



## SPECIALISMS

ADHD (Diagnosis)  
ASD (Diagnosis)  
ADD (Diagnosis)  
Asperger's (Diagnosis)  
ADHD  
ASD  
ADD  
Asperger's  
Addiction  
Anxiety  
Bereavement  
Bipolar  
Borderline Personality  
Chronic Pain  
Depression  
Drug/Alcohol/Substance Misuse  
Eating Disorder  
Mood Disorder  
OCD  
Personality Disorders  
PTSD  
Self-Harm  
Tics  
Tourette's  
Trauma  
Victims of Torture

## CASE TYPES

ADHD  
ASD  
Clinical Negligence  
Coroner's Reports  
Personal Injury  
Road Traffic Accident  
Second Opinion

## PROFILE

I am a psychiatrist who specializes in medicolegal cases. I have clinical and academic training from centres of excellence at the University of Cambridge. I adhere to best practices for medicolegal work and maintain my skills through up-to-date courses by Bond Solon. I undertake a range of work, including personal injury and clinical negligence. My areas of interest are broad and include: anxiety, depression, obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), and addictions. ADHD, autism, and neurodevelopmental disorders are also areas of interest. I have wide clinical expertise, having undergone training programs in both child and adolescent psychiatry as well as adult psychiatry. I have over 1,000 academic citations from publications that complement my knowledge-base and role as a psychiatric expert witness.

## PROFESSIONAL REGISTRATIONS & LICENCES

- **Full GMC Registration—Number:** 713613
- **RCPsych Member Number:** 916158
- **Member of The Royal College of Psychiatrists** 2015 (all examinations passed on first attempt)
- **UK Certificate of Completion of Training (CCT) in Child & Adolescent Psychiatry** 2019
- **Fellow of the Royal Australian and New Zealand College of Psychiatrists** 2022
- **Medical Protection Society** membership number: 359315
- **Member of the Royal Australian and New Zealand College of Psychiatrists' ADHD special interest group**
- **Member of the Royal College of Psychiatrists' forensic, general adult and neuropsychiatry faculties. Member of the private practice and neurodevelopmental disorders special interest groups**

## EDUCATION & COURSES

- |      |  |
|------|--|
| 2023 | <b>Civil Expert Witness Training.</b> 5-day training covering report-writing, court-room skills, cross-examination and civil law & procedure<br>Bond Solon |
| 2023 | <b>Working as a medico-legal expert Masterclass</b><br>The Royal College of Psychiatrists (UK)   |
| 2022 | ADHD Assessment & Management Masterclass<br>Royal Australian & New Zealand College of Psychiatrists (RANZCP), Australia                                    |
| 2021 | <b>Complex Trauma and Narrative Exposure Masterclass</b><br>Dr Iona Walker, Traumatologist, University of Oxford   |





## EDUCATION & COURSES CONTD.

- 2020-21 Fellowship of the Royal College Re-Accreditation Pathway: Adult Psychiatry  
RANZCP, Australia
- 2019-20 Leadership and Management training for Social Ventures  
Judge Business School, University of Cambridge, UK
- 2014-17 Awarded Psychiatry NIHR\* Academic Clinical Fellowship  
University of Cambridge, UK
- 2011 Psychiatry Elective  
Yale University, US
- 2010 BSc (Hons) International Health [intercalation] **1st Class**  
Bristol University, UK
- 2007-11 Medicine (MB ChB)  
University of Manchester, UK

## PUBLICATIONS

H-index 12; i10-index 13; total citations 1045 as of Google scholar 28th November 2022.

