



SPECIALISMS

Antisocial Behaviour
Anxiety
Attachment
Bipolar
Custody
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Learning Disabilities
Learning Difficulties
Mood Disorder
Neglect
Non-Accidental Injury
Paedophilia
Personality Disorders
Psychosis
PTSD
Risk
Schizophrenia
Self-Harm
Sex Offenders
Suicidal Ideation
Trauma

CASE TYPES

Cognitive
Criminal
Family
Historic Sexual Abuse
Personal Injury
Private Family Law Proceedings
Risk Assessments
Road Traffic Accident

HCP Registration: PYL041954

PSYCHOLOGICAL ASSESSMENT

Throughout my career I have provided a range of psychological assessment reports and consultations addressing a wide range of areas, including aggression, sexual offending, trauma, attachment difficulties, and cognitive difficulties. I have provided over 15 reports to local authorities, for children, adolescents and adults, both in residential/secure settings and in the community. I have provided psychological assessment in previous roles within an NHS service and in my current role assessing local authority and private referring clients.

Assessments have included full psychological assessments, cognitive assessments, risk assessments and case specific consultations. I am trained in a wide array of assessment and evaluation tools to assist in providing assessment services regarding offending risk, personality and mental health functioning, including the WAIS, HCR-20, SVR-20, SARA, SAVRY, J-SOAP II, SAPROF, IPDE, PCL-R, and the SCID. I have significant experience in providing assessment reports that meet the structure and requirements for court proceedings.

ACADEMIC ACHIEVEMENTS

Psychology BSc (2013)

University of Bolton—2:1 (with honours)

Thesis area: *The effect of crime severity and offender occupation on the harshness of sentencing given by students: A halo effect of occupation on sentencing.*

Forensic Psychology MSc (2015)

University of Central Lancashire (UCLan): Pass (with honours)

Thesis area: *The area of primary psychopathy and its positive implications, in respect to social anxiety/dominance and status awareness, for positive life outcomes.*

Doctorate in Forensic Psychology (PhD) (2023)

University of Central Lancashire (UCLan)

Thesis area: *Victim safety in the context of abusive intimate relationships.*

PROFESSIONAL QUALIFICATIONS AND TRAINING

Qualifications

Stage 2 Qualification in Forensic Psychology (2017—2022)

British Psychological Society (BPS)





PROFESSIONAL QUALIFICATIONS AND TRAINING CONTD.

Training

Clinical Assessment

Structured Assessment of Protective Factors for Youth (SAPROF) (2017—2022)

The International Organisation for Forensic Practitioners (TIOFP)

Mental Disorder Assessment—Structured Clinical Interview for the DSM V (2018)

The International Organisation for Forensic Practitioners (TIOFP)

Psychopathy and the Psychopathy Checklist—Revised (PCL-R) (2018)

The International Organisation for Forensic Practitioners (TIOFP)

Risk Assessment—Sexual Violence Risk—20 (SVR-20) (2019)

The International Organisation for Forensic Practitioners (TIOFP)

Risk Assessment—Historical, Clinical, Risk—20 (HCR-20) (2019)

The International Organisation for Forensic Practitioners (TIOFP)

Personality Assessment—International Personality Disorder Examination (IPDE) (2020)

The International Organisation for Forensic Practitioners (TIOFP)

Autism Clinical Interview for Adults (ACIA) (2023)

Newcastle University

Clinical Intervention

Child Sexual Exploitation (2015)

Coastal Child and Adult Therapeutic Services

Life Minus Violence—Enhanced © (General violence and Harmful Sexual Behaviour) (2017)

The International Organisation for Forensic Practitioners (TIOFP) & Mersey Care NHS Trust

Dialectic Behaviour Therapy (Skills Training) - Level 2 (2019 & 2022)

Accredited—Association for Psychological Therapies (APT)

Achieved Accreditation in 2019





PROFESSIONAL QUALIFICATIONS AND TRAINING CONTD.

Eye Movement Desensitisation and Reprocessing Therapy (EMDR) (2022)

Accredited—EMDR Association (Europe)

Achieved Accreditation in 2024

Understanding Autism (Level 2) (2022)

Northern Council for Further Education (NCFE) &

Council for Awards in Care, Health and Education (CACHE)

Acceptance and Commitment Therapy (ACT) (2023)

Association for Psychological Therapies (APT)

PROFESSIONAL MEMBERSHIPS

British Psychological Society (BPS)

Chartered membership—355470

Division of Forensic Psychology

HealthCare Professions Council (HCPC)

Practitioner Psychologist—PYL041954

EMPLOYMENT HISTORY

Mental Health Support Worker (2015—2017)

Alpha Hospitals (Bury)/Cygnet Hospitals

Research Assistant Based in High Secure Forensic Services (2016—2021)

University of Central Lancashire (UCLan)

Forensic Psychologist in Training (2017—2022)

University of Central Lancashire (UCLan)/Mersey Care NHS Trust &

Coastal Child and Adult Therapeutic Services (CCATS)

Chartered and Registered Forensic Psychologist (2022—Present)

Coastal Child and Adult Therapeutic Services (CCATS)





EMPLOYMENT HISTORY CONTD.

Volunteer Experience

Probation Support Worker

(2015—2016)

Greater Manchester Probation Service

Custody Assessor

(2015—2016)

Greater Manchester Police and Crime Commission

ACADEMIC PUBLICATIONS

Impacting on factors promoting intra-group aggression in secure psychiatric settings – *Heliyon*

Ireland, J. L., Sebalo, I., McNeill, K., Murphy, K., Brewer, G., Ireland, C. A., ... & Nally, T. (2019). Impacting on factors promoting intra-group aggression in secure psychiatric settings. *Heliyon*, 5(3), e01400 - <https://doi.org/10.1016/j.heliyon.2019.e01400>

Access to non-violent pornography in a secure forensic hospital – *The Journal of Forensic Practice*

Nally, T., Ireland, J. L., McNeill, K., Birch, P., & Ireland, C. A. (2021). Access to non-violent pornography in a secure forensic hospital. *The Journal of Forensic Practice* - <https://doi.org/10.1108/JFP-03-2021-0012>

Exploring the use of safety strategies by victims of interpersonal violence: A systematic review - *Abuse: An International Impact Journal*

Nally, T., Ireland, J. L., & Birch, P. (2021). Exploring the use of safety strategies by victims of interpersonal violence: A systematic review. *Abuse: An International Impact Journal*, 2(2), 33-54 - <https://doi.org/10.37576/abuse.2021.024>

Victim empathy-based content in aggression treatment: exploring impact within a secure forensic hospital - *The Journal of Forensic Practice*

Nally, T., Ireland, J. L., Greenwood, L., Ireland, C. A., & Birch, P. (2021). Victim empathy-based content in aggression treatment: exploring impact within a secure forensic hospital. *The Journal of Forensic Practice* - <https://doi.org/10.1108/JFP-01-2021-0001>

Conference Presentations

Ashworth Research Conference

(2018)

Exploring the effects and management of Sexually Explicit Material (SEM) in a high secure service.

European Conference on Domestic Violence (ECDV)

(2021)

Intimate Partner Violence (IPV) and victim safety strategies