



SPECIALISMS

Addiction
Antisocial Behaviour
Anxiety
Attachment
Bereavement
Bipolar
Capacity
Dementia
Depression
Drug/Alcohol/Substance Misuse
Learning Disabilities
Learning Difficulties
Mood Disorder
OCD
Personality Disorders
Psychosis
Psychosomatic
PTSD
Schizophrenia

CASE TYPES

ASD
Capacity Certificates
Cognitive
Housing
Immigration & Aylum
Mental Health Tribunal

Diligent and conscientious Psychiatrist in Learning Disability, advancing towards specialist registration via the portfolio pathway, with over twelve years of post-training, diverse clinical experience across learning disability, forensic high secure settings, general adult psychiatry, severe and complex personality disorders and substance misuse. Adept at managing complex psychiatric cases within secure environments, as well as delivering comprehensive care in community and inpatient settings.

My psychoanalytic proficiency, honed over three years with the Institute of Psychoanalysis, is further enriched by two years of clinical experience with patients suffering from complex personality disorders within the National High Secure Women's Service. I offer a nuanced and comprehensive approach to psychiatric care of neurodiverse patients, integrating clinical expertise with deep psychoanalytic insight.

PROFESSIONAL QUALIFICATIONS

- **MBBS—Khyber Medical College, Peshawar**
December 1999
- **Postgraduate Diploma in Mental Health—University of Manchester**
August 2012

PROFESSIONAL REGISTRATIONS

- **General Medical Council Registration 6051171**—Full registration with license to practice
- **ECFMG Registration Number 06282511**—License to practice in an accredited residency training programme in the United States
- **Approved by the Secretary of State to exercise the powers conferred by the Section 12ZA (5) of the Mental Health Act 1983 in clinical practice**

LANGUAGES SPOKEN

Fluent in English, Urdu, Hindi and Pashto

CLINICAL EXPERIENCE IN INTELLECTUAL DISABILITY

LOCUM CONSULTANT PSYCHIATRIST December 2024—Present
Learning Disability (NHS substantive) | Derbyshire Healthcare NHS Foundation Trust

From December 2024 I am taking up a key role in the Department of Learning Disability Psychiatry, providing clinical leadership to the teams with which they will be working and supporting current and future service developments. I will work closely with their medical and non-medical colleagues from the local community and local specialist learning disability services to support referrals and assessments.





CLINICAL EXPERIENCE IN INTELLECTUAL DISABILITY CONTD.

SPECIALTY DOCTOR

June 2017—November 2024

National High Secure Learning Disability Service | Rampton Hospital, Nottinghamshire Healthcare NHS Foundation Trust

SPECIALTY DOCTOR

August 2011—August 2013

Intellectual Disability (Acute Inpatient and community) | Highbury Hospital, Nottinghamshire Healthcare NHS Foundation Trust

CLINICAL EXPERIENCE IN GENERAL ADULT, FORENSIC, AND SUBSTANCE MISUSE PSYCHIATRY

SPECIALTY DOCTOR

January 2015—June 2017

National High Secure Women Service | Rampton Hospital, Nottinghamshire Healthcare NHS Foundation Trust

SPECIALTY DOCTOR

June 2014—January 2015

Substance Misuse Rehabilitation | Chapman Barker Unit, Greater Manchester Mental Health NHS Foundation Trust

SPECIALTY DOCTOR

June 2014—January 2015

General Adult Psychiatry (Acute Inpatient) | Derbyshire Healthcare NHS Foundation Trust

PSYCHIATRY CORE TRAINING—NORTH WESTERN DEANERY

February 2011—August 2011

**North Manchester General Hospital
CT3 Rehabilitation Psychiatry**

- On call Rota for psychiatric emergencies
- Weekly care program approach reviews (CPA)
- Weekly Community review of rehab patients
- Trainees representative
- Medical students teaching
- Journal Clubs
- Case Conferences
- Attending University of Manchester MSc year 2 1/7

August 2010—February 2011

**Tameside General Hospital
CT3 General Adult Psychiatry**

- On call Rota for psychiatric emergencies
- Weekly care program approach reviews (CPA)
- Inpatient management

- Outpatient clinic 1/7
- Medical students teaching
- Journal Clubs
- Case Conferences
- Attending University of Manchester MSc year 2 1/7

February 2010—August 2010

**Manchester Royal Infirmary Hospital
CT2 Psychotherapy**

- On call Rota for psychiatric emergencies
- Cognitive analytic therapy session— 5/7
- Psychodynamic psychotherapy session—1/7
- Journal Clubs
- Case Conferences
- Trainees representative
- Attending University of Manchester MSc year 2 1/7





PSYCHIATRY CORE TRAINING—NORTH WESTERN DEANERY CONTD.