- Mole, T. B.,** Irvine, M. A., Worbe, Y., Collins, P., Mitchell, S. P., Bolton, S., Harrison, N. A., Robbins, T. W., & Voon, V. (2015). Impulsivity in disorders of food and drug misuse. *Psychological Medicine*, 45(4).  
<https://doi.org/10.1017/S0033291714001834>
- Mole, T. B.,** Galante, J., Walker, I. C., Dawson, A. F., Hannah, L. A., Mackeith, P., Ainslie, M., & Jones, P. B. (2017). The Mindful Breather: Motion Guided Mindfulness. *Frontiers in Human Neuroscience*. <https://doi.org/10.3389/fnhum.2017.00613>
- Mole, T. B.,** Furlong, Y., Clarke, R. J., Rao, P., Moore, J. K., Pace, G., van Odyck, H., & Chen, W. (2022). Lurasidone for Adolescents with Complex Mental Disorders: A Case Series. *Journal of Pharmacy Practice*, 35(5). <https://doi.org/10.1177/0897190021997011>
- Dudas R., **Mole T.B.,** P., & Voon, V. (2017). Amygdala and DLPFC abnormalities, with aberrant connectivity and habituation in response to emotional stimuli in females with BPD. *Journal of Affective Disorders*.  
<https://doi.org/10.1016/j.jad.2016.10.043>
- Hanby, M. F., Scott, K. M., Scotton, W., Wijesekera, L., **Mole, T.,** Ellis, C. E., Nigel Leigh, P., Shaw, C. E., & Al-Chalabi, A. (2011). The risk to relatives of patients with sporadic amyotrophic lateral sclerosis. *Brain*.  
<https://doi.org/10.1093/brain/awr248>
- Mole, T. B.,** Mak, E., Chien, Y., & Voon, V. (2016). Dissociated accumbens and hippocampal structural abnormalities across obesity and alcohol dependence. *International Journal of Neuropsychopharmacology*. <https://doi.org/10.1093/ijnp/pyw039>
- van Dam, N. T., Brown, A., **Mole, T. B.,** Davis, J. H., Britton, W. B., & Brewer, J. A. (2015). Development and validation of the behavioral tendencies questionnaire. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0140867>





## PUBLICATIONS CONTD.

- Dawson, A. F., Brown, W. W., Anderson, J., Datta, B., Donald, J. N., Hong, K., Allan, S., **Mole, T. B.**, Jones, P. B., & Galante, J. (2020). Mindfulness-based interventions for university students: a systematic review and meta-analysis of randomised controlled trials. *Applied Psychology: Health and Well-Being*, 12 (2), 384–410.
- Mechelmans, D. J., Irvine, M., Banca, P., Porter, L., Mitchell, S., **Mole, T. B.**, Lapa, T. R., Harrison, N. A., Potenza, M. N., & Voon, V. (2014). Enhanced attentional bias towards sexually explicit cues in individuals with and without compulsive sexual behaviours. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0105476>
- Mole, T. B.**, Appleton, R., & Marson, A. (2015). Withholding the choice of sodium valproate to young women with generalised epilepsy: Are we causing more harm than good? *Seizure*. <https://doi.org/10.1016/j.seizure.2014.08.006>
- Mole, T. B.**, Maciver, K., Sluming, V., Ridgway, G. R., & Nurmikko, T. J. (2014). Specific brain morphometric changes in spinal cord injury with and without neuropathic pain. *NeuroImage: Clinical*. <https://doi.org/10.1016/j.nicl.2014.05.014>
- Mole, T. B.**, & Mackeith, P. (2018). Cold forced open-water swimming: a natural intervention to improve postoperative pain and mobilisation outcomes? *BMJ Case Reports*. <https://doi.org/10.1136/bcr-2017-222236>
- Peterson, K. A., **Mole, T. B.**, Keong, N. C. H., DeVito, E. E., Savulich, G., Pickard, J. D., & Sahakian, B. J. (2018). Structural correlates of cognitive impairment in normal pressure hydrocephalus. *Acta Neurologica Scandinavica*, 0(0). <https://doi.org/10.1111/ane.13052>
- Voon, V., **Mole, T. B.**, Banca, P., Porter, L., Morris, L., Mitchell, S., Lapa, T. R., Karr, J., Harrison, N. A., Potenza, M. N., & Irvine, M. (2014). Neural correlates of sexual cue reactivity in individuals with and without compulsive sexual behaviours. *PLoS ONE*, 9(7). <https://doi.org/10.1371/journal.pone.0102419>
- Wass, V., & **Mole, T. B.** (2017). Contextually balanced medical education: realigning with global health care delivery. In *Medical Education* (Vol. 51, Issue 8). <https://doi.org/10.1111/medu.13360>
- Mole, T. B.**, Begum, H., Cooper-Moss, N., Wheelhouse, R., Mackeith, P., Sanders, T., & Wass, V. (2016). Limits of 'patient-centredness': Valuing contextually specific communication patterns. *Medical Education*. <https://doi.org/10.1111/medu.12946>

## PATIENT TESTIMONIALS

*"I could not recommend Tom more highly."*

*"The most thorough, holistic, educated, and helpful professional I had ever worked with."*

*"Dr Mole was very clear, thorough, and thoughtful - He didn't just give out pills. I left with a lot of different avenues to pursue."*

*"Really very good. My daughter was seeing him and she was very impressed with his manner and his advice."*

