



SPECIALISMS

ADHD (Diagnosis)
ADHD
Addiction
Alienation
Anxiety
Bereavement
Bipolar
Capacity
Cultural Diversity
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Epilepsy
Mood Disorder
Neglect
OCD
Perinatal
Personality Disorders
Postnatal Depression
Psychosis
Psychosomatic
PTSD
Schizophrenia
Self-Harm
Sex Offenders
Stroke
Suicidal Ideation

CASE TYPES

ADHD
Capacity Certificates
Clinical Negligence
Coroner's Reports
Criminal
Employment Tribunal
Family
Fitness to Plead
Forensic
Litigation Capacity
Matrimonial Proceedings
Mental Health Tribunal
Occupational Health
Personal Injury
Private Family Law Proceedings
Second Opinion
Testamentary Capacity

GMC No. 6071960

EXPERTISE

I have been working as a psychiatrist for 25 years and as a consultant psychiatrist for 13 years; I started expert medicolegal work in 2022.

My clinical experience covers forensic psychiatry, general psychiatry (inpatient, liaison and community), substance misuse disorders, ADHD and rehabilitation psychiatry.

Expertise for Medicolegal Reports

- I provide:
 - A) 25 expert medicolegal psychiatric reports per year (Civil, Criminal and Family). My claimant/defendant ratio for civil cases is 65:35
 - B) 50 Second Opinions to CQC per year
- Personal Injury: Causation and Condition & Prognosis Reports
- Breach of Duty and Clinical Negligence Reports
- Experts' conferences and giving evidence in court
- Criminal: Fitness to Plead, Criminal Responsibility, Opinion on Disposal etc., Risk Assessments, Reports for Parole Board etc.
- Capacity Assessments

CURRENT APPOINTMENTS

- Consultant Psychiatrist in an NHS Medium Secure Unit (Forensic Psychiatry)
- Second Opinion Appointed Doctor for Care Quality Commission

QUALIFICATIONS

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|--|------|
| • FRCPsych | 2022 |
| • Certificate of Completion of Training (CCT)
(General Psychiatry and Substance Misuse Disorders) | 2013 |
| • MRCPsych | 2009 |
| • MD Psychiatry | 2004 |
| • MBBS | 2001 |





PUBLICATIONS

Therayil, Manoj & Kar, Nilamadhab & Namboodiri, Vasudevan & Joy, Aloka & Sreenivasan, Dhanya & Kumar, Sebind & Van Bortel, Tine & Mutiti, Aaron. (2022). Post-traumatic stress and depression following a landslide linked to the 2018 floods in Kerala, India: Relevance of screening. *Journal of Emergency Management*. DOI: 10.5055/jem.0728.

Namboodiri, V., George, S., & Singh, S. P. (2019). The Mental Healthcare Act 2017 of India: A challenge and an opportunity. *Asian journal of psychiatry*, 44, 25-28.

Namboodiri, V. (2019). Capacity for mental healthcare decisions under the Mental Healthcare Act. *Indian journal of psychiatry*, 61(Suppl 4), S676.

Aloka Joy, Vasudevan Namboodiri, Manoj T Kumar, Nilamadhab Kar (2018). Recovering Quality of Life (ReQoL) scale: linguistic validation in Malayalam, an Indian language. *Journal of Geriatric Care and Research* 2018, Vol 5, No.1. ISSN 2397-5628.

Vasudevan Namboodiri, Sanju George, Sylvie Boulay, Mandy Fair (Feb 2010). Pregnant heroin addict: what about the baby?

BMJ Case Reports 2010(doi: 10.1136/bcr.09.2009.22 46)

Dr. Sanju George, Steve Clayton, *Dr. Vasudevan Namboodiri*, Sylvie Boulay. (Sept 2009). "Up yours" : Smuggling illicit drugs into prison.

BMJ Case Reports 2009(doi : 10.1136/bcr.06.2009.1935)

WORK HISTORY

Consultant Appointments (2013 to Current)

March 2026—Present

Arnold Lodge Medium Secure Unit, Nottinghamshire Healthcare NHS Trust—Inpatient Forensic Psychiatry

2023—2026

Cygnets Hospital Derby, Female Low Secure Unit—General and Forensic Psychiatry

2022—2023

Cygnets Storthfield House, High Dependency Rehabilitation—General and Forensic Psychiatry

2021—2022

Priory Arnold, Nottingham, Acute Inpatient Ward—General Psychiatry

2017—2021

Inpatient and Community Psychiatry , InMind Hospital, Thrissur, India

2013—2017

General Hospital Liaison Psychiatry and General Psychiatry, Amala Institute of Medical Sciences, Thrissur, India and Royal Derby Hospital, Derby

2013

Substance Misuse Psychiatry

Pre-Consultant Appointments (2001 – 2013)

2010—2013

Higher Psychiatry Training in East Midlands (General Psychiatry and Substance Misuse)

2008—2010

Community Substance Misuse Team

2005—2008

Core Psychiatry Training in West Midlands

2001—2004

Psychiatry Residency and Rotatory Housemanship in India

