report Writing
- 2022 Antiracism Clinical Supervisor Training
- 2022 Adapting Cognitive Behaviour Therapy (CBT) for people with a diagnosis of Autism Spectrum Disorder (ASD)
- 2021 Dialectical Behaviour Therapy (DBT) Foundational Training
- 2021 Borderline Personality Disorder & the Perinatal Period
- 2021 Delivering Culturally Responsive Therapies
- 2021 Kings Fund Leadership training workshops
- 2021 Supervision Skills Training (British Psychological Society)
- 2021 Cognitive Behaviour Therapy (CBT) for PTSD & Working with Complex Presentations

## RECENT PRESENTATIONS

- 2022 Diagnosing Borderline Personality Disorder (BPD)
- 2021 Evidence-based Psychological Therapy: What this means and Why it matters – Research & policy framework

## CAREER SUMMARY

### 2022 – Present Consultant Clinical Psychologist in Independent Practice

- Medico-legal and diagnostic assessments of adults
- Assessments of Cognitive functioning (“IQ” tests)
- Delivering high quality expert reports for solicitors
- Assessments and evidence-based psychological therapies for a broad range of adult mental health conditions
- Cognitive Behaviour Therapy (CBT), Dialectical Behaviour Therapy (DBT), and specialist behaviour therapies





**2020 – 2022 Consultant Clinical Psychologist  
SWLSTG Mental Health NHS Trust**

- Specialist psychological and diagnostic assessments of clients with complex and severe mental health symptoms
- Assessment of risk associated with mental health conditions, formulating multidisciplinary risk management plans, and providing consultation to risk management forums
- Delivered evidence-based, National Institute of Health & Care Excellence (NICE) recommended Psychological Therapies
- Cognitive behavioural therapy (CBT), Dialectical Behaviour Therapy (DBT) and specialist behavioural therapies
- Clinical assessments, including cognitive assessments
- Providing Clinical & Professional Supervision to qualified clinical psychologists working in Adult Mental Health and Early Intervention for Psychosis services

**2008 – 2020 Highly Specialist Clinical Psychologist  
Community Adult Mental Health Services, SWLSTG Mental Health NHS Trust**

- Specialist psychological and diagnostic assessments of clients with complex and severe mental health symptoms
- Assessment of risk associated with mental health conditions, formulating multidisciplinary risk management plans, and providing consultation to mental health teams
- Delivered evidence-based, National Institute of Health & Care Excellence (NICE) recommended Psychological Therapies
- Cognitive behavioural therapy (CBT), Dialectical Behaviour Therapy (DBT) and specialist behavioural therapies
- Clinical assessments, including cognitive assessments
- Providing Clinical & Professional Supervision to Trainee Clinical Psychologists completing doctoral training programmes

**2005 – 2008 Specialist Clinical Psychologist  
Community Adult Mental Health Services, SWLSTG Mental Health NHS Trust**

- Specialist psychological assessments of clients with complex and severe mental health symptoms
- Assessment of risk associated with mental health conditions, formulating multidisciplinary risk management plans, and providing consultation to mental health teams
- Delivered evidence-based Psychological Therapies
- Cognitive behavioural therapy (CBT) and specialist behavioural therapies
- Clinical assessments, including cognitive assessments





## **2002 –2005 Trainee Clinical Psychologist**

### **University of Surrey & Surrey and Borders NHS Trust**

- Completed six clinical training placements as part of three year doctoral training degree
- Placements in: Adult Mental Health, Child & Family mental health, Learning Disabilities, Older Adults, Family Therapy & Early Intervention in Psychosis
- Training in working with mental health conditions across the lifespan, including different population groups and with different clinical settings

## **2001 –2002 Assistant Psychologist & Mental Health Promotion Worker**

### **SWLSTG Mental Health NHS Trust**

- Psychological therapies in Primary Care setting
- Research assistant work
- Collaborated on setting up wellbeing & psychoeducation groups