



## SPECIALISMS

ADHD (Diagnosis)  
ADHD  
Addiction  
Alienation  
Anxiety  
Bereavement  
Bipolar  
Capacity  
Cultural Diversity  
Depression  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Epilepsy  
Mood Disorder  
Neglect  
OCD  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosis  
Psychosomatic  
PTSD  
Schizophrenia  
Self-Harm  
Sex Offenders  
Stroke  
Suicidal Ideation

## CASE TYPES

ADHD  
Capacity Certificates  
Clinical Negligence  
Coroner's Reports  
Criminal  
Employment Tribunal  
Family  
Fitness to Plead  
Forensic  
Litigation Capacity  
Matrimonial Proceedings  
Mental Health Tribunal  
Occupational Health  
Personal Injury  
Private Family Law Proceedings  
Second Opinion  
Testamentary Capacity

GMC No. 6071960

## PROFESSIONAL QUALIFICATIONS & EXPERTISE

### Expertise

Consultant Psychiatrist since 2013

Expertise: Forensic & General Adult Psychiatry, Adult ADHD, Substance Misuse Disorders.

I have provided:

- 25 expert psychiatric reports per year
- 50 Second Opinions to CQC per year

### Current Positions

- Consultant Psychiatrist in a Low Secure Unit (General Psychiatry with High Risks, including criminal convictions)
- Second Opinion Approved Doctor for Care Quality Commission

### Qualifications

- |   |                                                                                                    |      |
|---|----------------------------------------------------------------------------------------------------|------|
| • | FRCPsych                                                                                           | 2022 |
| • | Certificate of Completion of Training (CCT)<br>(General Psychiatry and Substance Misuse Disorders) | 2013 |
| • | MRCPsych                                                                                           | 2009 |
| • | MD Psychiatry                                                                                      | 2004 |
| • | MBBS                                                                                               | 2001 |

## PUBLICATIONS

Therayil, Manoj & Kar, Nilamadhab & Namboodiri, Vasudevan & Joy, Alok & Sreenivasan, Dhanya & Kumar, Sebind & Van Bortel, Tine & Mutiti, Aaron. (2022). Post-traumatic stress and depression following a landslide linked to the 2018 floods in Kerala, India: Relevance of screening. *Journal of Emergency Management*. DOI: 10.5055/jem.0728.

Namboodiri, V., George, S., & Singh, S. P. (2019). The Mental Healthcare Act 2017 of India: A challenge and an opportunity. *Asian journal of psychiatry*, 44, 25-28.

Namboodiri, V. (2019). Capacity for mental healthcare decisions under the Mental Healthcare Act. *Indian journal of psychiatry*, 61(Suppl 4), S676.





## PUBLICATIONS CONTD.

Aloka Joy, Vasudevan Namboodiri, Manoj T Kumar, Nilamadhab Kar (2018). Recovering Quality of Life (ReQoL) scale: linguistic validation in Malayalam, an Indian language. Journal of Geriatric Care and Research 2018, Vol 5, No.1. ISSN 2397-5628.

*Vasudevan Namboodiri, Sanju George, Sylvie Boulay, Mandy Fair* (Feb 2010). Pregnant heroin addict: what about the baby?

BMJ Case Reports 2010(doi: 10.1136/bcr.09.2009.22 46)

Dr. Sanju George, Steve Clayton, *Dr. Vasudevan Namboodiri*, Sylvie Boulay. (Sept 2009). "Up yours" : Smuggling illicit drugs into prison.

BMJ Case Reports 2009(doi : 10.1136/bcr.06.2009.1935)

## WORK HISTORY

### Consultant Appointments (2013 to Current)

Cygnets Hospital Derby  
Low Secure Unit (Current)

Cygnets Storthfield House, Derbyshire  
High Dependent Rehabilitation

Priory Arnold, Nottingham  
Acute Inpatient Ward

Inpatient and Community Psychiatry

General Hospital Liaison Psychiatry

Substance Misuse Psychiatry

### Pre-Consultant Appointments (2001 – 2013)

Higher Psychiatry Training in East Midlands  
(General Psychiatry and Substance Misuse)

Community Substance Misuse Team

Core Psychiatry Training in West Midlands

Psychiatry Residency and Rotatory Housemanship in India