



SPECIALISMS

ADHD
ASD
ADD
Asperger's
Addiction
Anxiety
Attachment
Bipolar
Brain Injury
Capacity
Chronic Pain
Cognitive Behavioural Therapy
Dementia
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Fabricated Illness
Functional Neurological Disorder
Historic Sex Abuse
Learning Disabilities
Learning Difficulties
Malingering
Mood Disorder
Neglect
Old-Age
Pain Management
Personality Disorders
Psychosis
Psychosomatic
PTSD
Risk
Schizophrenia
Self-Harm
Sexual Abuse Victims
Stroke
Suicidal Ideation
Trauma

CASE TYPES

Capacity Certificates
Cognitive
Criminal
Employment Tribunal
Family
Fitness to Plead
Immigration & Asylum
Litigation Capacity
Personal Injury
Private Family Law Proceedings
Risk Assessments
Road Traffic Accident
Second Opinion
Testamentary Capacity

KEY SKILLS

- Assessment (including functional, therapy, capacity, risk, cognitive, mental capacity and neuropsychological) and reports with case-by-case recommendations.
- Therapy for common and severe mental health problems within the adult and older adult populations using a range of approaches, including cognitive behavioural therapy, cognitive analytical therapy, motivational interviewing, and intensive short-term dynamic psychotherapy.
- Skilled group facilitator of both therapeutic groups and various professional groups such as case discussion, group formulation, and reflective practice.
- Sustained research interest and understanding of the practicalities of conducting social sciences research – design, methodological issues, and research ethics – that add valuable research skills to both clinical and research teams. Knowledge of advanced quantitative techniques such as general linear modelling, latent profile analysis, and machine learning.

CAREER HISTORY

Expert Witness

Sep 2020—Present

Associate Clinical Psychologist, FT

Provide expert opinion to family (cognitive, capacity, risk and psychological assessments) and criminal (cognitive, neuropsychological, psychological assessments) courts. Producing reports with tailored recommendations to assist the court to understand the parent or defendant, disambiguate putative causes of presentation, maximise engagement and ensure a fair trial.

DEVON PARTNERSHIP NHS TRUST—Older Adult Psychology

Jan 2020—Apr 2021

Clinical Psychologist, 0.5 WTE

Independently assess and treat older adults with severe and enduring mental health problems; provide neuropsychological assessments to the Devon Memory Service to provide differential diagnosis in dementia assessments; support the local community mental health team via multidisciplinary meetings, individual and group case discussions and consultations, training, and reflective practice groups; contribute to service development within the older adult psychology service and undertake project work as required.

PERSONAL DEVELOPMENT

Oct 2019—Dec 2019





CAREER HISTORY CONTD.

TAUNTON AND MUSGROVE NHS FOUNDATION TRUST

Sep 2016—Sep 2019

Undertake a structured programme of learning including personal study, academic work, research, placement learning and assessment. Conduct specialised psychological assessments, treatments and other types of clinical interventions with individual clients, carers, families, and groups of clients; staff training; research; and service development. Placement activities include: therapy assessment; eligibility assessment; risk assessment (structured [HCR-20] and unstructured); functional assessment; dementia, autism, and neuropsychological assessment (WAIS, WMS, DKEFS, TOPF, GNT, RBANS); formulation; team formulation; one-to-one psychological interventions (psychoeducation, CBT, DBT, CAT, ISTDP); indirect interventions with carers, staff, and family; staff consultation (DBT consults); staff training (mental capacity act, self-harm in young people, unusual sexual behaviour in autism), providing supervision (qualified counsellor, assistant psychologist, 3rd year undergraduate), and service development (initiating reflective practice group, commissioning initiative).

PRE-QUALIFICATION EXPERIENCE

BRAIN INJURY REHABILITATION TRUST—Neurorehabilitation hospital

Sep 2015—Sep 2016

Assist with assessment, neuropsychological testing, formulation, intervention and consultation for service users with acquired brain injury whose behaviour challenges. Collect data on behaviour and compile neurobehavioural reports for patient review meetings. Training hospital staff and promoting psychological models of understanding service user behaviour. Service development: designed, implemented and monitored an initiative that improved reporting of patient data on one ward by 59%. Also designed a relational database for recording patient therapeutic activity.

CYGNET HEALTHCARE LTD—Dual Diagnosis Service

Aug 2010—Dec 2011

Develop and provide group and one-to-one interventions; manualise completed group modules; liaise with and advise the MDT and external agencies on substances misuse issues, develop patients' treatment and care pathways; conduct risk assessments and outcome measures (HCR-20 and HONOS); prepare and present reports for Care Programme Approach meetings and Mental Health Tribunal hearings; provide staff training on substance misuse and mental health problems; supervise volunteers; member of Recovery Model steering group; conduct and report service audits.

NORTH BRISTOL NHS TRUST—Pain Management Department

Sep 2009—Aug 2010

Assist with the delivery of group CBT-based interventions for chronic pain and conduct initial, pre, and post-group outcome measures for service evaluation.

CLINICAL AND NON-CLINICAL WORK AND TRAVELLING

Sep 2004—Sep 2009





EDUCATION AND TRAINING

UNIVERSITY OF EXETER DClinPsy Clinical Psychology	2016—2019 Pass
UNIVERSITY OF BRISTOL MSc Research Methods in Psychology	2013—2015 Distinction
MANCHESTER METROPOLITAN UNIVERSITY BSc (Hons) Psychology	2005—2008 2:1

SELECTED TRAINING

Introducing Working Memory	2 hours
WAIS IV Interpretation Training	1 day
Understanding ACEs and Early Childhood Trauma	1 day
Giving Expert Opinion and Testimony	1 day
Statistician Advice for RECs	1 day
Autism Assessment and Management – NICE Guidelines	1 day
Advanced Interagency Child Protection	1 day
Sleep Disorders	1 day
Mental Capacity Act in Practice	1 day
Neuropsychological Assessment of People Who Have Intellectual Disabilities	1 day
NRES Statistics Training for NRES REC Members	1 day
Writing in the Sciences	10 days

PUBLICATIONS, CONFERENCES AND POSTER PRESENTATIONS

Drake, A. C. L., Hank, D., Edwards, R., Ensum, I. & Bateman, L. (2018). The bounds of liberty: Lessons learnt from treating a man with alcohol use disorder, autism and learning disability, *Tizard Learning Disability Review*, 23(1), 27-34. doi.org/10.1108/TLDR-01-2017-0007

Brunstrom, J.M., **Drake, A. C. L.**, Forde, C.G., Rogers, P. J. (2018). Undervalued and ignored: Are humans poorly adapted to energy-dense foods? *Appetite*, 120, 589-595. doi.org/10.1016/j.appet.2017.10.015

Drake, A. C. L. (2016, February). Humans Cannot Accurately Estimate Food Calorie Content. Poster session presented at the annual conference of the Health Professionals Public Health Network, Welwyn Garden City, England

Leonards, U., Fennell, J.G., Oliva, G., **Drake, A. C. L.**, Redmill, D.W. (2015). Treacherous Pavements: Paving Slab Patterns Modify Intended Walking Directions. *PLoS ONE* 10(6). doi.org/10.1371/journal.pone.0130034





ACHIEVEMENTS AND PRIZES

Research Project Prize, University of Bristol

2015

Joint winner for best MSc dissertation among all (~50) psychology MSc students

Bronze Public Engagement Award, University of Bristol

2015

Awarded for my science outreach in local primary schools promoting psychology and STEM subjects

OTHER RESPONSIBILITIES AND MEMBERSHIP OF PROFESSIONAL BODIES

Registrant—HCPC

2019—Present

