



SPECIALISMS

Anxiety
Depression
PTSD
Trauma

CASE TYPES

Clinical Negligence
Personal Injury
Road Traffic Accident

MEDICO-LEGAL

I have extensive experience in the assessment and treatment of a range of conditions for adults including PTSD, depression and anxiety disorders, including driving related anxiety. I have particular expertise in the psychological consequences of injury, illness and trauma. As an expert witness I am able to produce the highest standard of medico-legal psychological assessments.

QUALIFICATIONS

- 2019 **DClinPsy Doctorate in Clinical Psychology**
University of Glasgow, UK
- 2016 **PGCert Low-intensity CBT**
Essex University, UK
- 2014 **MSc Clinical and Health Psychology with Distinction**
University of Newcastle, UK
- 2012 **MA (Hons) Psychology**
University of Edinburgh, UK
- 2008 **Highers English: A; Art: A; History: A; French: A**
St. Columba's School, UK

THERAPEUTIC MODALITIES

CBT & Narrative Exposure Therapy (NET) for trauma presentations, Compassion Focused Therapy, ERP, MANTRA/CBT for Eating Disorders, Social Skills Training, Neuropsychological assessment. Trainer & supervisor in NET and TF-CBT for PTSD.

CURRENT ROLES

- January 2022-present** **Consultant Psychologist & Clinical Lead**
Spectrum Life Mental Health Service, UK.
Supervision and management of the clinical team, service development and governance.
- September 2022-present** **Clinical Associate of the Oxford Cognitive Therapy Centre, UK.**
This ad hoc role involves guest teaching and supervision services for Oxford University courses.
- August 2022-July 2023** **Supervisor on IAPT Trauma Therapies for Refugees and Asylum Seekers Course, UK.**
Part time supervision regarding trauma approaches one day a month.
- March 2020-present** **Dr Iona Walker Psychological Services, Global.**
Provision of medicolegal reports for RTAs and clinical negligence cases UK. I am a trainer in trauma approaches for private practice and third sector clinicians pro-bono.





RELEVANT WORK HISTORY

November 2021-March 2022

Senior Clinical Psychologist, Burns and Plastics, Wythenshawe Hospital, NHS, Manchester, UK.

Provision of therapy for PTSD and pre-surgical psychological assessments. Patients presented with distress related to acid attacks, suicide attempts, amputations, house fires and assault. I provided supervision to staff and represented Psychology at ward rounds.

March 2020-August 2021

Senior Clinical Psychologist, Clear Health, Perth, Australia.

Private practice providing evidence-based therapy for trauma and a range of psychological difficulties.

March 2020-September 2020

Senior Clinical Psychologist, Dr Julian Online Therapy, UK.

Provision of therapy for NHS and private clients presenting with PTSD and a range of difficulties.

September 2016-September 2019

Trainee Clinical Psychologist, DClInPsy, Glasgow, NHS, UK.

I conducted research, attended teaching, and carried a caseload in CMHTs, Neuropsychology, Learning Disabilities, Eating Disorder Services and CAMHS. As a trainee, I led formulation and treatment for a client presenting with Autistic Catatonia for which our team received an excellent patient care award.

October 2014-August 2016

Psychological Wellbeing Practitioner, IAPT, Cambridge, UK.

Provision of CBT for adults with a range of conditions. I led a work-related stress workshop and developed a Seasonal Affective Disorder Service and represented IAPT on ITV news.

September 2013-October 2014

Assistant Psychologist, NeuroCog, Newcastle, UK.

This role entailed PTSD and neuropsychological assessments. Instructed by law firms I conducted medico-legal reports for compensation claims related to injuries and traumatic incidents.

August 2008-October 2010

Residential Project Worker, part time, Barnardo's, Edinburgh, UK.

I worked as a carer in a residential care home for children with emotional and behavioural difficulties.

June 2007-September 2008

Voluntary Assistant Psychologist, Argyll Psychological Service, UK.

I observed and assisted a qualified psychologist in school settings part time.

PUBLICATIONS/DISSEMINATION

Walker, I., Meldrum, S. & Evans, J. (2018). An Audit of a Specialist Neuropsychology Service for People Diagnosed with Motor Neuron Disease (6) 23: *The Neuropsychologist*. BPS.

Mole, T. B., Galante, J., Walker, I. C., Dawson, A. F., Hannah, L. A., Mackeith, P., & Jones, P. B. (2017). The MindfulBreather: Motion Guided Mindfulness. *Frontiers in human neuroscience*, 11, 613.

Walker, I. & McGivern, A. (2016). Winter blues: Coping with Seasonal Affective Disorder. 18 February 2016. *ITV News*. Television.

Walker, I. (2011). Beyond the Looking Glass: The Relationship between Mirror Neurons and Theory of Mind. (2):5-6. *Psychobabble the Journal*.

Dr Iona C M Walker

DClinPsy MA(Hons), MSc, PGCert, Psychol
Consultant Clinical Psychologist
& Psychotraumatologist

Expert in Mind
Essential in uniting professionals



ACCREDITATION & MEMBERSHIPS

BPS Chartered Psychologist (301993) & Expert Witness
NHS accredited Clinical Supervisor
HCPC Clinical Psychologist registration (PYL37941)
AHPRA registered Clinical Psychologist (PSY0002343140)
Member of VIVO International

VOLUNTEERING

I volunteer for organisations supporting individuals affected by trauma and human rights issues.

REFERENCES

Available for all posts as required.



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