August 2009—February 2010

Birch Hill Hospital Rochdale

CT2 Learning Disability

- On call Rota for psychiatric emergencies
- Weekly care program approach reviews (CPA)
- Community / Nursing Home visits
- Inpatient management
- Outpatient clinic 1/7
- Journal Clubs
- Case Conferences
- Attending University of Manchester MRCPsych course 1/7

February 2009—August 2009

Manchester Royal Infirmary Hospital

CT1 Old Age Psychiatry

- On call Rota for psychiatric emergencies

- Inpatient management
- Home visits for dementia
- Journal Clubs
- Case Conferences
- Attending University of Manchester MRCPsych 2 1/7

August 2008—February 2009

Stepping Hill Hospital Stockport

CT1 General Adult Psychiatry

- On call Rota for psychiatric emergencies
- Inpatient management
- Outpatient clinics
- Journal Clubs
- Case Conferences
- Attending University of Manchester MRCPsych course 1/7

FOUNDATION TRAINING

South West Thames Foundation Programme

August 2005—August 2008

PSYCHIATRY FY2—4 Months

1st April 2008—August 2008

Surrey and Borders Partnership NHS Foundation Trust

ACCIDENT & EMERGENCY FY2—4 Months

1st December 2007—1st April 2008

Ashford & St Peters Hospitals NHS Trust

TRAUMA AND ORTHOPEDICS FY2—4 Months

1st August 2007—30th November 2007

Ashford & St Peters Hospitals NHS Trust

ACCIDENT & EMERGENCY FY2—4 Months

6th April 2007—31st July 2007

Ashford & St Peters Hospitals NHS Trust

OPHTHALMOLOGY FY2—4 Months

6th December 2006—5th April 2007

Ashford & St Peters Hospitals NHS Trust

OBSTETRICS & GYNAECOLOGY FY2—4 Months

3rd August 2006—5th December 2006

Ashford & St Peters Hospitals NHS Trust

PSYCHIATRY FY1—4 Months

5th April 2006—2nd August 2006

The Pagoda CMHC, West Kent Mental & Social Care Trust

GENERAL SURGERY FY1—4 Months

1st December 2005—4th April 2006

Maidstone & Tunbridge Wells NHS Trust

GENERAL MEDICINE FY1—4 Months

1st August 2005—30th November 2005

Maidstone & Tunbridge Wells NHS Trust





PRE-FOUNDATION OVERSEAS EXPERIENCE

- **GP Assistant, Malakand Health Clinic Dargai, KPK**—25th February 2004—22nd March 2005
- **Field Medical Officer Bgp (Pakistan) International, KPK**—20th June 2003—9th January 2004
- **Field Medical Officer (UNHCR), KPK**—12th February 2001—19th June 2003
- **Pre-registration House Officer (Psychiatry), KTH, Peshawar**—23rd July 2000—22nd January 2001
- **Pre-registration House Officer (Ophthalmology), KTH, Peshawar**—23rd January 2000—22nd July 2000

RECENT ACADEMIC PURSUITS

- **Post Foundation Course at the Institute of Psychoanalysis**—Academic Year 2024-2025—Weekly Seminars and paper discussions
- **Foundation Course at the Institute of Psychoanalysis**—Academic Year 2023-2024
- **Introductory Lectures in Psychoanalysis at the Institute of Psychoanalysis**—Academic Year 2022-2023

COURSES AND CONFERENCES

- **Course**—Physical Health Updates for Psychiatrists—27th September 2024
- **Conference**—East Midlands Regional Forensic LD and Autism Conference—25th November 2022
- **Conference**—East Midlands Regional Forensic LD and Autism Conference—15th October 2021
- **Conference**—Maudsley Prescribing Guidelines International Conference—20th October 2021
- **Course**—Autism: Meeting the needs of service users—24th February 2021
- **Course**—Investigation of death and serious incidents in mental health services—12th April 2021
- **Course**—Webinar on CESR—17th December 2020
- **Conference**—Faculty of Forensic Annual Conference—6th-8th March 2019
- **Conference**—Treating Addictions—7th December 2018

