

Dr Robert Freudenthal

MBBS, BSc, MSc, MRCPsych
Consultant Psychiatrist

Expert in Mind
Essential in uniting professionals



GMC No. 7090065

SPECIALISMS

Anxiety
Bipolar
Dementia
Depression
Eating Disorder
Mood Disorder
Neglect
Non-Accidental Injury
OCD
Old Age
Personality Disorders
Psychosis
PTSD
Risk Assessments
Schizophrenia
Self-Harm
Suicidal Ideation
Trauma

CASE TYPES

Capacity Reports
Clinical Negligence
Cognitive
Coroner's Reports
Family
Litigation Capacity
Mental Health Tribunal
Private Family Law Proceedings
Second Opinion
Testamentary Capacity

CURRENT POSITION

2022—Present St Ann's Eating Disorder Service, North London NHS Foundation Trust
Consultant Psychiatrist

MEMBERSHIPS

Royal College of Psychiatrists (2016)

Royal College of Physicians (2014)

Expert Witness Institute (2025)
Affiliate Member

EDUCATION

2020—21 Institute of Group Analysis
Group Work Practitioner Diploma

2018—19 London South Bank University
Postgraduate Certificate in Peer-Supported Open Dialogue

2017—19 University College London
MSc in Mental Health Research (Distinction)
Thesis: "The Role of Evidence in the Acceptance and Subsequent Rejection of Insulin Coma Therapy: A Historical Review"

2012 Liverpool School of Tropical Medicine
Diploma in Tropical Medicine and Hygiene (Merit)

2004—10 University College London Medical School
MBBS

2006—07 The Wellcome Trust Centre for the History of Medicine at UCL
Intercalated BSc in the History of Medicine
Thesis title: *The Chernobyl accident: a public health disaster*
Awarded BSc (1st Class)

MEDICAL TRAINING

2017—22 Dual general adult and old age higher psychiatry training
North Central London programme

2017—18 Research fellow in psychiatry (NELFT and UCL)
Research fellow in the RADAR trial



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MEDICAL TRAINING CONTD.

- 2014—17** **Core psychiatry training**
North Central London programme
- 2013—14** **Academic clinical fellow in endocrinology**
King's College London
- 2010—12** **Foundation programme**
North Central Thames foundation school

MANAGEMENT AND LEADERSHIP

- 2026—Present** **Member of London Mental Health Strategy Clinical Advisory Group**
- 2023—Present** **Member of Executive Committee of Faculty of Eating Disorders**
Royal College of Psychiatrists
- 2025—Present** **Mentor on RCPsych eating disorder credential**
- 2024—Present** **Quality network for eating disorders peer reviewer**

TEACHING EXPERIENCE

- 2022—Present** **MEED [medical emergencies in eating disorders] training**
Delivered to multiple teams, in mental health Trusts, acute Trusts, and to medical students
- 2023—Present** **Clinical supervisor and educational supervisor**
Foundation programme and psychiatry core training programme

PUBLICATIONS

- 1) **Freudenthal R**, Cohn V, Brady J, Is There a Role for Palliative Care in the Treatment of Anorexia Nervosa, *British Journal of Hospital Medicine*, 87, (1)1, 2026
- 2) Kuehne, C., Phillips, M.D., Moody, S. *et al [inc **Freudenthal R**]*, Characterising illness stages and recovery trajectories of eating disorders in young people via remote measurement technology (STORY): a multi-centre prospective cohort study protocol. *BMC Psychiatry* **24**, 409 (2024). <https://doi.org/10.1186/s12888-024-05841-w>
- 3) Jebreel A, Butterfield R, **Freudenthal R**. Chapter 'Open Dialogue: A social network perspective in dementia care' in *The Practical Handbook of Living with Dementia*. 2022
- 4) Anastasis M, **Freudenthal R**, O'Reilly J. 'Understanding the impact of the Covid-19 pandemic on psychiatric trainees and what can help' *British Journal of Psychiatry Bulletin*. 2022 21 June



PUBLICATIONS CONTD.

- 5) Crellin N, Priebe S, Morant N, Lewis G, Freemantle N, Johnson S, Horne R, Pinfold V, Kent L, Smith R, Darton K, Cooper R, Long M, Thompson J, Gruenwald L, **Freudenthal R**, Stansfeld J, Moncrieff J 'an analysis of views about supported reduction or discontinuation of antipsychotic treatment among people with schizophrenia and other psychotic disorders' *BMC Psychiatry*, 22, 185(2022)
- 6) **Freudenthal R**, Moncrieff J. 'A landmark in psychiatric progress'? The role of evidence in the rise and fall of insulin coma therapy. *History of Psychiatry*. 2021 Dec 22
- 7) Ahearne G, **Freudenthal R**. The health/power/criminality-nexus in the state of exception. *Journal of Contemporary Crime, Harm, and Ethics*, 1(1), 2001, 108-115
- 8) Hilton C, **Freudenthal R**. Learning from the past: Inequalities and discrimination in psychiatry's chequered history. *BJPsych Bulletin*, 2021, p1-4
- 9) **Freudenthal R**, Marston L, Stansfeld J, Priebe S, Moncrieff J. How do participants in clinical trials compare with other patients with schizophrenia? *Contemporary Clinical Trials Communications* Vol 22, June 2021
- 10) **Freudenthal R**, Campling H, Protecting the rights of individuals who face both mental health and public health restrictions. *BMJ Opinion*, February 19, 2021
- 11) **Freudenthal R**, Horowitz M, Jadhav S, Moncrieff J. Lack of safeguards in response to restrictive public health measures. *The Lancet* 2020 Volume 296, Issue 10260
- 12) Chartonas D, John-Kamen A, **Freudenthal R**, Gibbons R. Psychic room to breathe. Themes emerging within a staff Balint group on an eating disorder inpatient unit. *Psychoanalytic Psychotherapy* 2020 Volume 34 Issue 1 p4-17
- 13) Ash G, Hilton C, **Freudenthal R**, Stephenson T, Ikkos G. History of psychiatry in the curriculum? History is part of life and life is part of history: why psychiatrists need to understand it better. *British Journal of Psychiatry* April 2020
- 14) Ismail K, Stewart K, Ridge K, Britneff E, **Freudenthal R**, Stahl D, McCrone P, Gayle C, Doherty AM, A pilot study of an integrated mental health, social and medical model for diabetes care in an inner-city setting: Three Dimensions for Diabetes (3DFD). *Diabetic Medicine* 2019 Feb 1
- 15) **Freudenthal R**, Tufton N, Podesta C, Mulholland R, Rossi M. Fluid management in diabetic ketoacidosis: are we adhering to recommended guidelines? *Journal of Diabetes and Vascular Disease*. June 2013 vol 13 issue 3 p138-142
- 16) Tufton N, **Freudenthal R**, Barnard M. A rare cause of a leg ulcer in a patient with diabetes. *Journal of Diabetes and Vascular Disease*. March/April 2012 vol 12 no2 p98-100

SCHOLARSHIPS AND AWARDS

2017—19 **NOCLOR Research Scholarship**

2017—19 **UCL Division of Psychiatry Research Scholarship**

